Home for the Holidays – Safety for Seniors During COVID and Beyond

RESOURCES FOR SENIORS AND THEIR LOVED ONES
This year has brought so many challenges to older adults in our families and our communities:

- Shelter in place orders that isolate seniors out of necessity.
- Nursing and care homes restricting access to residents to protect their health.
- Families and friends modifying or cancelling their traditional holiday gatherings to ensure everyone’s safety.

All of these factors have put vulnerable elders at higher risk than ever of being financially abused.
Avoid Holiday and COVID-19 Scams

- Vaccine
- "Helpers"
- Online Shopping
- Monitor Accounts
- Fake Charities
Scam prevention for the Holidays & beyond.

DON’T answer the phone if you don’t recognize the caller.

DON’T answer your door to someone you don’t know.

DON’T open email from an address you don’t recognize.

NEVER give out your social security number, date of birth, or bank account number over the phone or via email.

NEVER click on links in emails.

REMEMBER, if it seems too good to be true, it probably is!
Be sure to call elders often to engage them and check on them.

Consider having a holiday Zoom or other video conference celebration with seniors.

Isolation can create unintended emotional consequences for seniors.

If you see something, say something.
Rely on trusted resources

Adult Protective Services

1-800-675-8437 or www.smchealth.org/elderabuse
https://www.smchealth.org/ coronavirus

Rely on trusted resources

24-hour call center: 2-1-1
Rely on trusted resources

The AARP
1-877-908-3360 or www.aarp.org
Rely on trusted resources

The Consumer Financial Protection Bureau

www.consumerfinance.gov
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