Laurel House
Laurel House, a program of HealthRight 360

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One Man at a Time
Rebuilding. Renewing.
San Mateo, CA

Offering specialized groups including:
- DBT: Dialectical Behavioral Therapy
- CAT: Cognitive Behavioral Therapy
- Fun in Recovery
- Expressive Arts
- Anger Management
- Parenting
- Coping with Stress Triggers
- Helping Men Recover
- Respite Rejuvenation
- Life Skills
- Self-Esteem & Healthy Relationships

Recovery and Mental Health

A Life of Dignity

Respect and Recovery

The bonds of addiction.
Life is so much more than just getting clean. It's about creating a new life, respecting the man or woman you want to be. Laurel House provides a safe and supportive environment that serves to break the chains of addiction.
Renewing. Rebuilding.

Our facility helps clients build community.

Recovery is a journey

We provide:

- Trauma-Informed Care
- Stage-Specific Services
- Integrated Co-Occurring Treatment
- Welcoming and Engaging Admission

Our Approach

We recover to long-term sobriety.

For a man you love:

Call 650-348-6603 for more about how
we can help you.

To find out more about how