



**SAN MATEO
COUNTY HEALTH**
All together better.



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



PENINSULA SOLIDARITY COHORT
INTERFAITH LEADERS LEVERAGING MORAL POWER FOR THE COMMON GOOD



COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS

Covid 19 Pandemic: Spiritual support during a surge in cases

12/3/2020

*Event is being recorded

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Thank you.



Zoom

Housekeeping:

- Participants will be muted
- Share screen is disabled
- To be unmuted during the discussion:
 - Use “Raise Hand” button
 - Use “Thumbs up” button (phone)
 - 2 mins. maximum per participant
- Please ask questions by Q & A feature
- There will be specific times held for those joining by phone to make comments
- We will also be taking feedback via email or phone after the meeting
- All presentation slides and resources will be sent out after meeting

AGENDA

- ▶ Introduction, Epidemiology and information by Dr. Curtis Chan
- ▶ Office of Community Affairs, Bridging Communication
- ▶ Feedback Session: As Faith Leaders what have been your challenges & successes/best practices
- ▶ Closing by Spirituality Initiative

Intention of today's webinar:

- 1. Hear your experience and thoughts via today's discussion and Survey Monkey Questionnaire*
- 2. Work to build and strengthen our relationships*
- 3. Creation of 2nd Q&A document for faith leaders*
- 4. Spirituality Initiative as a place of gathering together, information sharing, support building and coming together to learn from each other.*



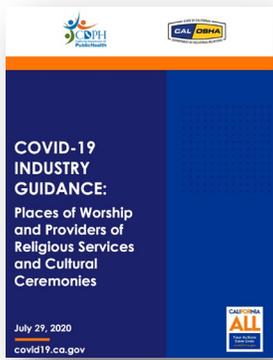
Curtis Chan, MD

Deputy Health Officer for San
Mateo County Public Health



**SAN MATEO
COUNTY HEALTH**

All together better.



Health Officer Statement & Official Documents

- ▶ June 15, 2020 Health Officer Statement
 - ▶ Dr. Scott Morrow www.smchealth.org/health-officer-updates/june-15-2020-health-officer-statement
 - ▶ Faith-based letter: May 29, 2020 www.smchealth.org/sites/main/files/file-attachments/faith_based_letter_20200529.pdf?1592247114
 - ▶ San Mateo County Clergy Town Hall, June 3, 2020 <https://www.youtube.com/watch?v=SN1qbVQY6wQ&feature=youtu.be>
- ▶ COVID-19 Industry Guidance: Places of Worship & Providers of Religious Services and Cultural Ceremonies. July 29, 2020
- ▶ Blueprint for a Safer Economy: <https://covid19.ca.gov/safer-economy/>
- ▶ Spirituality Initiative <https://www.smchealth.org/spirituality-initiative>

Blueprint for a Safer Economy:

<https://covid19.ca.gov/safer-economy/>

SECTORS	Widespread Tier 1	Substantial Tier 2	Moderate Tier 3	Minimal Tier 4
Places of Worship	Outdoor Only with modifications	Open indoors with modifications <ul style="list-style-type: none">• Max 25% capacity or 100 people, whichever is fewer	Open indoors with modifications <ul style="list-style-type: none">• Max 50% capacity or 200 people, whichever is fewer	Open indoors with modifications <ul style="list-style-type: none">• Max 50% capacity

Discussion with Faith Leaders



1. **Fear, toxic stress, & social conditions impacting mental health**
2. **Rapidly increasing hospitalizations & cases in all part of San Mateo**
3. **CDPH Health Orders**
4. **Virus Update:**
 1. Transmission without symptoms (Easy to transmit to older family members)
 2. Airborne small droplets while talking (Singing, talking, face coverings, gatherings, eating)
5. **Working Together:**
 1. Healthcare & Public Health: Testing, Isolation & Quarantine, Vaccine
 2. Faith Community: Science & strengths-based approach to limit transmission while providing spiritual support

San Mateo County Clergy Town Hall, June 3, 2020

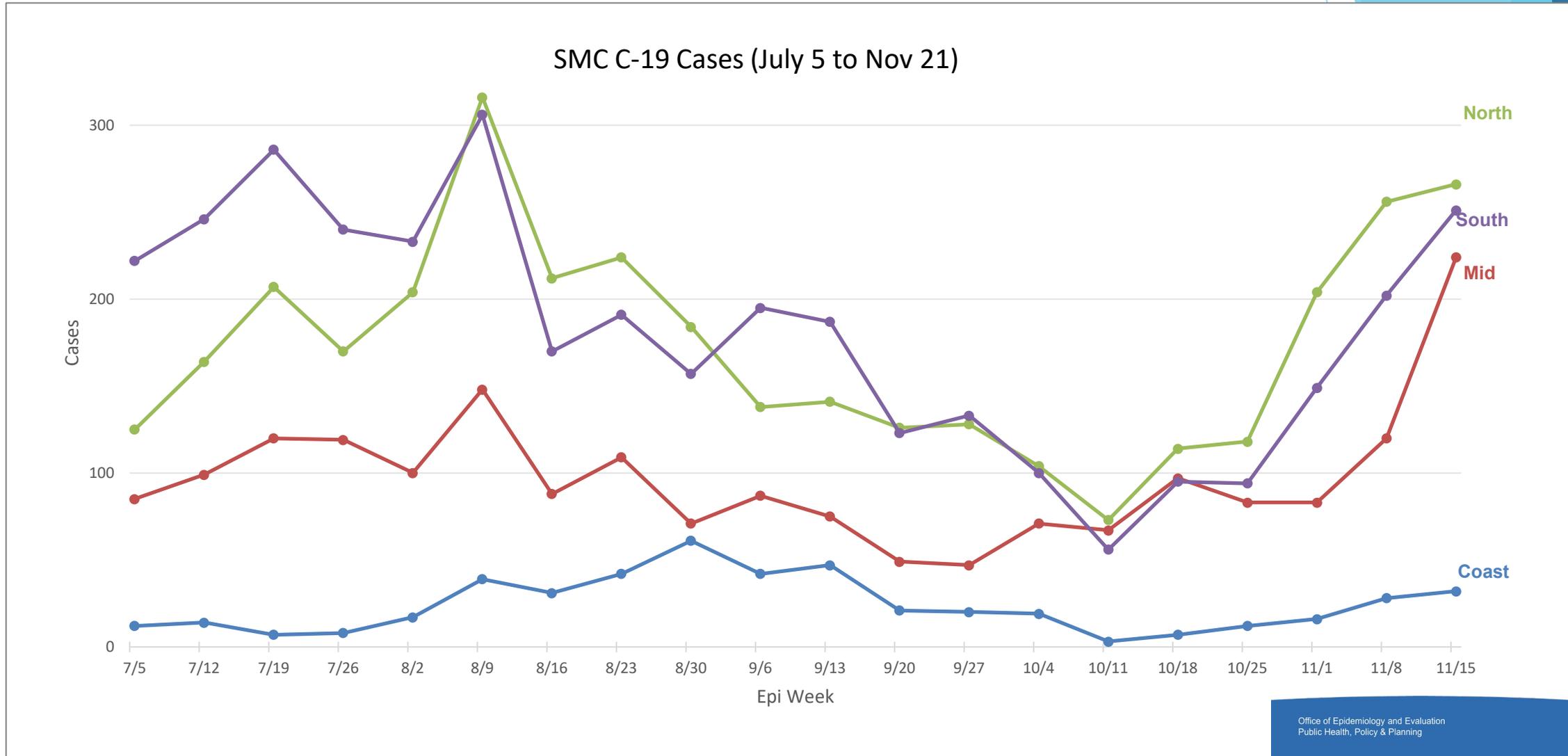
Selected quotes:

- ▶ **Morrow:**
 - ▶ “I don’t think it is safe or wise to have gatherings
 - ▶ “If you do let gatherings occur, please do them in the safest manner possible”
- ▶ “Some of our people are desperate to meet”
 - ▶ Small, stable groups
- ▶ Livestreaming Worship with small worship team with <10 people
- ▶ These restrictions are with us for a long time
 - ▶ 1-2 years?
- ▶ “I can’t imagine going back until there is a vaccine”
- ▶ “Sanctuary, safety, inclusive welcome”
- ▶ “Slow to open the church again”
- ▶ “Impact of young people coming”
- ▶ Singing, soloist, far away
- ▶ When will it be safe?... Vaccine or herd immunity

County Regions



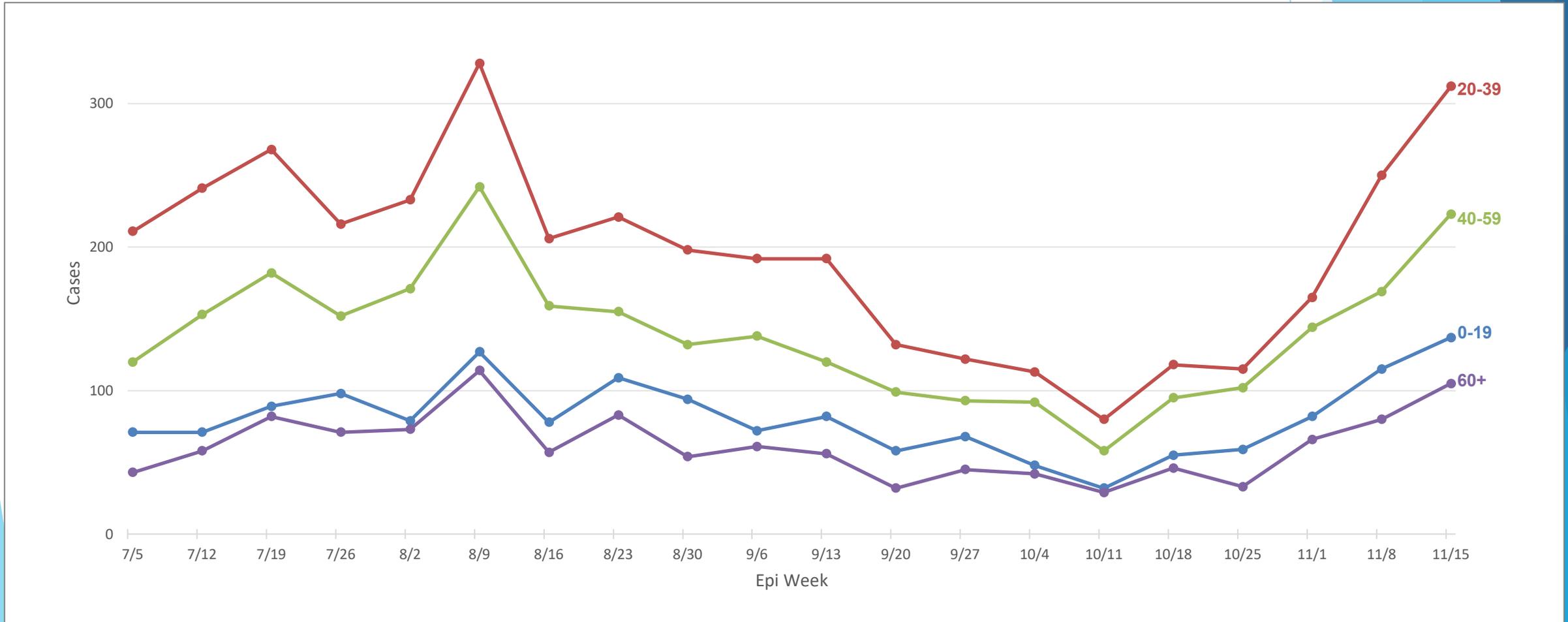
1. Cases are increasing in every region of San Mateo County.



Age



Young adults are most likely to transmit.



Virus Update. *More scientific confirmation about:*

- ▶ Transmission without symptoms >50% of cases
- ▶ Small droplets, airborne by singing & talking
 - ▶ Outdoor >> Lots of Ventilation >> Normal ventilation
- ▶ Highest-mortality among older adults and those with complex medical conditions
 - ▶ Infection Mortality Rate: 50-69 years: 0.005; 70+ years: 0.054



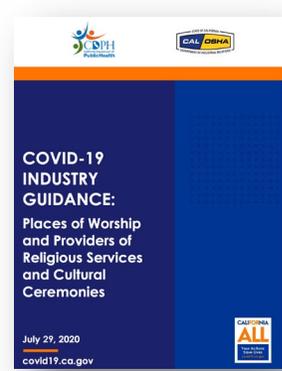
COVID-19 INDUSTRY GUIDANCE:

Places of Worship and Providers of Religious Services and Cultural Ceremonies

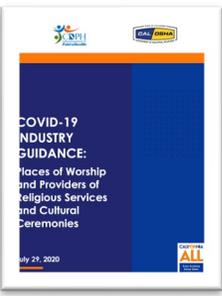
July 29, 2020

covid19.ca.gov



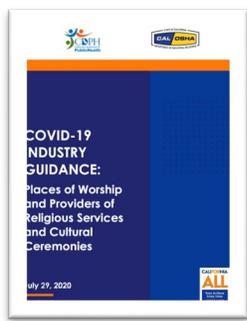


*Places of worship must therefore discontinue indoor singing and chanting activities and limit *indoor* attendance to 25% of building capacity or a maximum of 100 attendees, whichever is lower. Local Health Officers are advised to consider appropriate limitations on *outdoor* attendance capacities, factoring their jurisdiction's key COVID-19 health indicators. At a minimum, outdoor attendance should be limited naturally through implementation of strict physical distancing measures of a minimum of six feet between attendees from different households, in addition to other relevant protocols within this document.



How does asymptomatic transmission and small-droplets airborne change emphasis?

- ▶ Required Use of Face Coverings
- ▶ Workplace Specific Plan
- ▶ Topics for Worker and Volunteer Training
- ▶ Individual Control Measures & Screening
- ▶ Cleaning & Disinfecting Protocols
- ▶ **Physical Distancing Guidelines**
- ▶ **Considerations for Places of Worship**



Physical Distancing Guidelines

- Places of worship should continue to provide services through alternative methods (such as via internet live and/or recorded streaming, telephone, drive-in, etc.) whenever possible.
- Consider holding in-person meetings and providing in-person services outside whenever possible.
- Implement measures to ensure physical distancing of at least six feet between workers and congregants/visitors, etc. This can include use of physical partitions or visual cues (e.g., floor or pew markings or signs to indicate where people should sit and stand). Reconfigure seating and standing areas to maintain physical distancing of six feet or more between congregants/visitors from different households. Consider limiting seating to alternate rows. Members of the same household may be seated together but should maintain at least six feet of distance from other households.
- Consider dedicating workers to help people maintain distances during activities.
- Shorten services to limit the length of time congregants/visitors spend at facilities whenever possible. This could include limiting speeches, asking congregants/visitors to put on garments at home before arrival, etc.

Context in California related to limiting COVID-19 surge

Social Environment of San Mateo County

- ▶ **Community trust:** Overall compliance of businesses, faith-organizations, & public health recommendations
- ▶ **Harm Reduction:** Toxic stress, mental health, social isolation, and pandemic fatigue
- ▶ **High capacity for science-literacy:** Provide science-updates for congregation to modify their own activities

DRAFT Dec 3, 2020

Strengths-based Considerations

- ▶ **Strengthen families and social support bubbles (1-3 households)**
 - ▶ Provide spiritual support for families and social-support bubbles
 - ▶ Invest in online video conference meetings
 - ▶ Outdoor services: Design for spiritual and socioemotional health. Minimize mixing across households and bubbles.
- ▶ **Face Covering**, particularly when you're near others or talking.
 - ▶ Masks required for children >2yo, particularly in all indoor, public settings
 - ▶ Community messaging about efficacy of masks, particularly when talking
 - ▶ Limit eating and drinking, outside social-support bubble
- ▶ **Inform your congregation: Isolate, Quarantine, Testing.**
 - ▶ If symptoms, immediately isolate and mask within household -- until testing completed and negative results return.
 - ▶ If close-contact with known case, you must complete (10-14 day) home quarantine
 - ▶ If close-contact with people outside bubble, consider at least a 7-day voluntary home quarantine?



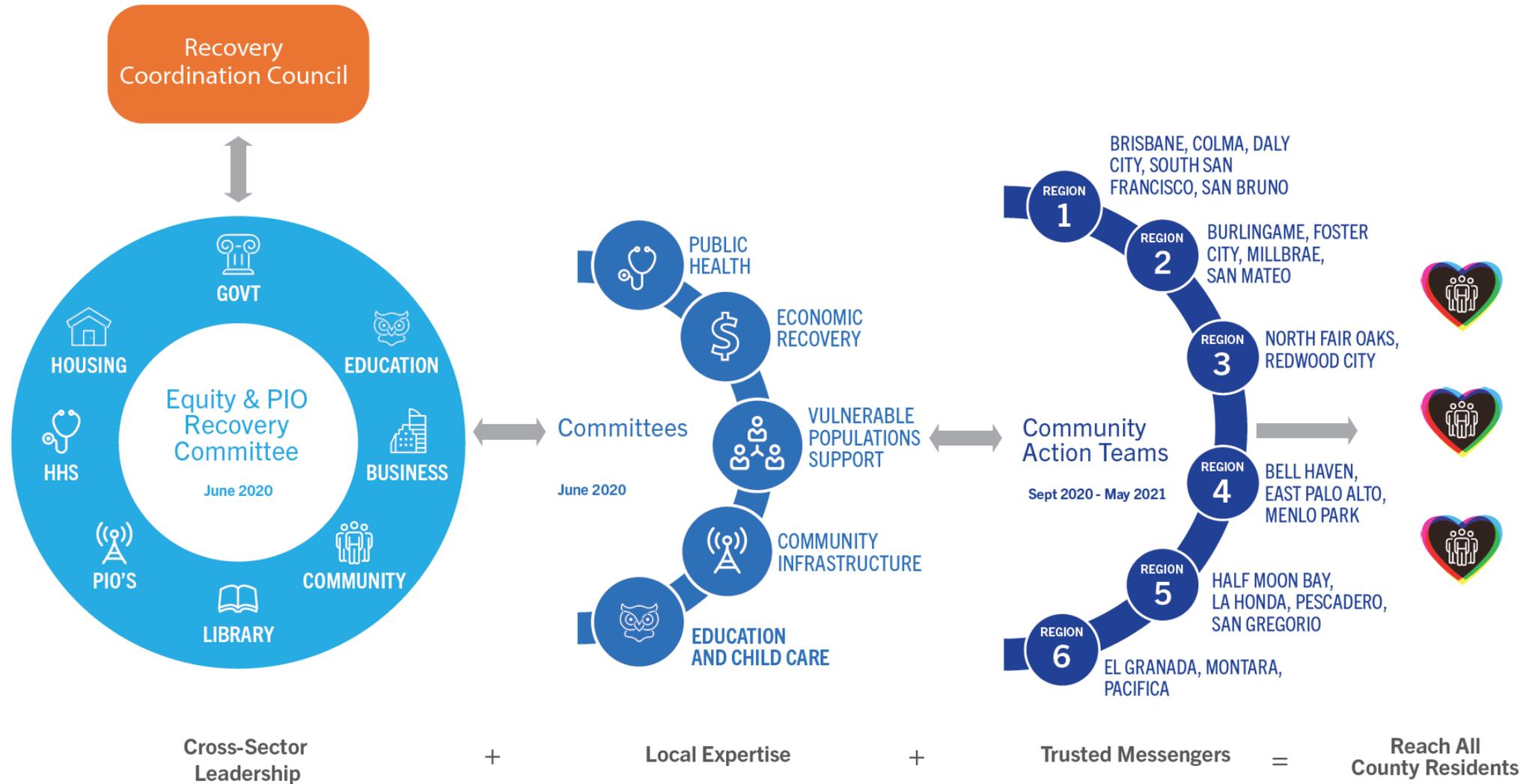
COVID-19 Community Outreach



COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS

Poll

Collaborative Structure



Community Partners

COVID-19 Outreach Funded Partners

34 Total Funded Partners

Bay Area Community Health Advisory Council
Building Skills Partnership
Casa Circulo Cultural
City of San Bruno
Coastside Adult Day Health Center
Coastside Farmers' Market
Daly City Partnership
El Centro de Libertad
El Concilio of San Mateo County
East Palo Alto Center for Community Media
Family Connections
HealthWays
Heart and Soul, Inc.
Institute for Human and Social Development
International Rescue Committee
North East Medical Services
Nuestra Casa de East Palo Alto
Pacifica Resource Center

Peninsula Conflict Resolution Center
Peninsula Family Services
Peninsula Volunteers
Puente
Ravenswood Family Health Network
Self-Help for the Elderly
Senior Coastsiders
Siena Youth Center of the St. Francis Center
San Mateo County Libraries
San Mateo County Union Community Alliance
South San Francisco Library
StarVista First Chance
Support Life Foundation
Taulama for Tongans
Thrive Alliance
YMCA Silicon Valley

COVID-19 OUTREACH RFP APPLICANTS

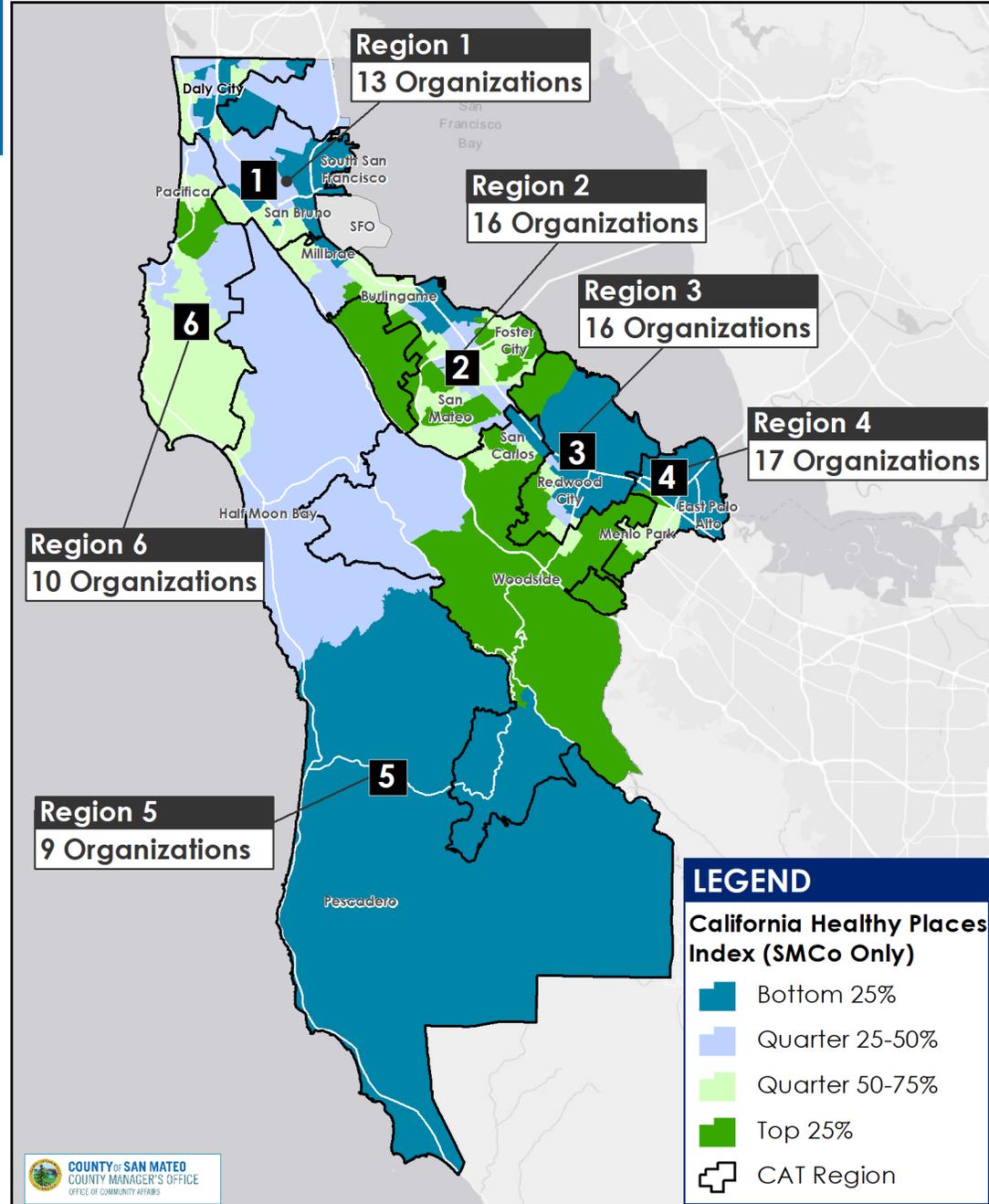
Healthy Places Index Information

LEGEND

California Healthy Places Index (SMCo Only)

-  Bottom 25%
-  Quarter 25-50%
-  Quarter 50-75%
-  Top 25%
-  CAT Region

SAN MATEO COUNTY: COVID 19 OUTREACH PARTNERS



Outreach Materials for Partners

ANSWERING THE CALL HELPS STOP THE SPREAD OF COVID-19



CONTACT TRACING is a completely confidential process that helps to identify people who may become ill due to close contact with someone who has tested positive for COVID-19.

For those who test positive, free resources are available including housing support, financial assistance, food assistance, and care for loved ones.

If you have been identified as being at risk:



1 Help your community by answering the call and helping stop the spread. You may receive a call from a public health worker who will ask you a few questions and recommend next steps you can take. Your information will be kept private and confidential.



2 Take preventative measures—this includes separating yourself for up to 14 days from others, including members of your household when possible, to protect those around you.

Answering the call helps stop the spread of COVID-19 so we can re-open safely, together! [Learn more at smc.gov.org/testing](https://smc.gov.org/testing) or call 211.

Testing and tracing are completely private! You will not be asked for your social security number or your immigration status.



@smc_commaffairs



94 views

coastsidefarmersmarkets Check out our COVID information booth, let us know if you have any questions about helpful resources, local... more

您的健康很重要: 接受测试!

帮助保持我们社区的健康与强大

在圣马特奥县生活或工作的人都可以免费测试

如果您测试呈阳性, 可以获取支持服务包括:

查找您附近的测试站点:

Su salud es esencial: ¡HÁGASE LA PRUEBA!

AYUDE A MANTENER NUESTRAS COMUNIDADES SANAS Y FUERTES.

Pruebas ahora están disponibles para cualquiera que viva o trabaje en el Condado de San Mateo.

HAY SERVICIOS DISPONIBLES SI

ENCUENTRE UN SITIO DE PRUEBA CERCA DE USTED:

Your Health Is Essential: GET TESTED!

HELP KEEP OUR COMMUNITIES HEALTHY AND STRONG.

Testing is now available to anyone who lives or works in San Mateo County.

SUPPORT SERVICES ARE AVAILABLE IF YOU TEST POSITIVE:

- Housing support
- Financial assistance
- Food assistance
- Care for loved ones

For COVID-19 resources and information, call 211 or visit smc.gov.org today!



FIND A TESTING SITE NEAR YOU:



- Appointments can be made online and are:
- Self-administered
 - Open to all residents including children
 - No cost to you

<https://www.smcgov.org/testing>



Widespread Testing + Low Rates of Positive Tests = A Faster Comeback for San Mateo County from COVID-19

@smc_commaffairs @CountyofSanMateo

Mask Mobile – #MaskUpSMC

Mask Mobile in Action



Mask Distribution Calendar

COUNTY OF SAN MATEO

DEC

COMMUNITY CREW MASK DISTRIBUTION



The schedule is based upon confirmed COVID-19 cases by city, found on the San Mateo County Health website and hard to reach census tracts. Locations may change based upon current weather conditions or as new data becomes available. Masks distributed while supplies last.

@Smc_CommAffairs

	M	T	W	TH	F
		1 East Palo Alto	2 North Fair Oaks Food Distribution	3 Menlo Park	4
7 South SF	8 Daly City Food Distribution	9 East Palo Alto Food Distribution	10 San Bruno Food Distribution	11	
14 North Fair Oaks	15 Daly City	16 Coast Food Distribution	17 San Mateo	18	
21 San Mateo	22 San Bruno	23 Redwood City	24-25 HOLIDAY BREAK Drop-offs at Community-based organizations/ Food Distribution Sites		
28 Daly City	29-31 HOLIDAY BREAK Drop-offs at Community-based organizations/ Food Distribution Sites				



COUNTY OF SAN MATEO

DEC

COMMUNITY CREW MASK DISTRIBUTION



The schedule is based upon confirmed COVID-19 cases by city, found on the San Mateo County Health website and hard to reach census tracts. Locations may change based upon current weather conditions or as new data becomes available. Masks distributed while supplies last.

@Smc_CommAffairs

MASK MOBILE SCHEDULE

DATE	LOCATION	TIME
Dec. 1st:	Bay Ave. & University Ave. East Palo Alto	12 pm
Dec. 2nd:	2950 Fair Oaks Ave, Redwood City	4 pm -6 pm
Dec 3rd:	Willow Ave. & Durham St., Menlo Park	11am
Dec 7th:	Linden Ave & Pine Ave., So. San Francisco	11 am
Dec. 8th:	350 90th St., Daly City	10:30am-Noon
Dec. 9th:	2411 Pulgas Ave., East Palo Alto	10am - Noon
Dec. 10th:	450 3rd Ave., San Bruno	1:30 pm -3pm
Dec. 14th:	5th & Spring St. Redwood City	12:00pm
Dec. 15th:	John Daly Blvd. & Belmont Dr., Daly City	11 am
Dec. 16th:	2001 Miramontes Point Rd., Half Moon Bay	3:00-4:30 pm
Dec. 17th:	5th & Railroad St., San Mateo	12:00-1:30 pm
Dec. 21st:	50 North B Street, San Mateo	9:00-11:00am
Dec. 22nd:	555 San Bruno Ave W., San Bruno	7:30am
Dec. 23rd:	660 Veterans Blvd., Redwood City	9:00am
Dec. 28th:	350 90th St., Daly City	10:00am

NOTE: Mask distribution efforts will continue during the Community Crew's scheduled Holiday Break from December 24- 31 in the form of mask donations to community-based organizations and food distribution sites.
Stay tuned for more updates!

Communications

Ads

¡Tome medidas para una recuperación segura antes de salir de casa!

- ✓ Llaves
- ✓ Teléfono Móvil
- ✓ Cartera
- ✓ Mascarilla



Haga su parte, utilice su cobertura facial.



SMCGOV.ORG

@smc_comaffairs @smc_comaffairs
@CountyofSanMateo



Celebre las fiestas de manera segura



SMCGOV.ORG

Celebrate your holidays safely



SMCGOV.ORG

COUNTY OF SAN MATEO

Stay connected while staying apart!

HERE'S HOW WE RECOVER TOGETHER:



Wear your face covering to protect yourself and others.



LEARN MORE

Holiday Flyer

新冠疫情期间安全旅行的建议

保护自己，爱的人和社区免遭新冠侵害

最好的建议是避免旅行。如果您必须旅行，请采取

Recomendaciones para viajes más seguros durante el COVID-19

Protéjase a sí mismo, a sus seres queridos y a la comunidad del COVID-19

El mejor consejo es EVITAR viajar. Si debe viajar, siga estos pasos para reducir el riesgo

Recommendations for Safer Travel During COVID-19

Protect yourself, loved ones, and the community from COVID-19

The best advice is to AVOID traveling. If you must travel, take these steps to reduce risk

- Wear a face mask whenever you are indoors.
- Get tested before you travel.
- Keep at least 6 feet of physical distance at all times.
- Ventilate your space, if possible (for example, open the vehicle's window).
- Get a flu shot.
- Avoid contact with anyone who is sick.
- Avoid contact with frequently touched surfaces.
- Wash or sanitize your hands often.

Anyone arriving in California from other states or countries, including returning California residents, should practice self-quarantine for 14 days after arrival.

A negative test does NOT clear you for visiting relatives

- Testing only provides a point-in-time result. You may still present a risk of exposing others to COVID-19 if you tested during the incubation period.
- Even if you test negative, continue to wear a face mask, maintain social distancing, avoid gatherings and nonessential travel.



For more information visit:
tinyurl.com/SMCHolidaysCOVID

[@smc_commaffairs](https://www.instagram.com/smc_commaffairs)
[@CountyofSanMateo](https://www.facebook.com/CountyofSanMateo) [@sanmateoco](https://twitter.com/sanmateoco)

假日期间确保安全，防止感染新冠的建议

保护自己，爱的人和社区免遭新冠侵害

最好的建议就是不要聚集。如果你将与他人庆祝这个假期的最安全的方法是线上聚会或

Recomendaciones para mantenerse a salvo del COVID-19 durante los días festivos

Protéjase a sí mismo, a sus seres queridos y a la comunidad del COVID-19

El mejor consejo es no tener reuniones. Si se reúne en persona, mantenga la reunión La forma más segura de celebrar esta temporada es virtualmente o con miembros

Recommendations for Staying Safe from COVID-19 During the Holidays

Protect yourself, loved ones, and the community from COVID-19

The best advice is not to gather. If you do gather in person, keep it safe, small, short & stable.

- **OUTSIDE IS SAFER:** The risk of COVID-19 transmission is highest in indoor spaces without ventilation.
- **SMALL:** Limit gatherings to your immediate household.
- **SHORT:** Limit gatherings to no more than 2 hours.
- **STABLE:** Do not participate in gatherings with different households.



The safest way to celebrate this holiday season is virtually or with members of your household

- Enjoy holiday traditions at home with your household.
- Decorate your home and/or yard.
- Share a virtual meal with family and friends.
- Host online parties and/or contests.
- Deliver traditional meals to family and neighbors.
- Visit holiday-themed outdoor art installations wearing a mask.
- Participate in drive-by events and stay in your vehicle.



For more information visit:
tinyurl.com/SMCHolidaysCOVID

[@smc_commaffairs](https://www.instagram.com/smc_commaffairs)
[@CountyofSanMateo](https://www.facebook.com/CountyofSanMateo) [@sanmateoco](https://twitter.com/sanmateoco)

COVID-19 Community Resources e-Newsletter

Monthly Community Resources e-Newsletter in English and Spanish

COUNTY OF SAN MATEO 



This community resource e-newsletter is designed to keep you up to date on COVID-19 information and community resources.

Topics

Get Tested for COVID-19 at a Public Testing Site
Face Coverings Now Required Statewide
State Pandemic Policies & How They Affect You
Local Pandemic Resources & Information

COVID-19 Communication Calendar

Sign up for our Weekly Communications Calendar now!

Follow us at:



@Smc_CommAffairs



Social Media Posts: November 30 th through December 4 th	
11/30 Posts	
	<p>Don't miss the mask mobile this week:</p> <ul style="list-style-type: none">Nov. 30 Menlo ParkDec. 1 East Palo AltoDec. 2 North Fair OaksDec. 3 Menlo Park <p>If each of us wears a mask, everyone is protected. Visit: covid19.ca.gov/masks-and-ppe #MaskUpSMC</p>
	<p>No se pierda el móvil de mascarillas, vendrá a un sitio cercano a usted a distribuir mascarillas:</p> <ul style="list-style-type: none">Nov. 30 Menlo ParkDic. 1 East Palo AltoDic. 2 North Fair OaksDic. 3 Menlo Park <p>Más: https://covid19.ca.gov/masks-and-ppe #PongaseLaMascarillaSMC</p>
	<p>#SanMateoCounty's small businesses are struggling to survive the economic impacts of the pandemic & #COVID19 shutdown orders. \$\$ spent locally at retailers, restaurants & other small businesses in your city will help save businesses & keep people employed! #ShopLocal #MaskUpSMC</p>
	<p>The image used for the above post can be customized when other logos</p>
	<p>Las pequeñas empresas están luchando por sobrevivir los impactos económicos y las órdenes de cierre #COVID19. ¡Sus compras locales en tiendas, restaurantes y pequeños negocios en su ciudad ayudarán a salvarlos y a mantener a la gente empleada!</p>

COVID-19 Outreach Toolkit

<https://cmo.smcgov.org/covid-19-outreach-toolkit>

The screenshot shows the website for the County of San Mateo's COVID-19 Outreach Toolkit. The header features the County of San Mateo logo and the text "COUNTY OF SAN MATEO COUNTY MANAGER'S OFFICE". Navigation links include "Translate", "Departments", "Career", and "Contact Us". A search bar is located on the right. The main navigation menu includes "Home", "Divisions", "Clerk of the Board", "Budget Central", "Newsroom", "About Us", "Commissions", and "Reports".

The main content area is titled "COVID-19 Outreach Toolkit". A light blue box contains the text: "The County of San Mateo has developed materials to help educate residents about COVID-19 and the steps to keep our community safe. These images and documents are free for your use." Below this, there are ten icons representing different outreach materials: Our Comeback Campaign (heart), Hand Washing (hand with water), Face Coverings (face with mask), Sanitation (hands being washed), Social Distancing (two people with arrows), Testing (test tube), Well Being (heart with pulse), Videos/PSAs (video camera), Additional graphics (image icon), and Shop Local Campaign (storefront).

On the left side, there is a section for the "COVID-19 PUBLIC CALL CENTER" with the phone number "Call 211 or 800-273-6222" and "24 hours a day, 7 days a week". Below this is a link to "Visit www.smcgov.org for latest updates". At the bottom left, there is an "EMAIL UPDATES" section with a text input field labeled "Enter Email Address".

A dark blue banner titled "OUR COMEBACK GRAPHICS" is followed by a section for "Our Comeback Campaign" which includes the text: "Support our campaign by using these graphics for the web, social media, and printed signs." Below this text is a graphic of a heart with icons for hand washing, face covering, and social distancing, with the text "Help stop the spread of COVID-19." and "ALL OF US".



Thank You



COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS



Open Discussion:
What have been
your challenges?



Open Discussion:
What have been
your successes and
best practices?



Helping our Communities Together

With your input via the Survey Monkey Questionnaire and hearing your voice today we hope to continue to build our relationships and consistently provide support. We will be working on a Q&A document informed by today's discussion and suggest the Spirituality Initiative as a place of gathering together, information sharing, support building and coming together to learn from each other.

Thank you for
joining us!



- ▶ Additional Comments or Feedback
Contact the Office of Diversity & Equity
(ODE) Email: ode@smcgov.org
- ▶ Join our ODE email list:
<https://www.smchealth.org/office-diversity-equity>
- ▶ We will be sending out the recording of the
this meeting and PowerPoint to all
attendees.
- ▶ Spirituality Initiative:
<https://www.smchealth.org/spirituality-initiative>
- ▶ Meeting 2nd Tue. of the month 12:30pm-
2:00pm, Meeting ID: 237 297 919, Passcode:
SI2020
- ▶ Contact Melinda Ricossa-Parker at
mricossa@smcgov.org to join email list