



## SAN MATEO COUNTY HEALTH AGING & DISABILITY SERVICES

### CoA General Meeting Minutes

November 10, 2025, 9:00 AM–11:00 AM

455 County Center Room 101, Redwood City, CA

**Members Present:** Liz Taylor, Irene Liana, Deborah Owdom, Twila Dependahl, Kathy Uhl, Patty Clement, Karen Coppock, Ellen Tafeen, Monika Lee, Daniela Jonguitud, Maria Barr, Martin Nakai, William Lock

**Members Excused:** David Linnell, Ophelie Vico

**Absent:** Angela Giannini

**Members of the Public:** Stefanie Figueira (PVI), Tony Bayudan (Office of Supervisor David Canepa), Youth Commissioner Adele Ryono

#### 1. Call to Order

- Chair Lee called the meeting to order at 9:00 AM.

#### 2. Pledge of Allegiance

- Pledge of Allegiance led by Commissioner Owdom

#### 3. Roll Call – Anna Sawamura

- Roll call conducted and quorum established.

#### 4. Introductions of Members of the Public

- Chair Lee welcomed Stefanie Figueira from PVI, Tony Bayudan from the Office of Supervisor Canepa, and Adele Ryono from the Youth Commission.

#### 5. Public Comment

- No public comment.

#### 6. Approval of Agenda – November 10, 2025

- Motion to approve by Commissioner Dependahl; second by Commissioner Coppock.
- Motion passed.

#### 7. Approval of Minutes – October 20, 2025

- Motion to approve by Commissioner Uhl; second by Commissioner Nakai.
- Abstentions: Commissioners Jonguitud, Coppock, Clement and Gianini.
- Motion passed.

#### 8. Update on Board of Supervisors (BoS) activities concerning older adults – Supervisor Canepa’s Office

- Representation at COA Meetings: Either Michael Richardson or Tony Bayudan will attend COA General Meetings; if neither can attend, Mr. Bayudan will coordinate a briefing with the Chair to keep the COA updated.
- Loneliness/Social Isolation Outreach: The office collaborated with Director Lee on a brochure addressing loneliness among older adults. The Supervisor’s website includes a loneliness resource link developed approximately four months ago.
- Help at Home Guide: Continued high demand noted. Supervisor Canepa’s interns may assist with Guide-related efforts.

## 9. Committee and Ad Hoc Reports

- **Executive Committee**
  - Chair Lee noted a typo correction in the Executive Committee's prior minutes.
  - In October, the Commission formed an Ad Hoc Nominations Committee to recommend officers for 2026 (Commissioners Dependahl and Uhl).
- **Ad Hoc Nomination Committee**
  - **Presentation of Slate of Officers for 2026**
  - Report: Commissioner Dependahl summarized outreach to commissioners and presented the slate.
  - Additional Nomination: Commissioner Jonguitud self-nominated for 1st Vice Chair during the meeting.
  - Slate Presented:
  - Chair: Commissioner Irene Liana
  - 1st Vice Chair: Commissioner David Linnell; Commissioner Daniela Jonguitud
  - 2nd Vice Chair: Commissioner William Lock
  - **Action Item: Election of Officers**
    - Roll Call Vote was taken and the results follow:
    - Chair: Commissioner Irene Liana
    - 1st Vice Chair: Commissioner David Linnell
    - 2nd Vice Chair: Commissioner William Lock
- **Ad Hoc Advocacy Committee**
  - **Action Item: Formation of Legislative Advocacy Committee**
    - Approved. Members: Commissioners Karen Coppock, Twila Dependahl, and Deborah Owdom.
- **Information, Resources, and Community Engagement Committee**
  - Discussion took place regarding the continuation of tabling in 2026
  - Agreed to continue tabling as long as funds are available to cover registration
- **Aging Readiness and Family Caregiver Support Committee**
  - Discussion took place regarding work of committee and request made for improved communication among committees.
- **Social Isolation and Transportation Committee**
  - Committee requested Adele Ryono present information on her work ahead of the remaining agenda items so she can return to school
  - Commission agreed and presentation provided
- **Ad Hoc Help@Home Update Committee**
  - Commissioner Owdom continues work on the updates and thanked Commissioners who have assisted.

## 10. Member Reports

- No reports.

## 11. CoA Outreach Update – Commissioner Owdom

- Foster City: Chair Lee will staff the COA exhibit table next week.
- Daily Journal Events: Schedule emailed to commissioners. Next event is at the end of January in Millbrae; Commissioner Owdom will follow up by email to secure volunteers for table coverage.

## 12. Staff Report -- Lee Pullen, Director, Aging and Disability Services

- C4A Annual Conference: Attended sessions including: Skilled Nursing/Assisted Living Outreach: Veteran Service Officer (VSO) outreach strategies to identify veterans eligible for benefits. Director Pullen will follow up with the San Mateo County VSO to assess current practices and opportunities to enhance outreach.

- Aging with Disability Panel: Discussion emphasized commonalities in aging experiences for people with disabilities.
- Federal Budget Update: Noted a U.S. Senate deal extending government funding until January.
- Committee Engagement: Director Pullen and consultants will attend the Social Isolation Committee on Thursday, November 13 (first 30 minutes) to learn about current projects.

**13. Announcements**

- COA Holiday Gathering: Monday, December 8, 11:00 a.m., Jack's Restaurant, San Mateo. Note: This is a non-Commission meeting.

**14. Stretch Break (10 Minutes)**

**15. Presentations**

- Commissioner Owdom: CSL Legislative Priorities

**16. Adjourn**

- Motion to adjourn by Commissioner Barr; seconded by Commissioner Uhl.
- Motion passed.
- Meeting adjourned at 11:03 AM.