

**MENTAL HEALTH & SUBSTANCE ABUSE
RECOVERY COMMISSION
EXECUTIVE COMMITTEE MINUTES**

DATE: January 19, 2022

PLACE: Teams Meeting

TIME: 3:00 p.m.

PRESENT: Sheila Brar, Yoko Ng, Chris Rasmussen, Cherry Leung, Jean Perry, Frieda Edgette, Leticia Bido, Chantae Rochester, Scott Gruendl

ABSENT: Scott Gilman, Jan Wongchuking

ISSUE	DISCUSSION	ACTION NEEDED
Grant Timeline	<ul style="list-style-type: none"> • We were awarded approximately \$149,873 • We are going to try for two projects • There are 2 funding sources <ul style="list-style-type: none"> ○ There's the infrastructure program ○ Community Care Expansion Program • Next Steps <ul style="list-style-type: none"> ○ Create a planning document (action plan) ○ Do an RFP for a consultant 	<p>For more information, see attached PPT presentation from Scott Gruendl. Questions, email Scott at sgruendl@smcgov.org</p>
MHFA (Mental Health First Aid) for commission	<p>Suicide Prevention Gatekeeper Trainings:</p> <ul style="list-style-type: none"> • We could do a MHFA for the commission but that will take some time to put together. • We are working on building our capacity so we are looking at late February, early March • In the meantime we could do a Sensitive Be Brave Training, which is our introductory training (which is 2 hours versus 8 hours for MHFA) 	<p>Send links for registration for other trainings to the commission</p>
MHSA Steering Committee	<ul style="list-style-type: none"> • We have six commissioners who are official members of the MHSA Steering Committee • We need to ensure commissioners feel they have an opportunity to dialogue about a topic and not just hear the result • Reaffirm at the next meeting that the six commissioners who are members 	

	want to remain members, if not, open it up to all commission members	
February Agenda	Presentation: Mayor's Mental Health Initiative	Contact Mayor's
Hall of Fame Award	The 2022 Honoree is Michael Krechevsky	None
Topics moved to next month's meeting	Committee meeting publications AOD Standing Committee	