

*Pictures from the*

*Spirituality Initiative*

*Kickoff*

*March 3<sup>rd</sup>, 2011*

## Spirituality Initiative

Under the auspices of the Office of Diversity and Equity and San Mateo County Behavioral Health and Recovery Services, the Spirituality Initiative plans and implements its activities in collaboration with county staff, community partners, consumers/clients, faith leaders, family members and others in the community.

### **Mission**

To build opportunities for clients/consumers, family members, providers and community members to collaboratively explore, increase awareness of, and support spirituality and its relationship to health and well-being, in particular, for those with and/or at risk of co-occurring alcohol/drug addiction and mental health challenges

### **Vision**

Behavioral Health and Recovery Services fully embraces and integrates spirituality when working together with individuals, families and communities to facilitate one's wellness and recovery.

### **Our Values**

#### *Hope*

We recognize that hope is the simplest yet most powerful tool in fostering one's healing

#### *Inclusiveness*

We recognize that spirituality is a personal journey and individuals should not be excluded based on their spiritual beliefs and practices.

#### *Cultural humility*

We recognize that an attitude of respect and openness is necessary in creating a welcoming and inclusive space for everyone.

Questions or comments about the Spirituality Initiative? Please contact:

Jairo Wilches at [jwtiches@co.sanmateo.ca.us](mailto:jwtiches@co.sanmateo.ca.us) or 650-573-2890  
William Kruse at [bkruse@churchfortoday.net](mailto:bkruse@churchfortoday.net) or 510-506-3815

## Tonight's Program

### 4:00 · Introduction

**William Kruse**  
*Co-Chair, Spirituality Initiative*

### **Welcome**

**Louise Rogers**  
*Director, Behavioral Health and Recovery Services*

### 4:10 · Meditation Exercise

**Joanne Becker, RN, MFT**  
*Chaplain, Mills Peninsula Health Services*

### 4:20 · Introduction to the Spirituality Initiative

**Jei Africa**  
*Manager, Office of Diversity and Equity*

**Mary Taylor Fullerton and Maria Carretero**  
*Spirituality Initiative Data Committee*

**Jairo Wilches**  
*Co-Chair, Spirituality Initiative*

### 4:45 · Performance By The Theus MIME Ministry

**D'Angelo Theus and Kameron Theus**  
*Alameda County*

### 5:00 · Personal Stories of Spiritually-based Recovery

**Calvin Shelton**  
*Consumer*

**Kristy Manuel**  
*Family Member*

### 5:20 · Faith-based Speakers

**Father Jay Maharaj**  
*Shree Raadha Krishna Mandir, San Mateo*

**Reverend Mary Frazier**  
*Bread of Life Evangelistic Outreach, East Palo Alto*

**Ismael Nass**  
*Islamic Networks Group (ING)*

### 5:45 · Closing

# **Event Program**



***Spirituality display and resource tables***



***Louise Rogers, BHRS Director, opening remarks***



***Attendees***



***The group in meditation***



***Presenters***



***Father Jay Maharaj addressing the group***



*Performance by  
The MIME Ministry  
D'Angelo Theus & Kameron Theus  
Alameda County*

***The MIME Troup performance***



*Enjoying refreshments*



## ***The Spirituality Initiative's Tree***

Participants are invited to write in a leaf what Spirituality means to them and place the leaf on the branches of the tree.



***Members of the Initiative's planning team***



San Mateo County Behavioral Health and Recovery Services  
Office of Diversity and Equity



# Spirituality Initiative Kickoff

March 3, 2011  
4 - 6 pm  
San Mateo Library Oak Room