



San Mateo County Health System
Behavioral Health and Recovery Services Division



Mental Health Services Act (MHSA) Steering Committee

December 7, 2016 / 2:00 - 3:30 PM

San Mateo County Health System, Room 100. 225 37th Ave, San Mateo, CA 94403

MINUTES

Attendees

MHSA Steering Committee Members: Aisha Williams, Betty Savin*, Carol Marble*, Clarise Blanchard, David DeNola, David Pine*, Dorothy Christian*, Eduardo Tirado*, Eric Wollman*, Gloria Gutierrez, Jairo Wilches, Josephine Thompson*, Judith Schutzman*, Juliana Fuerbringer, Juliet Vimahi, Louise Orellana, Melinda Parker, Michael Lim, Michelle Makino, Patricia Way*, Patrick Field, Patrisha Ragins, Randy Torrijos*, Ray Mills, Rocio Cornejo*, Rodney Roddewig*, Sheri Broussard.

*MHSARC commissioners

General Public

1. MHSA Background

2:00 PM

Doris Estremera, MHSA Manager

- The background of MHSA components and annual allocated funding was explained including a brief review of Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovations (INN), Workforce Education and Training (WET), Capital Facilities and Information Technology, and Housing.
- San Mateo County takes a unique approach to integrating funds into existing programs. Often times, a portion of the program is funded by MHSA along with other funding sources, this has allowed for high leveraging of MHSA funds, expanding services and filling gaps in services.
- Context was provided that explained the Community Program Planning (CPP) process. This requires that the County must take in account public comment and stakeholder input. As part of the CPP process, an MHSA Annual Update must be provided as well as a three-year planning process.

Handouts: MHSA Background, MHSA Components & Programs.

**2. Update on the Steering Committee Membership
and the Issue Resolution Process (IRP)**

2:15 PM

Colin Hart, Community Health Planner

- **The Steering Committee Membership and Selection** process was discussed in the last steering committee. The proposed changes and input was reviewed and the following changes were made:
 - At least 50% of all committee members will be clients/consumers and family members.

- A minimum of 1-2 seats will represent several groups as recommended by MHPA legislation, CPP requirements, and stakeholders.
- At least 50% of the representations will include individuals from diverse cultural and ethnic groups.
- An MHPA Selection Group will review member applications 2x/year.
- If steering committee members miss two meetings/year they may be replaced by a newly appointed member.
- **Issue Resolution Process** was reviewed. The Mental Health Services Oversight and Accountability Commission (MHPAOC) devised a workgroup that discussed the planning processes to create an issue resolution process for MHPA specific grievances having to do with services, use of funds, and the CPP process.
- BHRM and the Office of Family and Consumer Affairs (OCFA) worked closely to develop the new MHPA IRP process.

Handouts: Steering Committee Application and Guidelines; MHPA Issue Resolution Process (IRP)

3. Upcoming Opportunities for Input

2:35 PM

Doris Estremera, MHPA Manager

- All Innovation (INN) projects will involve an extensive participatory evaluation process. The Steering Committee will be a venue for vetting next steps and decisions related to continuation of INN projects.
- WET Impact report used Survey to determine priorities, needs, gaps. Qualitative follow up with Lived Experience Academy members, cultural stipend interns, trainers and other stakeholders. A full evaluation report conducted by an independent contractor will be released soon.
- The three-year planning process will kick off in January and the steering committee and public input is important to learn the experiences of San Mateo's consumers of MHPA-funded services.

4. Annual Update Presentation

2:45 PM

Stephen Kaplan, BHRM Director

Program Outcomes: Community Services & Supports

- Community Services & Supports is the direct service for those with mental illness. A ten year picture showed the data from Full Service Partnerships, Outreach & Engagement, and System Development.
- The Outreach & Engagement reported outcomes changed in 2012/13 to count meaningful engagement vs. just the handing out of a flyer for example.
- FSP Outcomes showed hospitalizations improved by 100% for children and 29% for older adults. Psychiatric Emergency Services (PES) visits improved for all age groups from 93% for children to 42% for older adults. FSP outcomes continue to move in a positive outcomes achieving some improvement in areas of their lives.

Program Highlight: OASIS

Joicy Mean, OASIS Program Manager

- The Older Adult System of Integrated Service (OASIS) offers voluntary field-based services: psychiatric medication evaluation/monitoring, intensive case management, counseling/therapy, escort and transportation to medical appointments.

- If the client is eligible for service, a psychiatric and case manager will be assigned within a week or sooner depending on urgency.
- OASIS is part of MHSA Community Services and Support General Systems Development to increase BHRS capacity.

Program Outcomes: Prevention & Early Intervention

- MHSA guidelines mandate that at minimum 51% of PEI funds be spent on children and youth ages 0 to 25, and that interventions target individuals of all ages prior to the onset of mental illness, with the sole exception of programs focusing on early onset of psychotic disorders such as schizophrenia.

Innovation

- In FY14-15 Total Wellness completed its final year as an MHSA Innovation project. The Health Plan of San Mateo has continued the program and will fund the program with BHRS continuing to run the program.
- In FY14-15, positive health indications indicate a successful use of MHSA funds to integrate physical and mental health.
- New Innovation programs have been selected and briefs have been available to the public. The three innovative programs is the Health Ambassador Program – Youth, LGBTQ Coordinated Behavioral health Services Center, NMT for Adults.

Handouts: Innovation Briefs #1, #2, #3.

Housing

- One time MHSA allocation of \$6,762,000. Four housing developments have been partially funded with MHSA Housing funds with a total of 50 housing units dedicated for FSP participants.
- There was \$1,073,038 of unspent funds. AB1929 allowed the County to request the unspent funds back that were returned to the state to be used for MHSA services.

Program Highlight: PREP/BEAM

Bruce Adams, PREP/BEAM Program Manager

- Prevention and Recovery for Early Psychosis helps those with early onset of psychosis through assessment and treatment.
- PREP clients will be immersed in the program for two years, and sometimes the clients graduate early. The program is focused on managing symptoms to reach remission.
- Decreases in hospitalization and incarceration have been seen for graduates and increases in occupational and educational success.

Fiscal

Stephen Kaplan, BHRS Director

- The 10 year funding of MHSA funding fluctuates as the income of those taxed is funded. The state collects and distributes based on a formula for the counties.
- Projections are reported by the state to help counties plan for capacity funding. It is important not spend all of the MHSA funds to make sure that all existing programs funded will continue to receive support as the money fluctuates.
- “No Place Like Home” creates a 2 billion dollar bond that will be funded by MHSA funds to support homelessness in California. The state is going to allocate funds from the county MHSA funds to be added to this bond. Approximately 2 million dollar will be sent to the state and it will be a competitive RFP to receive the funding to build more housing for homeless.
- This is a funding consideration moving forward into the next three year plan as it may impact MHSA expansions.

Pat Way, MHSARC Chair

- *Unanimously approved to open the 30-day public comment period.*

6. Public Comment

Judith Schutzman, Family Member, MHSARC Commissioner

"I want to comment on the priorities that have already been set. I am very disappointed to see that the two priorities for older adults were not been met and were not even scheduled to be met. I know that at the last steering committee isolation and loneliness was an important issue for the majority of members of the steering committee and I was hoping we would get some funding for programs to relieve those issues and I don't see anything even on the horizon."

Handouts: Public Comment Form.

Written public comments submitted

7. Adjourn

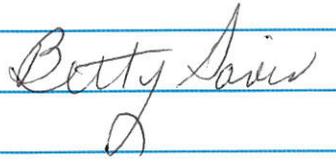
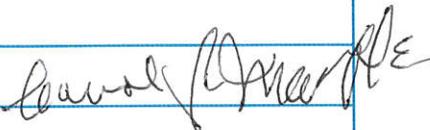
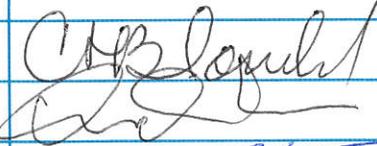
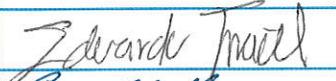
3:30PM

MARK YOUR CALENDARS!

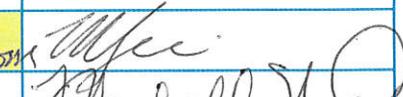
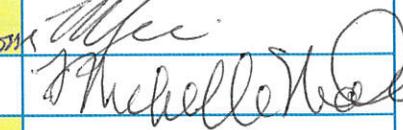
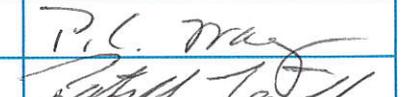
A Public Hearing to close the 30-day comment period for the 2016-2017 MHSA Annual Update will take place at the next Mental Health Substance Abuse and Recovery Commission meeting,

**MHSARC Meeting, Wednesday, January 4, 2017, 3-5pm
Health System Main Campus, Room 100,
225 37th Ave. San Mateo, CA 94403**

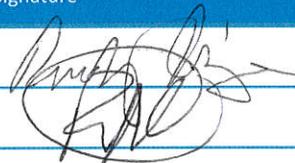
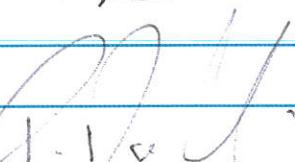
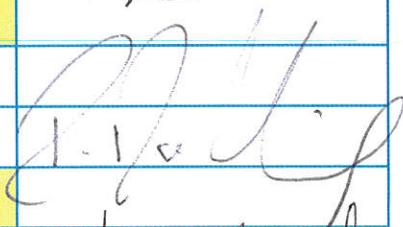
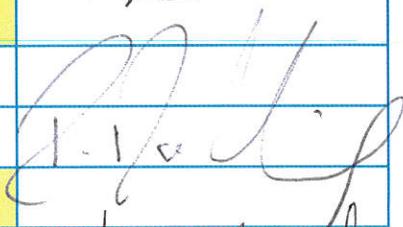
MHSA Steering Committee Sign-In
December 7th, 2016

| Stakeholder Group | Name(s) | Title (if applicable) | Organization (if applicable) | Email | Signature |
|--------------------------------|--------------------|--|---|--|---|
| | Agnes Tuipulotu | | | atuipulotu@pcrcweb.org | |
| Client/Consumer - Adults | Aisha Williams | | Lived Experience Academy | aishamwilliams92@gmail.com |  |
| Client/Consumer - Adults | Alan Cochran | | Lived Experience Academy | ak_cochran@yahoo.com | |
| | Athila Lambino | | | alambino@aars.org | |
| Public | Betty Savin* | MHSARC Commissioner ✕ | | bettysavin@yahoo.com |  |
| Other - Domestic Violence | Caitlin Billings | | Community Overcoming Relationship Abuse- CORA | caitlinb@corasupport.org | |
| Provider of MH/SU Svcs | Cardum Harmon | Executive Director | Heart & Soul, Inc. | cardumh@heartandsoulinc.org | |
| Client/Consumer - Older Adults | Carmen Lee | Program Director | Stamp Out Stigma | carmensos@aol.com | |
| Client/Consumer - SA | Carol Marble* | MHSARC Commissioner ✕ | | carolmarb@aol.com |  |
| Public | Cherry Leung* | MHSARC Commissioner ✕ | | cherry.leung@ucsf.edu | |
| Provider of MH/SU Svcs | Clarise Blanchard | Director of Substance Abuse and Co-occurring Disorders | Star Vista and BHRS Contractors Association | cblanchard@star-vista.org |  |
| Disabilities | David DeNola | | Center for Independence | davidd@cidsanmateo.org |  |
| San Mateo County District 1 | David Pine* | Supervisor, District 1 | Board of Supervisors | DPine@smcgov.org |  |
| Family Member | Dorothy Christian* | MHSARC Commissioner ✕ | | Dchristian28@yahoo.com | |
| Health Care | Dr. Dan Becker | Medical Director | Mills Peninsula Health Svcs | beckerdf@sutterhealth.org | |
| Client/Consumer and Veterans | Edmund Bridges* | MHSARC Commissioner ✕ | | edmund.bridges@vfrsolutions.org | |
| Client/Consumer - SA | Eduardo Tirado* | MHSARC Commissioner ✕ | Voices of Recovery | etirado@vorsmc.org |  |
| Law Enforcement | Eric Wollman* | MHSARC Commissioner ✕ | Burlingame Police | mmortz@burlingamepolice.org |  |
| Provider of MH/SU Svcs | Gloria Gutierrez | MH Counselor | BHRS | GGutierrez@smcgov.org |  |
| | Hector Moncada | | | HMoncada@smcgov.org | |
| Client/Consumer - Adults | Jairo Wilches | Liaison and BHRS Wellness Champion | BHRS, Office of Family and Consumer Affairs | jwilches@smcgov.org | |

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| Stakeholder Group | Name(s) | Title (if applicable) | Organization (if applicable) | Email | Signature |
|----------------------------------|---------------------|---------------------------------|---|--|---|
| Cultural Competence & Diversity | Jei Africa | Director | Office of Diversity and Equity | jafrica@smcgov.org | |
| Education | Joan Rosas | Associate Superintendent | SMC Office of Education | jrosas@smcoe.org | |
| Provider of MH/SU Svcs | Joann Watkins | Clinical Director | Puente de la Costa Sur | jwatkins@mypuente.org | |
| Public | Josephine Thompson* | MHSARC Commissioner ✖ | | |  |
| Family Member | Judith Schutzman* | MHSARC Commissioner ✖ | | judyschutzman@aol.com |  |
| Family Member | Juliana Fuerbringer | | California Clubhouse | julianafuer@gmail.com |  |
| | Juliet Vimahi | | | jvimahi@pcrcweb.org | |
| Client/Consumer - SA | Louise Orellana* | MHSARC Commissioner ✖ | Voices of Recovery | lorellana@vorsmc.org |  |
| Provider of Social Services | Lynn Schuette | | Community Overcoming Relationship Abuse- CORA | lynns@corasupport.org | |
| Disabilities Community | Maisoon Sahouria | | Center for Independence | maisoons@cidsanmateo.org | |
| Provider of Social Services | Mary Bier | | North County Outreach Collaborative | marykbier@gmail.com | |
| | Melinda Parker | | | maparker@smcgov.org |  |
| Provider of MH/SU Svcs | Melissa Platte | Executive Director | Mental Health Association | melissap@mhasmc.org | |
| Client/Consumer - Adults | Michael S. Horgan | Program Coordinator | Heart & Soul, Inc. | michaelhorgan@me.com | |
| Client/Consumer - Adults | Michael Lim | | | mlim@peumail.com <i>mhl-lim@outlook.com</i> |  |
| Other - Aging and Adult Services | Michelle Makino | Program Services Manager | SMC Health System, Aging & Adult Services | mmakino@smcgov.org |  |
| Family Member | Patricia Urbina | | | p2000urb@aol.com | |
| Family Member | Patricia Way* | MHSARC Commissioner ✖ | MHSARC | patcway@hotmail.com |  |
| Client/Consumer - Adults | Patrick Field | | | Patrickfield91@yahoo.com |  |
| Client/Consumer | Patrisha Ragins* | MHSARC Commissioner ✖ | | patrisharagins@yahoo.com |  |
| Other - Advocate | Randall Fox | Health, Law and Policy Advocate | Former MHSARC Chairman | randallfox@sbcglobal.net |  |

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|-----------------------------|-----------------------------|---|---|--|---|
| San Mateo County District 1 | Randy Torrijos | Staff to David Pine | Board of Supervisors | RTorrijos@smcgov.org |  |
| Other - Peer Support | Ray Mills | Executive Director | Voices of Recovery | raymills71@gmail.com |  |
| East Palo Alto Community | Rev. William Chester McCall | | Multicultural Counseling & Educational Services of the Bay Area | chester.wellness@gmail.com | |
| Client/Consumer | Rocio Cornejo* | MHSARC Commissioner  | | rocio.cornejo9@yahoo.com |  |
| Client/Consumer -Adults | Rodney Roddewig* | MHSARC Commissioner  | MHSARC | rrodney2k6@gmail.com |  |
| | Shanna 'Uhila | | East Palo Alto Behavioral Health Advisory Group | write2shanna@gmail.com | |
| Provider of Social Services | Sheri Broussard | | HIP Housing | sbroussard@hiphousing.org |  |
| | Tiffany Hautau | | East Palo Alto Behavioral Health Advisory Group | tiffanyhautau@yahoo.com | |
| Disabilities | Vincent Merola | Systems Change | Center for Independence | vincentm@cidsanmateo.org | |
| Client/Consumer | Wanda Thompson* | MHSARC Commissioner  | | w.thompson1967@yahoo.com | |

| Stakeholder Group | Name(s) | Title (if applicable) | Organization (if applicable) | Email | Signature |
|--|------------------|--|------------------------------|-------------------------------|-----------|
| Consumer/Family | Laura Moore | L.E.A. | | lauralynn2015@comcast.net | |
| BHRS / Family member | Sonia Mays | A.S.W / Psychiatric Social Worker I | BHRS | semays@smc.gov.org | |
| VORSMC | Sharon Heath | Program Director | VORSMC | sheath@vorsmc.org | |
| | PATRICK McERLAIN | | | PATPRINTSIT@COMCAST.NET | |
| VORSMC | Julio Garcia | | VORSMC | kgarcia@vorsmc.org | |
| BHRS ODE | maile | | | c-mle@smc.gov.org | |
| BHRS ODE | Nancy Chen | Program Director | BHRS | nchen@smc.gov.org | |
| ODE | Siavash Zohoori | Specialist | ODE BHRS | szohoori@smc.gov | |
| Public | Maria Lopez | | Mental Health | nenitarwce@yahoo.com | |
| BHRS Contractor | KARA TULUA | Special Projects Consultant | One East Palo Alto | ktulua@1epa.org | |
| BHRS STAFF | LEE HARRISON | Sr. Comm Worker | BHRS | LEHARRISON@SMC.GOV.ORG | |
| BHRS | Tennille Tucker | Supervisor | BHRS | TTucker@smc.gov.org | |
| Public | Tonya Estores | | | Tonya.ejej@gmail.com | |
| BHRS / OCFA | Jairo Wilches | Consumer Liaison | BHRS / OCFA | m file | |
| BHRS ^{Mental Health} _{SPM} | Calvin Shekton | | Heart + Soul / WAM | calvinshekton2008@comcast.net | |

Liaison, Com on Disability
PROVIDER

Robert Hall
ADRIANA FURUZAWA

Consumer
DIVISION DIRECTOR

Commission on Disability
PREP/BEAM

rghall4@comcast.net
AFURUZAWA@FULTON.ORG

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|----------------------|--------------------|-------------------------|------------------------------|-----------------------------|-----------|
| VORSMC | Beth Avinga | Supervisor | VORSMC | bavinga@vorsmc.org | |
| Cecilia Jane Robert | Cecilia J. Roberts | | | ceciliajane4928@yahoo.com | |
| VORSMC | Jan Allen | Peer Recovery Coach | VORSMC | jallen@vorsmc.org | |
| VORSMC.org | Bruce Coates | Recovery Coach | VORSMC | bcoates@vorsmc.org | |
| BHRS ODE | Frances Lobos | Program Coordinator | BHRS ODE | flobos@smcgov.org | |
| BHRS ODE | Shiyu Zhang | Outreach worker | BHRS ODE | GSzhang@smcgov.org | |
| PCRC | Seini Mateialona | Mgr. Mediation Prog. | PCRC/PI Init. | smateialona@pcrcweb.org | |
| | Tuliet Vimahi | comm. facilitator | PCRC/PI Init. | tvimahi@pcrcweb.org | |
| | Edwin Uaka | | | | |
| | Perbey Pandac | mental health therapist | FFYC | perbey.pandac@fredfinch.org | |
| | Martin Aaron | | Public | 650 365-1741 | |
| | Eugene Canotal | Social worker | North County BHRS | ecanotal@smcgov.org | |
| BHRS ^{AACT} | Talisha By | Co-Chair | BHRS | | |
| BHRS | Edith Cabung | | | | |