

# Tourniquet

Applies to:	
E	EMT
P	Paramedic

## Clinical Indications:

1. Extremity hemorrhage that can not be controlled by other means.
2. To control hemorrhage in multi-casualty incidents.

## Contraindications:

1. Non-extremity hemorrhage.
2. Hemorrhage that can be controlled with pressure or dressings.

## Procedure:

1. Place windlass tourniquet proximal to wound and tighten strap. Do not place over a joint.
2. Tighten until hemorrhage stops.
3. Secure the tourniquet and mark the time of application on extremity.
4. Note the time of tourniquet application in the electronic medical record and communicate this to the receiving facility.
5. Dress wounds as necessary.
6. If one tourniquet is not sufficient or not functional to control hemorrhage, consider the application of a second tourniquet more proximal to the first.

