

COVID-19 Digest Issue 10

July 3, 2020

CLINICAL PEARL

- Genetic analysis involving COVID-19 patients in Italy and Spain who developed respiratory failure adds to the evidence linking blood type to disease prevalence and severity. Patients with type A blood in the study cohort had a higher risk for disease involving acute respiratory syndrome, while type O blood appeared to be protective against severe disease.
 - A very early study of patients with COVID-19 in Wuhan and Shenzhen, China was among <u>the first to</u> <u>suggest an association</u> between blood type and SARS-CoV-2 susceptibility and disease severity. In that study, published ahead of peer review, the type A blood group appeared to be associated with a greater risk for acquiring COVID-19 and the type O blood group was linked to lower risk. Another early study involving cases in New York City, also published ahead of peer review, found a higher prevalence of group A blood type in patients who were SARS-CoV-2 positive and a lower prevalence of infection with group O blood type. Additionally, <u>preliminary data recently reported</u> by the commercial genetic testing site 23andMe also suggested a protective role for type O blood type against the novel coronavirus when compared to other blood types.
 - Glycoproteins are present on the surface of the red blood cells in people with A, B, and AB blood types, but not in those with type O blood types. Coronavirus surface proteins are also glycoproteins, and the hypothesis within the scientific community is that individuals who are in the type O blood group are predisposed to forming antibodies against glycoproteins. If this is the case, people with type O blood may prove to be more responsive to a COVID-19 vaccine when a vaccine becomes available. The vaccine may also need to integrate A and B glycoprotein to boost responses in people with A, B, or AB blood types.

PUBLIC HEALTH UPDATE

- FDA issued a letter suggesting Certain COVID-19 Serology/Antibody Tests Should Not Be Used:
 - FDA recommends that clinical laboratories and health care providers stop using COVID-19 antibody tests that are listed on FDA's <u>"removed" test list</u>, found on the FDA's <u>FAQs on Testing for SARS-CoV-2</u> webpage.

ACADEMIC/RESEARCH PAPERS

- medRxiv
 - o Relationship between the ABO Blood Group and the COVID-19 Susceptibility
 - o <u>Seroprevalence of Antibodies to SARS-CoV-2 in Six Sites in the United States, March 23-May 3, 2020</u>
 - The Possible Role of Vitamin D in Suppressing Cytokine Storm and Associated Mortality in COVID-19 Patients
- JAMA Dermatology
 - Evaluation of Chilblains as a Manifestation of the COVID-19 Pandemic and Assessment of Acute Acral Lesions in a Case Series of Children and Adolescents During the COVID-19 Pandemic
- The New England Journal of Medicine
 - o Multisystem Inflammatory Syndrome in U.S. Children and Adolescents
 - o Multisystem Inflammatory Syndrome in Children in New York State
- EClinical Medicine
 - o COVID-19 in 7780 pediatric patients: A systematic review

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- Nature Medicine
 - o Age-dependent effects in the transmission and control of COVID-19 epidemics
- JAMA
 - o Mortality, Admissions, and Patient Census at SNFs in 3 US Cities During the COVID-19 Pandemic
 - Cleveland Clinic Journal of Medicine
 - Thoracic imaging in COVID–19
 - <u>Coagulopathy in COVID-19</u>
 - o <u>Practical aspects of targeting IL-6 in COVID-19 disease</u>
- Chest Journal
 - <u>Tocilizumab treatment for Cytokine Release Syndrome in hospitalized COVID-19 patients: survival</u> and clinical outcomes
- Journal of Clinical Neuromuscular Disease
 - o Novel Coronavirus (COVID-19)-Associated Guillain–Barré Syndrome: Case Report
- Clinical Infectious Diseases
 - <u>SARS-CoV-2 infection in healthcare personnel with high-risk occupational exposure: evaluation of</u> <u>seven-day exclusion from work policy</u>
- PLOS One
 - o <u>COVID-19 symptoms predictive of healthcare workers' SARS-CoV-2 PCR results</u>
- BMJ Journal
 - <u>Characteristics of registered clinical trials assessing treatments for COVID-19: a cross-sectional</u> <u>analysis</u>
- Physics of Fluids
 - o <u>On respiratory droplets and face masks</u>
- Health Affairs
 - o COVID-19 Testing: Lessons From The HIV Testing Experience
 - o After COVID-19: How To Rejuvenate Primary Care For The Future
- MIT Center for Energy and Environmental Policy Research
 - o What Does and Does Not Correlate With COVID-19 Death Rates

MMWR

- <u>COVID-19 Outbreak Among College Students After a Spring Break Trip to Mexico</u> Austin, Texas, March 26– April 5, 2020
- <u>Characteristics of Women of Reproductive Age with Laboratory-Confirmed SARS-CoV-2 Infection by</u> <u>Pregnancy Status — United States, January 22–June 7, 2020</u>
- <u>Serial Laboratory Testing for SARS-CoV-2 Infection Among Incarcerated and Detained Persons in a</u> <u>Correctional and Detention Facility — Louisiana, April–May 2020</u>
- <u>Characteristics of Adult Outpatients and Inpatients with COVID-19 11 Academic Medical Centers, United</u> <u>States, March–May 2020</u>
- Exposures Before Issuance of Stay-at-Home Orders Among Persons with Laboratory-Confirmed COVID-19 Colorado, March 2020
- Initial and Repeated Point Prevalence Surveys to Inform SARS-CoV-2 Infection Prevention in 26 Skilled Nursing Facilities — Detroit, Michigan, March–May 2020





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HOT OFF THE (LAY) PRESS

- The New York Times
 - o <u>How the Virus Won</u>
 - o Sanofi Accelerates Its Timeline for Coronavirus Vaccine Development
 - o Fauci, Citing 'Disturbing Surge,' Tells Congress the Virus Is Not Under Control
 - Fauci warns that the U.S. could see 100,000 new cases a day, and officials aim to counter vaccine skeptics.
 - o As New Coronavirus Cases Hit Another Record in the U.S., Some States Delay Reopenings
 - o <u>Texas Sets Another Record as Governor Urges Residents to Stay Home</u>
 - <u>California shut down bars and indoor dining for most residents and New York City paused restaurant</u> reopening as virus cases surged across the U.S.
 - o <u>A New Coronavirus Threat to Children</u>
 - o Caring for Children With Multisystem Inflammatory Syndrome
 - o How 132 Epidemiologists Are Deciding When to Send Their Children to School
 - The Wall Street Journal
 - o <u>Is It Safe to Reopen Schools? These Countries Say Yes</u>
- The New Republic
 - o Female Scientists Are Bearing the Brunt of Quarantine Child-Rearing
- NBC News Today
 - o Why mothers are bearing such a huge mental load during coronavirus pandemic
- Los Angeles Times
 - o Opinion: We can't reopen the economy without child care
- The New Yorker
 - o The Coronavirus Surge That Texas Could Have Seen Coming
 - o Anthony Fauci Issues a New Coronavirus Plea
- NPR

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- o Another Unwanted U.S. Record: 50,000 New Coronavirus Cases In 1 Day
- The Washington Post
 - o <u>Coronavirus Pandemic Led to Surge in Alzheimer's Deaths</u>
- JAMA Forum
 - o COVID-19 and Massive Job Losses Will Test the US Health Insurance Safety Net
- KQED
 - COVID-19 in the Developing World
- CNBC

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- U.S. coronavirus cases surge by more than 27,700 in a day as 7-day average jumps 15% from week ago
- USA Today
 - <u>City officials warn young people going to 'COVID parties' to see who gets sick first</u>
- Ohio State News
 - o Ohio State researchers testing breathalyzer to detect COVID-19
- The Sacramento Bee
 - o <u>Gavin Newsom gets power to withhold funds for counties that don't follow COVID-19 rules</u>
- Mercury News
 - o As Bay Area reopens, counties turn to 'social bubbles' to slow the spread
 - o Bay Area hospitalizations outpacing rest of California, which is also rising rapidly





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- The Daily Journal
 - o Inmates receive COVID-19 care at Seton Medical Center in Daly City
- San Francisco Chronicle
 - o Health officials demand major Bay Area private hospitals, clinics ramp up coronavirus testing
 - Bay Area hospital reports a major coronavirus outbreak
 - California sees spike in number of cases for second straight day
 - o <u>Coronavirus: Alarming spike in Bay Area, state cases threatens reopening plans</u>
 - The 3 big reasons for Bay Area's coronavirus surge, according to health experts
 - o San Mateo supervisor wants fines up to \$500 for repeat mask scofflaws
 - o <u>California health officers facing protests, even death threats, over coronavirus orders</u>
 - o California will 'tighten things up' on coronavirus heading into Fourth, Newsom says
 - o <u>Newsom orders new shutdown of restaurants, other indoor business in 19 California counties</u>

EPIDEMIOLOGY UPDATES

- US Leads the World in Confirmed COVID-19 Cases per Johns Hopkins University Center for Systems Science and Engineering Dashboard Website
- **California COVID-19 by the numbers** are available on the <u>CDPH Website</u> and the <u>NYT Map and</u> <u>Table</u> (includes data by county)
 - o California COVID-19 Statewide Update as of June 16, 2020
- San Mateo County COVID-19 Dashboard
- <u>Santa Clara County COVID-19 Dashboard</u>

ADDITIONAL COVID-19 RESOURCES

- <u>COVID-19 California Statewide Case Statistics</u>
- Palo Alto Online tracking the coronavirus in San Mateo and Santa Clara counties
- California Department of Corrections and Rehabilitations Population COVID-19 Tracking Dashboards
- COVID-19 Nursing Home Data
- <u>CDPH COVID-19 Assessment and Modeling Tool</u>

