Prenatal Care Providers in Temporary Medi-Cal Program

Call to ask about enrolling in temporary Medi-Cal for prenatal care

Daly City

Seton New Life Center (650) 301-8875 1500 Southgate Avenue #112

Burlingame

Roberto Diaz, M.D **(650) 692-9111** 1828 El Camino Real. Suite 601

San Mateo

San Mateo Medical Center **(650) 573-2992** 39th Ave Clinic 222 West 39th Avenue

Redwood City

Fair Oaks Family Health (650) 364-6010 2710 Middlefield Road

Menlo Park

Belle Haven Clinic (650) 321-0980 100 Terminal Ave.

Willow Clinic **(650) 599-3890** 795 Willow Road, Bldg. 334

East Palo Alto

Ravenswood Family Health **(650) 330-7400** 1798 A Bay Road

San Francisco

St. Luke's Women's Center **(415) 641-6996** 1680 Valencia Street, #508B

Go Before You Show— Don't' Wait

See a Prenatal Doctor In the First 3 Months of Your Pregnancy

If You Don't Have Health Insurance Enroll in Temporary Medi-Cal for Pregnant Women

To learn more, review information inside

If you do not qualify for temporary Medi-Cal, contact AIM (Access for Infants and Mothers) I-800-433-2611

This project was a collaboration of Health Plan of San Mateo and the Family Health Services Division, San Mateo County Health System. The materials were funded in part by The California Endowment. The campaign was inspired by the original effort of Go Before You Show of San Joaquin County.



Go Before You Show

Free and Low-Cost
Private Prenatal Insurance
for Women in
San Mateo County

I-877-886-GBYS GoBefore You Show San Mateo.org

Think You're Pregnant but Not Sure?

If You Are 2 Weeks Late— Don't Wait See a Doctor for a Pregnancy Test

Your health in the first weeks after you become pregnant can affect your baby's health.

Get a pregnancy test at a clinic or doctor's office to be certain.

- To start prenatal care, your pregnancy needs to be confirmed by test results given by a doctor or clinic.
- Get tested as soon as your period is 2 weeks late.

If you do not have health insurance, apply for temporary Medi-Cal to pay for a pregnancy test

- You can get a free pregnancy test with temporary Medi-Cal insurance.
- Call a clinic or doctor listed in this in this brochure to make an appointment for a pregnancy test. Tell the staff that you want to apply for temporary Medi-Cal.

See a Doctor In the First 3 Months of Your Pregnancy

Go Before You Show— Don't Wait

You need a blood test between 10 and 13 weeks to check your baby's risk for health problems

You increase your chances of having a healthy baby when you start prenatal care as soon as you know you are pregnant.

- Your baby's organs start to form in your 1st trimester—your first 3 months
- Most birth defects happen in the first3 months of pregnancy
- It is important to get prenatal screening tests that help detect problems early.

What if I don't have health insurance when I'm in my first 3 months?





Enroll in Temporary Medi-Cal ...

Temporary Medi-Cal is a program for women and teens without prenatal insurance. Immigration status does not affect eligibility. This program covers these prenatal services *for free*:

- Pregnancy test at a clinic
- Prenatal care visits
- Prescription medicines for your pregnancy

Applying for temporary Medi-Cal is easy and fast

- I. Call a clinic or doctor listed in this brochure to make an appointment for prenatal care.
- 2. Tell the staff that you do not have health insurance.
- 3. Apply for temporary Medi-Cal when you are at your appointment. You will receive a temporary Medi-Cal (PE) card.

The temporary Medi-Cal is program is also called Presumptive Eligibility Services for pregnant women (PE).