




To: San Mateo County Prehospital Care Providers

From: Gregory H. Gilbert, MD, FAAEM 

Date: March 31, 2020

Subject: Expired Medications

Expired Medications

During COVID-19 we are experiencing difficulty in getting various types of medications. Given the inability to predict which medications will be in shortage, I am authorizing any medication the paramedic administers to a patient to be allowable one year past its expiration date.

MDIs

For patients with asthma or COPD during COVID-19, aerosolized medications can put the first responder at risk. Patients often have their own Metered Dose Inhaler (MDI) that should be utilized in place of nebulized albuterol.

