Welcome

Bill Kruse
C0-Chair, Spirituality Initiative
Welcome

Louise Rogers
Director, Behavioral Health & Recovery Services
Meditation Exercise

Joanne Becker, RN, MFT
Chaplain, Mills Peninsula Health Services
Introduction to the Spirituality Initiative

Jei Africa
Manager, Office of Diversity and Equity
Introduction to the Spirituality Initiative

Maria Carretero & Mary Taylor Fullerton

Spirituality Initiative Data Committee
A peak at the data...

Surveys in late 2010
Consumer/family members (482)
Providers (261)

Highlight a couple of issues
Significance of spirituality (consumer/family member and provider)
Discussion of spirituality
“My involvement with a spiritual community has been helpful in working on my…”

(please select all that apply)*

*Consumer/Family Member Survey*
“Spirituality is an important aspect of wellness and recovery for me and it should be incorporated in my mental health and/or substance abuse care.”

Consumer/Family Member Survey

- Agree: 75%
- Neutral: 20%
- Disagree: 5%
- No Answer: 3%
“Do you discuss spirituality with your Mental Health Counselor?”

Consumer/Family Member Survey
“Spirituality is an important aspect of well-being and wellness & recovery, and it should be incorporated in a client’s mental health and/or substance abuse care.”
“Do you discuss spirituality with your clients during counseling/therapy?”

Provider Survey

- Yes: 46%
- Sometimes: 46%
- No: 8%
"The following spiritual practices have been helpful in my clients’ wellness and recovery"
“The following spiritual practices have been helpful in my wellness and recovery”

[Bar chart showing percentages for various practices such as Prayer, 12 Step Groups, Meditation, Time in Nature, Journal Writing, Religious Services, and Reconciliation.]
Introduction to the Spirituality Initiative

Jairo Wilches
Co-Chair, Spirituality Initiative
Performance by
The MIME Ministry

D'Angelo Theus & Kameron Theus
Alameda County
Personal Stories of Faith-based Recovery

Calvin Shelton
Consumer
Personal Stories of Faith-based Recovery

Kristy Manuel
Family Member
Faith-based Speaker

Father Jay Maharaj
Sree Raadha Krishna Mandir, San Mateo
Faith-based Speaker

Reverend Mary Frazier
Bread of Life Evangelistic Outreach, East Palo Alto
Faith-based Speaker

Ismael Nass
Islamic Networks Group (ING)
Closing

Bill Kruse

C0-Chair, Spirituality Initiative
Thank you for coming!

The Spirituality Initiative

For more information contact Jairo Wilches at
650 573 2890 ~ Jwilches@co.sanmateo.ca.us