## Ziomara Ochoa MFT Hector Robles Moncada LCSW

# Beginning

- Consultation Latino Team
- Latino Initiative Work Group
  - -Reviewed 2005 Latino Access Study
- From Latino Initiative to Latino Collaborative
- Latino Collaborative Position Paper

## Where are we going?

## Vision

- Promote holistic practices
- Stigma-free
- Equal access to health and social services
- Appreciation of history, culture and language
- Treatment that embodies spirit, mind and body



## Mission

- Understanding the social, cultural and history of Latino community
  - Promote services that nurtures and strengthens the health of the family and the individual
  - Delivery of integrated services that addresses Latino heritage, culture, spirituality and language

## **Goals and Objectives**

### Support Linguistic Access

- Provide services in Spanish
- Access to interpreters
- Provide appropriate linguistic material and services at the community level
- Provide appropriate linguistic material to bilingual and bicultural providers

### **Outreach and Education**

- More roundtables
- Health fairs
- Help clients navigate the system
- Clarify illness and breakdown stigma
- Develop resource guide-updated with identified Spanish speaking resources
- Establish prevention, education, and early intervention strategies in the Latino community by engaging community stake holders via the media

## **Goals and Objectives (cont.)**

### **Direct Services**

- Looking at families more positively
- Family centered treatment
- Cultural reinforcement activities
- Use the avenue of faith and culture to reach families
- Provide co-occurring services for both Latino individuals and families
- Provide trauma informed services, including domestic violence and negative adolescent street activities
- Establish Latino consultation team that offers case conferences

### Training

- Understanding the culture of poverty without making judgments
- Immigration and acculturation
- Increase empathy and compassion
- Establish mandatory training curriculum
- Peer program development

### Policy

- Improve access and reduce disparities
- Stop use of "illegal" as a noun
- County services regardless of immigration status
- Advocacy

## **Goals and Objectives (cont.)**

### Collaboration

- Awareness of all programs to be able to bridge gaps for services to Latinos
- Increase awareness in schools and teachers
- System network to make it easier to release into from providers working with same family in different systems
- Build bridges to minimize disconnects
- Agency collaboration
- Access databases, shared databases
- Vision of integrated services
- Establishment of volunteer network
- Improve education to primary core MD

### **Workforce Development**

- Consumer network, helping clients help themselves
- Role models, male mentoring especially with adolescents
- Recruit Latino members for Mental Health Board
- Improve and increase recruitment strategies to employ bilingual/bicultural staff
- Establish Speaker Bureau of Latino providers and consumers
- Mentoring from experienced staff to interns
- Expand the network of care to include bilingual bicultural Spanish speaking providers

# **Latino Round Table**



Le invita a usted a La Reunión de la Iniciativa Latina Jueves, Septiembre 16, 2008 8:30 a.m. a 1:30 p.m. Belmont Sports Complex 550 Island Parkway, Belmont, CA 94002

#### Objetivo:

En la reunión se identificarán barreras existentes al acceso de salud y salud del comportamiento y se desarrollara un plan que mejore el acceso a la comunidad Latina y sus proveedores.



Se proveerá Desayuno y Entretenimiento

Para los clientes

\$20 gratitud

Servicios de interpretes

(C/10)



#### **RESERVE** antes de Sep 8!

- Para mas información, comuniquese con: • Ellie Dwyer (650) 573-2404 EDwyer@co.sanmateo.ca.us • Regina Moreno (650) 312-5352
- RMoreno@co.sanmateo.ca.us

Latino Initiative Roundtable es patrocinada por the Mental Health Services Act.

# **Cultural Displays**













# **Noche Familiar Latina**



Les invita a usted y su apreciable familia a nuestra noche familiar Jueves, 23 de Abril del 2009 6:00 p.m. a 8:00 p.m. 225 W. 37th Avenida, Sala 100 San Mateo CA., 94403

#### Objetivo:

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Aprender acerca de los servicios disponibles para usted y su familia, y conocer a los profesionales de la salud del comportamiento. Igualmente, participar en una mesa redonda para promover comunidades saludables.

Agenda:

- Entretenimiento en familia
- Cuidado de niños.
- Comida y bebidas
- Bailes Folklóricos
- Rifas y Regalos
- Servicios de interpretes al idioma Ingles.



Solo para clientes: • Tarjeta de \$20 
 Reservat antes de Abril 17, 2009

 Para mai información :

 Ellie Valdes Dreyer (650) 573-2404

 Violeta Izquierdo Ziomara Octoa (650) 633-4111 Ext. 115

 Arlette Molina (650) 363-4111 Ext. 310

Latino Collaborative Initiative is funded through the Mental Health Services Act



## **Other Events**

## **Trauma Informed Conference**

### **Political Violence and Other Traumas** C.C.L.C.W

MOVING TOWARD A TRAUMA-INFORMED SYSTEM OF CARE Conference and Training

#### May 12, 2009 9:00 am - 4:00 pm South San Francisco Conference Center

MOVING TOWARD A TRAUMA-INFORMED SYSTEM OF CARE is a conference with the intent to build awareness of trauma-informed care and promote the implementation of trauma-informed practices in programs and services.

#### 9:00am - MORNING PLENARY SESSIONS 12:00pm Gender Matters

Creating Services for Women and Girls Stephanie S. Covington, Ph.D., LCSW Author, Psychotherapist, Consultant

Working with Men and Boys: Stopping Violence and Building Community Paul Kivel Teacher, Mentor, Author, Activist

12:00pm Lunch Provided -1:00pm

CARE

MOVING TOWARD A TRAUMA-INFORMED SYSTEM OF

#### AFTERNOON BREAK OUT SESSIONS Learning Sessions: Skill Building and Resources 1:00pm -3:00pm

Beyond Trauma: A Healing Journey for Women Women Stephanie Covington, Ph.D., LCSW Co-director, Center for Gender and Justice, Institute for Relational Development, La Jolla.

Men's Work: The Roots of Male Violence Paul Kivel Paul Kivel & Associates, Oakland

Trauma and Adolescents Toni DeMarco, MS, MFT Clinical Services Manager San Mateo County Behavioral Health and

Recovery Services

Trauma and Young Children Lesley Sternin, LCSW Director, Child Trauma Training Institute of

Parents Place, Jewish Family and Children's Services, San Francisco

Trauma and Latino Immigrants Hector Robles Moncoda, MSW Psychiatric Social Worker San Mateo County Behavioral Health and Recovery Services

Compassion Fatigue and Secondary Trauma Annie Fahy MSW, RN Reduction Therapy Center, San Francis and Oakland Somatic Approaches to Trauma Manuela Mischke-Reeds, MFT Co- Director, Hakomi Institute of California, Menlo Park

Sexual Exploitation, Prostitution and Trauma Melissa Farley, Ph.D Clinical and Research Psychologist, Prostitution Research & Education, San

Francisco Angel Cassidy-Borst, CADC, San Mateo County Behavioral Health & Recovery Francine Brade, Executive Director, SAGE,

Compulsive Addictive Behaviors Elayne Doughty, MA, MFT Wellness Psychotherapy: Private Practice, Burlingame and Bern, Switzerland

3:00pm -4:00pm Closing Session

#### CEUs for: CAS, CAADAC, CAADE, RAS, MFT, LCSW, RN

We wish to thank the following organizations for their financial support of the conference: San Mateo County Mental Health Contractor's Association, California Association of Addiction Recovery Resources (CAARR), and Telecare Corporation. Necovery Kesources (C-Avex), and relecate Corporation. Conference conveners and organizers include Women's Recovery Association - San Mateo County, Satike - San Mateo County, Youth and Family Enrichment Services - San Mateo County, Satike County Co-Courring Initiative Steering Committee, and Trainar-Informed Services Workgroup of the San Mateo County Co-Occurring Initiative Change Agents.

#### To register, go to: https://www.acteva.com/go/WRA

San Francisco

## Additional Latino Collaborative activities..

- Cultural competency Intern training at North
- Cesar Chavez Birthday acknowledgement
- 7<sup>th</sup> annual Resource Fair RWC
- Collaboration with UCSF & UC Berkeley researchers: services in Spanish Medi-Cal
- Strategic Vision Planning Meeting
- LBHI Los Angeles September 23, 2009

# **The Results**

 SYSTEM TRANSFORMATION from a Family/Community Cultural Approach PARADIGM

> family/ individual

community

system of care



# **Work Force Development**

## Pros

- Promoting Latino/bi-cultural representation into management positions
- Helps to support the area of cultural awareness within the system
- Mentoring from experience by supervisors and management

## What do we need

- Time and productivity for people to mentor
- Establish a process to identify Latino employees with potential for advancement
- Support the hiring of bilingual bicultural interns students
- Support to promote interest in social and health services to younger Latino generations
- Flexibility to interchange staff between units and systems.

## **Consumer Volunteer Program**

## Pros

- More consumer participation
- Family and cultural value
- Reduce stigma
- Volunteers participation may reduce barriers to accessing services
- Sense of participation to better their community and self worth

- What do we need
  - Mentoring
  - Complete a needs assessment to identify areas that benefits from volunteer participation
  - System that integrates volunteers using their personal experiences with BHRS





# FAMILIAS UNIDAS POR UNA COMUNIDAD LATINA

Latino Collaborative Initiative is funded through the Mental Health Service Act San Mateo County Behavioral Health and Recovery Services

