



SAN MATEO COUNTY HEALTH

AGING & DISABILITY SERVICES

MEETING MINUTES

Commission on Aging – Social Isolation and Transportation Committee Meeting

Date Thursday, May 8th, 2025

Location: 2000 Alameda de las Pulgas, San Mateo, CA 94403

Commissioners present: Leth, Liana, Uhl, Vico, Taylor, Linnell

Commissioners excused: None

Staff present: Anna Sawamura, Shawne O'Connell, Diane Madriz, Anna Dyer

Public present on-line: Lynn Spicer, Margaret Baggerly, Kristina Anderson

1. Welcome and Introductions	Commissioner Uhl welcomed committee members at 3:05pm.
2. Note Taking Assignment	Commissioner Vico agreed to take notes.
3. Public Comment	None
4. Revise/Approve 5/08/2025 Agenda	Agenda approval motioned by Commissioner Linnell, seconded by Commissioner Taylor. Agenda approved.
5. Revise/Approve 04/10/2025 Committee Minutes	Motioned by Commissioner Vico, seconded by Commissioner Uhl. Minutes approved.
6. SamTrans Report	<ul style="list-style-type: none">- Chinese and Spanish mobility guides went to print. Once done they will reach out to all partners to distribute them to the community.- Showcase update - Total budget is being finalized and hopefully by the fall a budget will be approved.- Ready Wheels guide for 2025 - blurb has been added as it's no longer a pilot and is permanent. Those are ready to be picked up.- Working on the SamTrans accessibility advisory committee and Caltrain accessibility advisory committees - they are going to start recruiting new members.- Irene went to the SamTrans board meeting and received the proclamation for May Older Adult month as it was presented to the Commission on Aging. Congrats!- Lynn will provide more information on the Transportation showcase. Right now she is confirming the venue space.
7. Updates on Intergenerational Connections Survey – Adele Ryono	<ul style="list-style-type: none">- How many high schools answered the surveys?<ul style="list-style-type: none">- Adele sent the survey to all the high schools in the County, but not all could distribute the surveys due to different policies. Five high schools total distributed the surveys.- Presented on the next steps after survey collection:<ul style="list-style-type: none">- <u>Pilot program proposal:</u><ul style="list-style-type: none">- Record conversations with 100 pairs of a youth and an older adult.- Questions:

	<ul style="list-style-type: none"> - What is one experience or moment in your life that shaped who you are today? - What is a piece of history you lived through that you think young people should remember or learn from? How did it impact your generation, and you personally? - What advice would you give to your younger self, or to me? <ul style="list-style-type: none"> - <u>Goals:</u> Reduce isolation by strengthening connections and preserve the perspective and memories of the older generation. <ul style="list-style-type: none"> - Create a digital archive of the conversations - Curate a video or podcast series with themes and highlights - <u>Evaluation the impact of the pilot:</u> <ul style="list-style-type: none"> - Survey and interview before and after conversation - Measure connection, isolation and general division - Assess program effectiveness - Write a report on the program's impact - <u>Timeline of the pilot:</u> <ul style="list-style-type: none"> - June 2025: recruitment - July 2025: conversations + post assessment - August 2025: Data analysis + digital archive - September 2025: report + highlights - <u>Next steps and asks from the CoA:</u> <ul style="list-style-type: none"> - Provide feedback to Adele on the three questions proposed. - Recruitment - she will share a flyer with us. An older adult and a youth must know each other already as the focus is to strengthen existing relationships. - Community service: services hours from the CoA for students who participate? - Adele to connect with Anna separately.
8. Discussion and Finalizing Work Plan	<ul style="list-style-type: none"> - GOAL 1: <ul style="list-style-type: none"> - Irene removed one bullet point from the action steps as SamTrans meeting is not open to the public, and added names next to each action steps. - GOAL 2: <ul style="list-style-type: none"> - Irene removed the bullet point on organizing a presentation on transportation for the general meeting. <ul style="list-style-type: none"> - Suggestion to the general meeting for a presentation on transportation for January 12th. <p>Motioned by Linnell to approve the work plan, Seconded by Uhl. Approved by all.</p>

9. Announcements	<ul style="list-style-type: none"> - Acknowledgment letter for Adele's work - Liz Taylor will draft a letter for the July committee meeting.
10. Adjournment	<p>Motioned by Commissioner Linnell seconded by Commissioner Taylor.</p> <p>The meeting was adjourned at 4:30 pm. The date for the next meeting is Thursday June 12th at 3:00pm.</p>