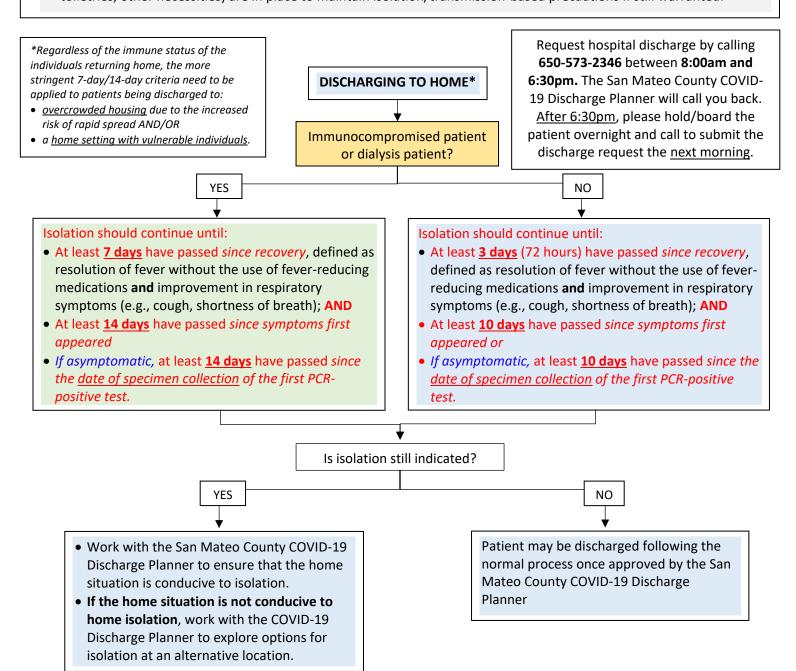


COVID-19 Hospital Discharge Criteria

- Individuals who are medically stable may be discharged from the hospital while still infectious and requiring isolation and transmission-based precautions. Close coordination is needed to prevent inadvertent exposures during this process.
- Criteria for discharge from hospital:
 - o Patient is medically stable, per treating provider and able to recuperate outside of the hospital setting; and
 - Patient's respiratory symptoms are improving; and
 - Ideally, patient has been fever-free for at least 24 hours without the use of antipyretics (e.g., Tylenol, NSAIDs, etc.) –
 Note: careful evaluation is needed for hospitalized patients as fever-reducing medications may be administered for
 unrelated reasons (e.g., arthritis) and for immunocompromised or elderly patients who may present with atypical
 symptoms and may not mount a fever; and
 - o Appropriate housing, transportation, and wrap-around services (food, medication, basic needs such as clothing and toiletries, other necessities) are in place to maintain isolation/transmission-based precautions if still warranted.





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DISCHARGING TO A CONGREGATE SETTING Request hospital discharge by calling **650-573-2346** such as SNF, Assisted Living, Board and Care between 8:00am and 6:30pm. The San Mateo Isolation should continue until: County COVID-19 Discharge • At least **7 days** have passed *since recovery*, defined as Planner will call you back. resolution of fever without the use of fever-reducing After 6:30pm, please medications and improvement in respiratory hold/board the patient symptoms (e.g., cough, shortness of breath); AND overnight and call to submit • At least **14 days** have passed since symptoms first the discharge request the appeared or next morning. • If asymptomatic, at least 14 days have passed since the date of specimen collection for the first PCRpositive test. Is isolation still indicated? NO

