

# Join Us

Native and Indigenous Peoples Initiative  
Monthly Meetings:  
Meetings are held on the 3rd  
Thursday of every month  
from  
8:30 am - 10:00 am

Stipends are available for  
community members and  
behavioral health clients,  
who attend our meetings.

Contact co-chairs for Zoom  
info.



Learn more about  
NIPI



Learn about other  
Health Equity Initiatives

*NIPI is supported by San Mateo County Behavioral Health and Recovery Services, Office of Diversity and Equity. It is one of nine Health Equity Initiatives funded by the voter-approved Mental Health Services Act (Prop 63).*

# Behavioral Health Resources

BHRS ACCESS Call Center  
(800) 686-0101

Suicide Prevention Lifeline  
988 or (650) 579-0350

Mental Health First Aid  
[www.smchealth.org/mhfa](http://www.smchealth.org/mhfa)

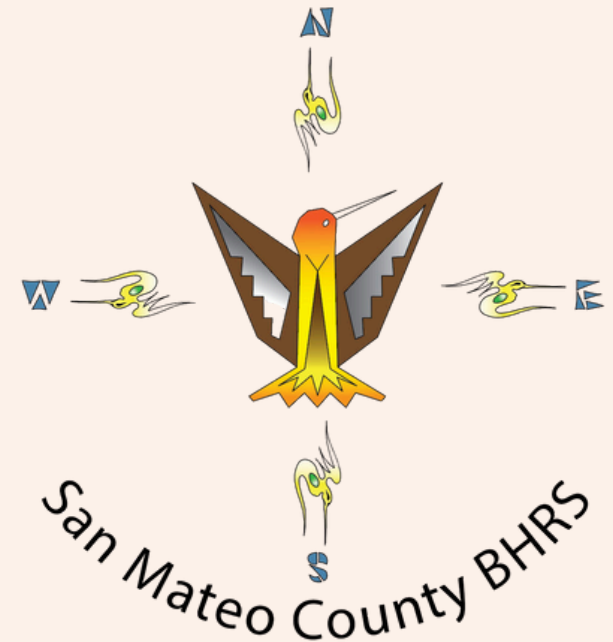
Parent Project®  
[www.smchealth.org/parentproject](http://www.smchealth.org/parentproject)

Contact Us  
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# NATIVE AND INDIGENOUS PEOPLES INITIATIVE



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**

## Mission

The Native and Indigenous Peoples Initiative (NIPI) is dedicated to spearheading a holistic revival of the Native and Indigenous community in San Mateo County (SMC). Through robust awareness campaigns, health education, and culturally sensitive outreach programs, we aim to honor and promote traditional Native healing practices while fostering a climate of empowerment and resilience within our community. In our work, we honor the Ramaytush/Ohlone people, the first caretakers of the land in SMC.

## Vision

Our vision is to cultivate a nurturing and safe place for the Native and Indigenous people of San Mateo County (SMC). Central to our mission is the profound appreciation and recognition of Native and Indigenous history, culture, spirituality, and healing traditions. By creating an atmosphere of respect and understanding, we hope to decrease stigma, facilitate access to behavioral health services, and institute training for providers and community allies. Through these efforts, we aspire to uphold the inherent dignity and well-being of our Native and Indigenous communities.



## Activities

1. Adult Mental Health First Aid
2. Supported community during and post-pandemic
3. Drumming Events
4. Medicinal Healing and Clinical Care Presentations
5. Acknowledgment and Four Directions Blessing at County Events
6. Sound Bath in a Clinical Setting Presentation
7. Indigenous Peoples Day Celebration
8. Native Heritage Month Celebration



## Objectives

1. Increase Awareness: Enhance visibility of the unique challenges confronting our Native and Indigenous communities in SMC. Offer comprehensive support to address these challenges and advocate for recognizing our needs.
2. Outreach and Education: Engage in outreach efforts to educate behavioral health providers about the distinctive needs of our community. Offer tailored training, community events, and gatherings to foster greater understanding and collaboration.
3. Welcome and Support: Cultivate an environment where all feel supported, celebrate their diverse identities, and assist in obtaining essential services and resources.
4. Strengthen and Community: Facilitate learning opportunities and foster collaboration among members of our Native and Indigenous communities to establish platforms for mentorship, guidance, and mutual support, fostering a sense of empowerment, unity, and cultural pride.