表達關懷,勇敢提問 預防自殺

自殺預防文化回應研討會 研討會用普通話進行

"表達關懷,勇敢提問:預防自殺"通過自殺預防基礎研討會注入文化和多元性因素。本研討會免費參加,旨在指導社區成員如何識別並傾聽自殺困擾,並為有需要的人提供必要幫助。.

4月30日星期六 2:00PM-5:00PM



Q

識別自殺信號



以真誠且值得信賴的方式詢 問某人關於自殺的問題



為有自殺傾向的人提供適當 支持



基於文化背景進行自殺預防

點擊以下鏈接註冊 <u>bit.ly/37CαX7n</u>

或者掃描





免費 25 美元禮品卡

授予前 15 名註冊並參加整 個研討會的參與者











BE SENSITIVE, BE BRAVE FOR SUICIDE PREVENTION

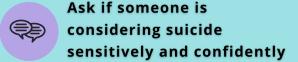
Culturally Responsive Workshop on Suicide Prevention Conducted in Mandarin Chinese

"Be Sensitive, Be Brave for Suicide Prevention" infuses culture and diversity throughout a foundational workshop on suicide prevention. This free workshop teaches community members to act as eyes and ears for suicidal distress and to connect individuals to help. .

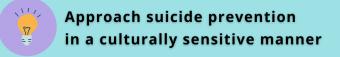
SATURDAY, APRIL 30 2:00PM-5:00PM



Q Identify signs of suicide







REGISTER AT bit.ly/37CaX7n

OR SCAN











