2/2/2016 Lived Experience Education Workgroup (LEEW) Meeting
Room 201 at 2000 Alameda de las Pulgas, San Mateo, CA, 94403

MINUTES

1. Introductions
   a. Question: What is one word that describes how you feel?

2. Announcements
   a. Lived Experience Academy starts 2/9/16
   b. May Mental Health Awareness Month Planning Committee (people with lived experience can receive stipends for participating in the meeting)
   c. Others?
      i. WISE Training
      ii. Mental Health Substance Abuse Recovery Commission Special Session on Housing Stories
      iii. PFLAG
         1. Support group for trans youth
         2. Transgender hotline

3. Discussion about what happened last month (Katy) (15 mins)
   a. Katy’s update
      i. One of the clubhouse presenters was made uncomfortable and unwelcomed
      ii. 2007: Policy was established so that building 200 would have no direct services/clients and direct services/clients would be in the 1950 building
         1. Split created
      iii. Katy talked to Linda Simonsen and Erica Horn (Executive Director of California Clubhouse)
      iv. Goal of LEEW is the integration of peers and reduction of stigma
      v. Katy brought this up to the group to let LEEW group know what happened and to open up space for ideas to address this issue
      vi. Linda Simonsen will talk to affected person and their family
      vii. Katy will send memo to the Behavioral Health and Recovery Services (BHRS) division
      viii. Linda will talk to Steve Kaplan and Scott Gruendehl about policy
   b. Feedback from group
      i. Should policy be revisited?
      ii. Schedule a “meet and greet” with BHRS staff and whole building
      iii. In meetings, people feel like involved individuals (not clients/consumers)
      iv. Multiple forms of stigma: lived experience and race
      v. Sensitivity training for building
         1. Stigma
2. Landlord, tenant, security guards, therapist/clinicians, BHRS staff and everyone
   vi. Engage 2000 building with May Mental Health Awareness Month
      1. Education
      2. Be the One Photo Booth

4. LEEW Mini-Survey Results (Kim) (15 mins)
   a. Other barriers to attending: transportation, weather, gets dark early, Seasonal Affective Disorder, Cultural Insensitivity (e.g. quotes of White men on Black History Month display at 1950 building)
   b. Kim welcomes any follow up comments to this discussion

5. Alan and Rocio - NAMI Program, “In Our Own Voices” (15 mins) - Skipped
   a. Shared experience
   b. Video/short presentation
   c. Getting connected

6. Check-in about commission and committee meetings (10 mins)
   a. Rocio
      i. Spirituality Initiative
         1. Second Tuesday of the month
         2. Meditation/gratitude video
   b. Kathy
      i. Invited to be on panel for Heart & Soul (invited by Bevin Love)
   c. Franz
      i. Pacific Islander Initiative plans to do Digital Storytelling screening
      ii. Mental Health Awareness Month Planning Committee Communication Subcommittee
      iii. NAMI Helping Children
      iv. Journey to Empowerment (Safe Space)
         1. For all age groups
         2. Share any issues

7. Stipends

8. 4:30-5PM Planning meeting for LEA Guest Facilitators