

August 21, 2015

Dear CCS Client,

The journey to adulthood for someone with special health care needs can be filled with questions. With your 18th birthday approaching within the next year, we would like to take the opportunity to help you planning for your future. This letter is just to give you information that may be useful in dealing with these changes. We will send another letter shortly before your 18th birthday.

Once you are 18 we can only communicate with you unless you give us written permission to communicate with others. Some persons you might identify as “others” include your parents, siblings, other relatives, friends, dating/marital partner.

Enclosed are the following forms (which are available, along with other important information on our website www.smchealth.org/ccs in the “Transition” folder):

- **Notice of Privacy Practices Summary**
- **Rights at Age of Majority (18)**
- **Adult Services Declaration Form**

We encourage you to talk your parents about how you want to manage his/her confidential medical information and treatment.

Planning for your future and making sure your health care needs are taken care of can be exciting and at times overwhelming. We are here to provide support. If you have any questions about the forms enclosed and, or desire any assistance, please feel free to contact our office at 650-616-2500

California Children's Services
701 Gateway Blvd Suite 400
South San Francisco, CA 94080
Phone: 650-616-2500 Fax: 650-616-2598
<http://www.smchealth.org/ccs>

