San Mateo County Behavioral Health and Recovery Services

Lived Experience Leadership Bureau

Presentations by Clients and Family Members

Stories rich in behavioral health challenges and experience, and the Discovery of Recovery.

Topics include: Co-Occurring Treatment, AOD Recovery, Self-Advocacy, Compassionate Treatment, Recovery Empowerment, Suicidal Ideation Recovery, Parenting with Behavioral Health Challenges, Depression Recovery, Trauma Recovery, PTSD Recovery, Co-Occurring Client Homelessness ... and Hope!

☐ Aireen De la Cruz

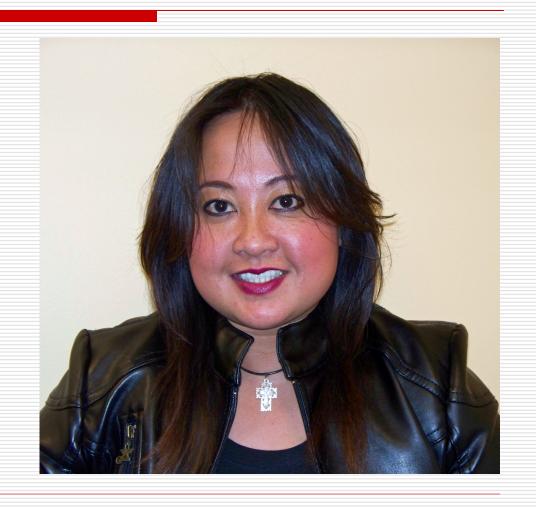
Presentation Topics:

Co-Occurring Treatment

AOD Recovery

Hope

Aireen is a long-time Stamp Out Stigma panelist, SMCMHSARC Hall of Fame inductee, WRA Alumni and holds a Peer Counseling Certificate



PatrickField

Presentation Topics:

Trauma

Self-Advocacy

Compassionate Treatment

Recovery Empowerment

Patrick is a long-time Stamp Out Stigma panelist and has a strong message of Self-Advocacy and Self-Empowerment



☐ Kim Fong

Presentation Topics:

Trauma

Self-Advocacy

Compassionate Treatment

Recovery Empowerment

Kim has a strong message of Self-Advocacy and Self-Empowerment



JohannaGouailhardou

Presentation Topics:

Suicidal Ideation Recovery

Parenting with Behavioral Health Challenges

Depression Recovery

Trauma Recovery

PTSD

Johanna has a strong message of trauma recovery and parenting with behavioral health challenges



☐ Kim Kubal

Presentation Topics:

Compassionate Treatment

Trauma Recovery

PTSD

Recovery Empowerment

Kim founded Your Strength to Heal, and facilitates Trauma Education classes. Kim is also a presenter for Stamp Out Stigma (SOS), a non-profit, consumer run organization dedicated to fighting stigma by having individuals with mental illness share their personal experiences with the community at large.



Debra Primes

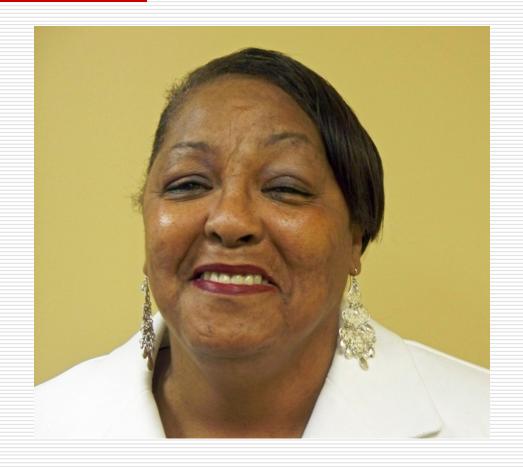
Presentation Topics:

Co-Occurring Treatment

AOD Recovery

Co-Occurring Client Homelessness

Hope



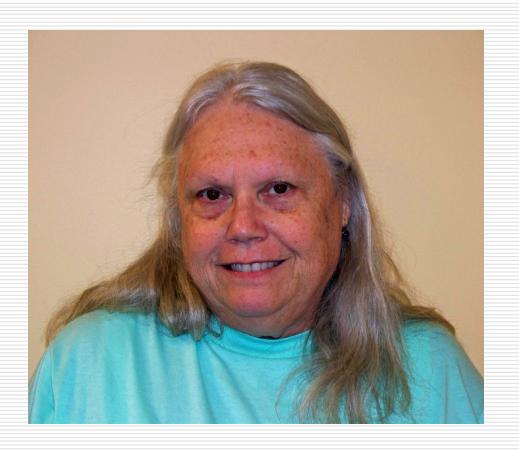
Debra is a Peer **Resource Advocate**

Cecelia Jane Roberts

Presentation Topics:

Trauma
OCD Recovery
Compassionate Treatment
PTSD

Cecelia a WRAP
Graduate and is
enrolled in CSM the
Peer Counseling
Certificate Program at
CSM



RodneyRoddewig

Presentation Topics:

Self-Advocacy

Trauma Recovery

Recovery Empowerment

Compassionate Treatment

Rodney has a strong message of Self-Advocacy and Perseverance

NancyWilson

Presentation Topics:

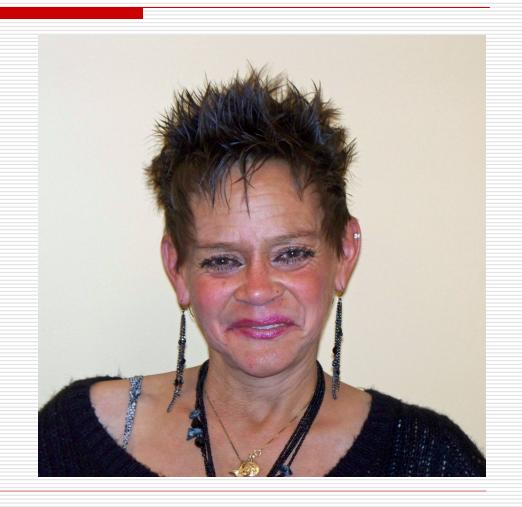
Co-Occurring Treatment

AOD Recovery

Trauma

PTSD

Nancy is a WRAP graduate and is enrolled in CSM the Peer Counseling Certificate Program at CSM



Congratulations!!!

Client participation in the Lived Experiences Leadership Bureau affirms the importance of the values that individuals, parents, and families bring to the vision of recovery/wellness and resiliency.

Current BHRS trainings and client-centered activities help to increase client, parent/caregiver, and family involvement in planning and policy development for the behavioral health system and ensure effective implementation, delivery, integration of programs developed and led by clients, parents/caregivers, and family members.

BHRS clients and family members carry the torch of hope!

San Mateo County Behavioral Health and Recovery Services

Lived Experience Leadership Bureau

Presenters for trainings, staff meetings and community events

Program Coordinator: Kristin Dempsey

San Mateo BHRS Workforce Development Director CCISC Change Agent

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http://www.smhealth.org/bhrs