**MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION EXECUTIVE COMMITTEE MINUTES**

**DATE:** January 19, 2022  
**PLACE:** Teams Meeting  
**TIME:** 3:00 p.m.  
**PRESENT:** Sheila Brar, Yoko Ng, Chris Rasmussen, Cherry Leung, Jean Perry, Frieda Edgette, Leticia Bido, Chantae Rochester, Scott Gruendl  
**ABSENT:** Scott Gilman, Jan Wongchuking

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<tr>
<th>ISSUE</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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| Grant Timeline | • We were awarded approximately $149,873  
• We are going to try for two projects  
• There are 2 funding sources  
  o There’s the infrastructure program  
  o Community Care Expansion Program  
• Next Steps  
  o Create a planning document (action plan)  
  o Do an RFP for a consultant | For more information, see attached PPT presentation from Scott Gruendl. Questions, email Scott at sgruendl@smcgov.org |

| MHFA (Mental Health First Aid) for commission | Suicide Prevention Gatekeeper Trainings:  
• We could do a MHFA for the commission but that will take some time to put together.  
• We are working on building our capacity so we are looking at late February, early March  
• In the meantime we could do a Sensitive Be Brave Training, which is our introductory training (which is 2 hours versus 8 hours for MHFA) | Send links for registration for other trainings to the commission |

| MHSA Steering Committee | • We have six commissioners who are official members of the MHSA Steering Committee  
• We need to ensure commissioners feel they have an opportunity to dialogue about a topic and not just hear the result  
• Reaffirm at the next meeting that the six commissioners who are members |
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<th>February Agenda</th>
<th>Presentation: Mayor’s Mental Health Initiative</th>
<th>Contact Mayor’s</th>
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<tbody>
<tr>
<td>Hall of Fame Award</td>
<td>The 2022 Honoree is Michael Krechevsky</td>
<td>None</td>
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<tr>
<td>Topics moved to next month’s meeting</td>
<td>Committee meeting publications</td>
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<td>AOD Standing Committee</td>
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