

San Mateo County
Chinese Health Initiative presents:

Cultivating Wellness

Introducing the
new BHRS
Chinese
Community
Health Worker!

協康: 協力同心, 創造健康生活

*Improving Access to Mental Health and Substance Use
Services in the Chinese Community*

Wednesday, June 25th

10:30 a.m. - 1:00 p.m. (Lunch served @ 12:15 p.m.)

Millbrae Library, 1 Library Avenue, Millbrae, CA

RSVP by June 20th to Karen: KMacasa@smcgov.org or (650) 573-2541

Panel Discussion

- Anni Chung, President & CEO, Self-Help for the Elderly
- Christina Shea, Deputy Chief/Director of Clinical Services, Richmond Area Multi-Services, Inc., (RAMS)
- Paul Chang, Executive Director, Pyramid Alternatives
- Ms. Tang, lived experience community member, and other invited community panelists.

Objectives:

- Understand the stigma and cultural barriers around mental health and substance use services in the Chinese community.
- Meet the new BHRS Chinese Community Health Worker, Sunny Choi, and learn how to facilitate engagement and linkage to culturally appropriate behavioral health services for Chinese clients/family members.
- Become a host agency and/or a partner with the Chinese Community Health Worker.
- Establish a network of professionals to help serve the Chinese community in San Mateo County.

This program is funded by the voter-approved Mental Health Services Act (Proposition 63)

TARGET AUDIENCE: Behavioral Health and Recovery Services staff, providers, community based organizations, partner agencies and primary care providers.

LINGUISTIC COMPETENCE is of great importance to our work with patients. Interpretive services are available to San Mateo County clinicians by contacting the Program Office at Behavioral Health and Recovery Services at 650-573-2541. San Mateo Medical Center provides interpretive services through the Health Care Interpreter Network (HCIN). The San Mateo County Language Assistance intranet site is at: <http://intranet.co.sanmateo.ca.us/health/LA>



Behavioral Health and Recovery Services (BHRS)
Office of Diversity and Equity
225 37th Avenue, San Mateo, CA 94403 • www.smchealth.org/ODE
San Mateo County Chinese Health Initiative: www.smchealth.org/CHI

