

SMMC VISITATION GUIDELINES



SAN MATEO COUNTY HEALTH
SAN MATEO MEDICAL CENTER

Updated 4/2022

<p>OUTPATIENT (CLINICS) RESTRICTIONS</p> <p>Visitors are <u>not</u> permitted to accompany adult patients <u>unless</u> they require special assistance due to a disability or impaired understanding, or they are the patient's primary caregiver.</p>	<p>All visitors will be screened for COVID-19 symptoms and close contact with COVID-19 in the last 14 days prior to entering the hospital AND once they arrive in the unit.</p> <ul style="list-style-type: none"> • Visitors must be <u>fully vaccinated</u> against COVID-19. Proof of COVID-19 vaccination must be provided at the hospital entrances. Please also show your ID. • If a visitor is <u>not fully vaccinated</u> for COVID-19, proof of a negative PCR COVID-19 test taken within 48 hours must be provided before each visit. <p>INPATIENT VISITORS (ICU, 2AB, 3AB) All visits will be limited to 30 minutes, with one (1) visitor at a time. No children under 18 are allowed at this time.</p> <p>SKILLED NURSING VISITORS (1A) Appointments are strongly recommended. There is no time limit for visits. Maximum of two (2) visitors at a time. Children are allowed if able to follow all infection control practices.</p>
<p>EMERGENCY DEPARTMENT (ED) RESTRICTIONS</p> <p>Visitors are <u>not</u> permitted in the Emergency Department patient areas (including Registration and Waiting Room). Exceptions are made and listed below*.</p>	

*VISITOR EXCEPTIONS	APPLICABLE TO: COVID-19 positive patients, suspected COVID-19 patients, and COVID-19 negative patients
INPATIENTS UNDER ISOLATION	No visitors at this time (unless end of life).
END OF LIFE	At the discretion of Infection Control, Nursing Manager, and Care Team.
MOBILITY SUPPORT	Outpatient only: One (1) visitor to accompany patient to their appointment.
DEPENDENT PATIENT SUPPORT	One (1) in-person support to accompany patients with psychosocial, intellectual, developmental or cognitive disabilities who rely on in-person support at home for medically necessary care to their appointment.
SURGERY	One (1) in-person support is allowed during screening and registration. When it is time for patient to be brought to the Peri-Operative Unit, support individual will be asked to leave the facility. A support individual can provide contact information to team for updates regarding status and pick-up time.
COMMUNICATION AND COGNITIVE ASSISTANCE	One (1) support person is allowed access into the ED with patient to facilitate communication and/or provide additional information regarding the patient's condition and/or history at the discretion of the Charge Nurse/Manager. The presence of this support person does not replace a qualified interpreter, rather prevents gaps in understanding when there is an emergency involving a health need.

VISITOR REQUIREMENTS

INPATIENT & INTENSIVE CARE UNIT (ICU)



Updated 4/2022

VISITING HOURS *(for approved visitors only):*

Monday–Friday, 10AM to 8PM, Saturday–Sunday, 10AM to 4PM

Dear SMMC visitor,

We are happy to support your visit with your loved one today. To keep you, our patients, and staff safe we appreciate you following the below requirements.

- **Visitors must be fully vaccinated against COVID-19.** Proof of COVID-19 vaccination must be provided at the hospital entrances. Please also show your ID. **If a visitor is not fully vaccinated for COVID-19,** proof of a negative PCR COVID-19 test taken within 48 hours must be provided before each visit.
- Avoid visiting if you are feeling sick, have a fever, have been in close contact with a person who is COVID positive or have recently had a positive COVID-19 test.
- Answer all the questions about your health and contact with people who are COVID-19 positive.
- Sanitize your hands and have your temperature taken upon arrival.
- Acknowledge and stay within approved time limit given by Care Team.
- Replace your personal face covering with the mask we provide at the entrance. Masks are to be worn at all times and must cover your nose and mouth.
- Wear the visitor pass provided to you and visible for staff and others to see.
- Practice safe physical distancing in all elevators (3 people at a time).
- Stay in the patient's room and/or designated area until you plan to leave. You should not linger in the hallways, lobbies, or waiting areas. You are allowed to use public restrooms.
- Wash your hands with soap and water (or hand sanitizer) before and after entering the patient's room.
- Wear the proper protective equipment (PPE) that staff provide to you.
- Approved visitors must be 18 years old or over.

We must practice social and physical distancing in all areas of the hospital. Because of this our lobbies/ waiting areas have been blocked off or closed off. You will be redirected to an approved seating or standing area for you and/or your group. The care team will help and answer any questions you have.

BY ACCEPTING THIS HANDOUT, YOU ARE AGREEING TO THE VISITOR REQUIREMENTS. VISITORS WHO DO NOT FOLLOW THESE REQUIREMENTS MAY BE ASKED TO LEAVE.

VISITOR REQUIREMENTS

OUTPATIENT



Updated 4/2022

Dear SMMC visitor,

We are happy to support your visit with your loved one today. To keep you, our patients, and staff safe we appreciate you following the below requirements.

- Avoid visiting if you are feeling sick, have a fever, or have been in close contact with a person who is COVID-19 positive or have recently had a positive COVID-19 test.
- Answer all the questions about your health and contact with people who are COVID-19 positive at our entrance.
- Sanitize your hands and have your temperature taken upon arrival.
- Wear your wristband given to you at the entrance (indicating you have completed and passed screening).
- Replace your personal face covering with the mask we provide at the entrance. Masks are to be worn at all times and must cover your nose and mouth.
- Limit visit to the patient's appointment. Once the appointment has ended and the patient has no further services to seek, please exit the facility.
- Stay with the patient you are escorting (unless staff requests for you to wait in designated areas to ensure safe physical distance during the patient's appointment).
- Practice social distancing at all times, 6 feet apart from others, including the elevators (only 3 people at a time).
- Wash your hands with soap and water or hand sanitize before and after you enter our facilities.
- Safely leave children at home to limit exposure. If this is not possible, children are permitted to attend appointments.
- Designate only one parent or guardian to accompany a child to their appointment.

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PATIENT & LOVED ONE SUPPORT



Updated 4/2022

We understand the importance of staying connected and how that contributes to our loved one's healing. To stay connected with your loved one while they are with us at San Mateo Medical Center, we have support on-site for you and your family.

For questions, call the Patient Experience Team at 650-573-3731.

VIDEO VISITS

We encourage you to use FaceTime, Skype, or other video platforms to stay connected with your loved one. If the patient does not have a device—smart phones and tablets are available on the units. Just ask the Nursing Staff for support with this.

SPIRITUAL CARE

We are here for you and your loved one in these times of emotional stress. Upon arrival, our Spiritual Care Team calls within 24-72 hours of admission to Welcome the Patient and explain the role of the Spiritual Care Department and our Chaplain. Please let a member of the healthcare team know if you and/or the patient would like to schedule an appointment with the Chaplain.

HEALING AND ENCOURAGEMENT NOTES FOR PATIENT

If you wish to send your loved one a note or a photo that can be posted in their room, we will make sure it gets to them. Please send the photo or note as an email to HS_SMMC_PatientExperience@smcgov.org with your contact information along with the patient's name.

ITEM DROP-OFFS

Personal items and food drop-offs are welcome. The Patient Experience Team are present at the Main and West Entrances during the below times and can receive any items you drop off.

Monday-Friday 6:00AM – 8:00PM

Saturday-Sunday 7:30AM – 4:00PM

To ensure we get the item to your loved one, you will need to complete a drop off item ticket with our staff who receives the item. Thank you in advance for your cooperation.

Special instructions for 1A Patients and Families only: 1A staff are able to pick up items dropped off by friends and family at the entrances at 11:45AM and 4:30PM every day. Please be mindful of this time-frame when dropping off items.