

# COMPLEX CASE CONSULT

## **WHAT:**

Structured, Strength-Based, Facilitated Collaboration  
For BHRS or Provider Staff

## **FOR COMPLEX CASES** where Clients or Families:

- Are involved in multiple systems or programs
- Are at risk of, or facing imminent crisis
- Need support preventing further crises
- Need specialized consultation  
(AOD, Cultural needs, Eating D/O, LGBTQ, etc.)

## **GOAL:**

Improve care coordination and delivery through structured, collaborative process with all treatment providers/systems.

## **HELPFUL PREPARATION TIPS:**

- ~ Consult with your supervisor prior to scheduling-  
it is helpful if supervisor attends as well
- ~ Requesting clinician invites all current providers  
(e.g.: psychiatrist, probation, teachers, etc.)
- ~ Releases of info. are needed for non-BHRS participants

## **TO SCHEDULE:**

Contact Moe Mati

**650.573.2495**

[mmati@smcgov.org](mailto:mmati@smcgov.org)

**Consults are scheduled  
by Appointment**

## **Please be prepared with:**

- Reason for consult request—  
"why now?"
- Any specialized needs of case
- Names of other providers you  
would like to participate

**To strengthen the collaboration and  
consult process, client (s) are expected to  
participate; unless otherwise indicated.**