

August 21, 2015

Family Health Services
2000 Alameda de las Pulgas
San Mateo, CA 94403
www.smchealth.org
www.facebook.com/smchealth

Dear Parent/Guardian of CCS Client,

With your child's 18th birthday approaching within the next year, we would like to take the opportunity to help you planning for her/his future. **There will be no change in CCS services**, but there may be changes in your child's SSI benefits. Also, your child may have more responsibilities concerning her/his medical care. This letter is just to give you information that may be useful in dealing with these changes. We will send another letter closer to your child's 18th birthday.

If your child did not qualify for SSI under the age of 18 because your income was too high, this is the time to reapply! At 18, your child can apply based on her/his own income and assets, not yours.

If you have dependent health care coverage through your employer, your child may be able to continue that coverage until the age of 26.

At age 18, the law requires that we only talk with your child about her/his medical care, unless she/he is gives us permission to communicate with others. Enclosed are the following forms which we also sent to your child (which are available, along with other important information on our website www.smchealth.org/ccs in the "Transition" folder):

- **Notice of Privacy Practices Summary**
- **Rights at Age of Majority (18)**
- **Adult Services Declaration Form**

We encourage you to talk with your child about how she/he wants to manage her/his confidential medical information and treatment. In regards to the **Adult Service Declaration Form**, the second page gives you, the parent the opportunity to document if your child is unable to understand/make medical decisions. If this is the case for your child, please complete this form and return to us as soon as possible.

At the age of 18, a person starts making their own decisions and gives their consent or denial to their own medical treatment. Your child should start learning about her/his own condition and how to access their doctors by themselves. If your child can not make decisions about her/his own care, conservatorship would legally allow you or another person to make decisions for your child after they turn 18.

Planning for your child's future and making sure her/his health care needs are taken care of can be exciting and at times overwhelming. We are here to provide support. If you have any questions about the forms enclosed and, or desire any assistance, please feel free to contact our office at 650-616-2500.

California Children's Services
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<http://www.smchealth.org/ccs>

