San Mateo County Emergency Medical Services

## 12-Lead ECG

## **Clinical Indications:**

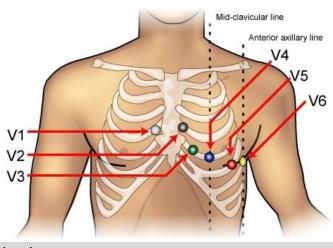
- 1. Suspected cardiac patient, suspected stroke patient or cardiac arrest patient post ROSC.
- 2. As required by treatment guidelines.

## Procedure (to be obtained within the first five (5) minutes of patient contact:

- 1. Prepare ECG monitor and connect patient cable with electrodes.
- 2. Enter the required patient information (e.g., patient name, age and gender) into the ECG monitor.
- 3. Expose chest and prep as necessary (e.g., shaving). Modesty of the patient should be respected.
- 4. Apply chest leads and extremity leads using the following landmarks:
  - a. V1 4th intercostal space at right sternal border
  - b. V2 4th intercostal space at left sternal border
  - c. V3 Directly between V2 and V4
  - d. V4 5th intercostal space at midclavicular line
  - e. V5 Level with V4 at left anterior axillary line
  - f. V6 Level with V5 at left midaxillary line
- 5. Instruct the patient to remain still.
- 6. Acquire the 12-Lead ECG.
- 7. If the monitor detects signal noise (such as patient motion or a disconnected electrode), the 12-Lead acquisition may be interrupted until the noise is resolved.

## **Paramedic Only**

- 8. Once acquired, transmit any 12- Lead ECG that indicates the patient is having a STEMI to the appropriate receiving STEMI Center.
- 9. Contact the receiving STEMI Center to notify them that a positive 12-Lead ECG has been sent.
- 10. Monitor the patient while continuing with the treatment protocol.
- 11. Download the cardiac monitor data as required by EMS policy and attach a copy of the 12-Lead ECG to the prehospital ePCR.
- 12. Document the procedure, time, and results in the prehospital PCR.



**Applies to:** 

EMT

Paramedic

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SAN MATEO COUNTY HEALTH EMERGENCY MEDICAL SERVICES

