



Commission on Aging – Information, Resources and Community Engagement Committee Meeting

Monday, October 21, 2024

Location: 455 County Center, Room 101

Commissioners Present: Barsi, Giannini, Lee, Owdom

Commissioners excused: Arnos, Dependahl

Staff Present: Anna Sawamura, Shawne O’Connell

Youth Commissioner Collin Chu participated by Zoom

Commissioner Dependahl participated as a member of the public by Zoom

1. Welcome and Introductions	Chair Lee welcomed committee members at 11:18 a.m.
2. Public Comment	none
3. Revise/Approve October 21, 2024 Agenda	Chair Lee requested that the agenda be changed to move item 7, New Business, before item 6, Old Business. Commissioner Giannini moved to approve as amended; Commissioner Barsi seconded. The agenda was approved.
4. Revise/Approve September 2024 Committee Minutes	Commissioner Owdom moved to approve; Commissioner Giannini seconded. Commissioner Barsi abstained. The Minutes were approved.
5. Note Taking Assignment	Commissioner Lee agreed to take notes.
6. New Business	<p>a. <u>Goal Setting and Work Plan</u> The group reviewed the old workplan that had been prepared for the Resource, Access and Inclusion Committee for the period 2022/23 to 24/25. It was decided to limit the new plan to two goals and action items as outlined in the attached draft plan. The time frame for the plan remains to be determined. There was extensive discussion regarding the Committee’s focus on Age Friendly developments in the County. Youth Commissioner Chu suggested that the Wellness Committee on his Commission might be able to assist with some of the goals. Chair Lee agreed to prepare a draft plan for discussion at the next meeting.</p> <p>b. <u>Identify Presentation Topics</u> Commissioner Barsi suggested a presentation regarding a program she used to teach on educating health providers on agism. The Committee will investigate the topic.</p>
7. Old Business	<p>a. <u>General Guidelines for representing Commission</u> Commissioner Owdom explained the historical background for the need to provide guidelines on what Commissioners can and cannot say when speaking in public. Commissioner Barsi volunteered to rewrite the guidelines she had prepared, based on the comments received and the drafts of sample speeches prepared by Commissioners Owdom and Lee.</p> <p>b. <u>Tabling</u> – no discussion</p> <p>c. <u>Help at Home Distribution</u> Short discussion about potential ways to put the Help at Home guide in a format on the website that allows it to be easily updated and searched.</p>

	d. <u>Buddy Assignments</u> – no discussion
8. Announcements	There were no announcements
9. Adjournment	The meeting was adjourned at 12:31 p.m. The next meeting will be on November 11, 2024, at 11:15 a.m. at 455 County Center Room 101.