



**San Mateo County Health System
Behavioral Health and Recovery Services Division**



Mental Health Services Act (MHSA) Steering Committee

February 6th, 2018 / 1pm- 3pm

San Mateo County Health System, Room 100. 225 37th Ave, San Mateo, CA 94403

MINUTES

Attendees

MHSA Steering Committee Members: Adriana Furuzawa, Bill Nash*, Dorothy Christian*, David Pine*, Juliana Fuerbringer, Kate Pfaff*, Melissa Platte, Michelle Makino, Patricia Way*, Patrisha Ragins*, Randy Torrijos

*MHSARC commissioners

General Public

Amor A. Chang, Craig McCulloh, Helene Zimmerman, Lindsey Joyner, Peter Ehrhm

Staff Support

David Young, Doris Estremera, Kristie Lui

1. Welcome & Introductions

2. MHSA Background & Program Updates

- Background - the MHSA Manager reviewed the MHSA legislation and its components. Annual San Mateo County revenue was reviewed and allocation explained. The MHSA Three Year Plan stakeholder priorities were reviewed including considerations for expansions; dependent on whether allocations meet the revenue growth expectations; Prevention and Early Intervention (PEI) requirement to meet 51% funding for 0-25 population will be prioritized; Workforce Education and Training (WET) sustainability will be prioritized; and rollover stakeholder priorities from previous planning processes will be prioritized. Program expansion builds on previous 3-year planning process.
- Workforce Education and Training - Erica Britton, WET Coordinator presented; WET 10-year funding allocation, which is ending this Fiscal Year 2017-18; WET components and advisory bodies; and the results of the 10-year WET Impact report, which included a vision for WET and recommendations based on a comprehensive stakeholder input process. A \$500,000 sustainability budget was presented with four services areas: 1) workforce staffing and support (\$260,000); 2) trainings for system transformation (\$100,000); trainings for/by consumers and family members (\$60,000); behavioral health career programs (\$80,000).

3. New Innovation Funding Cycle (Input)

Handout: MHSA INN Component Summary of Guidelines.

- Background – the MHSA Manager reviewed Innovation (INN) component information and requirements and provided a one-pager summary.
- Assembly Bill 114 Reversion Funds and on Technology Innovation – the MHSA manager reviewed AB 114 opportunity and proposed a focus on technology innovations given that technology interventions were prioritized and pursued (unsuccessfully) as part of the 2014-17 MHSA community program planning process and a comprehensive and formal Innovation project development process. During the 2014-17 MHSA Three-Year planning process stakeholders technology-based interventions for youth and isolated/hard-to-reach adults and older adults was one of five priority areas for Innovation funding. A formal Letter of Interest process resulted in five project proposals that would be pursued for approval including a client lifestyle app utilizing passive smartphone passive data for older adults and medication assistance treatment clients. We identified potential vendors based on already developed apps. Due to capacity and challenges with the technology vendor’s ability to pilot their apps with more acute clients, we did not pursue MHSOAC approval for the projects.
 - Questions:
 - Are the current innovations (i.e. the Pride Center) being funded strictly from SMC revenue? *Yes*
 - Where does all the funding go? Where are the gaps? *The MHSA manager reviewed the San Mateo County innovation project timeline and approval process to depict what led to San Mateo County’s \$2.8 million innovation dollars subject to reversion. The new legislation will start the reversion clock after a project is approved by the State. This is critical along with the development of a consistent 3-year cycle of stakeholder involved planning and development of INN proposals and approval process. In San Mateo County there was a 1.5 year transition in the MHSA coordinator role, which meant no INN planning was occurring and the three reversion clock was ticking for Fiscal Year 2013-14 dollars. Additionally, innovation projects typically have intensive startup which leads to about a 1-year lag in expending of funds.*
 - If you give a plan and the State doesn’t approve it, are we allowed to adjust it? *Yes, and the plan will need to go through the local approval steps... MHSA Steering Committee input > Mental Health and Substance Abuse and Recovery Commission opening of 30-day public comment > Board of Supervisor approval.*
 - It doesn’t seem responsible to have a good program and not continue it. Not good continuation of care. Do we find our own funding? *The request for proposal process and contract negotiations includes the stipulation that agencies must include sustainability planning as part of their deliverables. Successful INN projects can be transitioned or successful elements of the project, if funding is available to another MHSA category. This would be initiated through a stakeholder engagement process and local approval process as described above.*
- New INN Funding Cycle –a new planning phase for INN was launched at the meeting. The focus was kept on technology innovations to potentially inform the AB 114 opportunity San Mateo County will be pursuing through the statewide

collaborative. A broader and community-wide innovation planning cycle will ensue in the new fiscal year. Priority communities and needs were shared based on the recent 2017-2020 MHSA Three Year planning process.

- Isolated/hard-to-reach adults and older adults
- Support youth treatment and crisis
- Housing support services
- Additional high priority needs identified in recent Three-year Plan process; transportation and culturally relevant services (a value across all innovation)

Participants were asked to select to topics from the above list and brainstorm the following questions 1) is there any strategy, program or enhancement to an existing program that you recommend we explore further?; 2) what are important things to consider for successful implementation?

○ Report Out - All

- General thoughts
 - More outreach to utilize training at senior centers
 - Turn senior centers into community centers to remove stigma
 - Target isolated adults to get them to go out more (i.e. 7 cups of tea)
 - Adults and older adult – more diversity in language
- Housing
 - Easier system to show listing of all houses available
 - Coordinate care system- make sure we're not overlapping with anything else
 - Free WIFI because there are now good apps for behavioral health
- Youth
 - Youth in crisis
 - Virtual attendance robots for kids to attend while in psych ward
 - Safe Place Now app
 - Show places that are safe spaces for youths in the community if they don't want to go school but don't want to shoot up
 - Technology tool to allow students to leave school without stigma
 - If room for greater discussion- find info from youth if ever a platform for that; think we should really consider that
- Transportation
 - Real time needs of consumers of BHRS programs
 - Difficult to get around sometimes
 - Sometimes family doesn't want to be seen where they live
 - Using existing mainstream resources i.e. lyft, uber
 - Medical pays for transportation to medical appointments - lyft

Next step: The MHSA Manager will be undertaking a comprehensive stakeholder input process for the AB 114 Reversion Plan, that will include reaching out to clients, family members, youth, older adults and monolingual Spanish/Chinese communities.

4. Administrative Updates

- The MHSA planner support position and the Office of Diversity and Equity Director (ODE) position are both currently vacant. An Extra Help planner will be brought on board to support MHSA. The MHSA Manager will take on the ODE Director role in the interim.

- The MHSA Steering Committee has not brought on new members and needs reassess current commitments to the committee. This will be a project taken on by both the MHSA manager and the planner support role in the new fiscal year.

5. Announcements and Public Comment

- The MHSA manager announced that the annual Outreach Collaborative report has been finalized and posted on the MHSA website. A new Request for Proposal that incorporates the findings will be released in the following months. Additionally, the first year Evaluation Reports for MHSA INN projects has been completed and posted on the MHSA website.
- NAMI looking for 2 family partners; preferable bilingual (English and Spanish or English and Chinese), as part of HOPE Program

6. Adjourn

MARK YOUR CALENDARS!

A Public Hearing to close the 30-day comment period for the 2016-2017 MHSA Annual Update will take place at the next Mental Health Substance Abuse and Recovery Commission meeting,

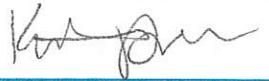
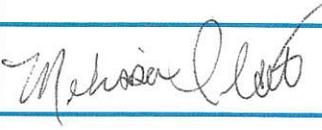
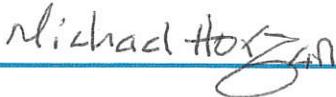
**MHSARC Meeting, Wednesday, January 4, 2017, 3-5pm
Health System Main Campus, Room 100,
225 37th Ave. San Mateo, CA 94403**

San Mateo County Behavioral Health and Recovery Services Sign-In Sheet

MHSA Steering Committee

DATE: February 16th, 2018

TIME: 1pm- 3:30pm

Stakeholder Group	Name	Signature	Title (If applicable)	Organization (If Applicable)	Email
Client/Consumer - Pathways	Jose Solano				jscompany22@gmail.com
Public	Josephine Thompson*		MHSARC Commissioner		
Family Member	Judith Schutzman*		MHSARC Commissioner		judyschutzman@aol.com
Family Member	Juliana Fuerbringer			California Clubhouse	julianafuer@gmail.com
Client	Kate Pfaff		MHSARC Commissioner		kate@redwoodgirl.com
Public	Leticia Bido				
Client/Consumer - SA	Louise Orellana*		MHSARC Commissioner	Voices of Recovery	lorellana@vorsmc.org
Provider of Social Services	Lynn Schuette			Community Overcoming Relationship Abuse- CORA	Lynns@corasupport.org
Provider of Social Services	Mary Bier			North County Outreach Collaborative	marykbier@gmail.com
Provider of MH/SU Svcs	Melissa Platte		Executive Director	Mental Health Association	melissap@hasmc.org
Client/Consumer - Adults	Michael Lim				mhl-lim@outlook.com
Client/Consumer - Adults	Michael S. Horgan		Program Coordinator	Heart & Soul, Inc.	michaelhorgan@me.com

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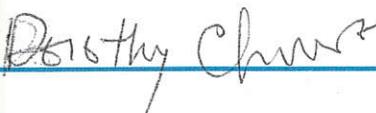
Stakeholder Group	Name	Signature	Title (If applicable)	Organization (If Applicable)	Email
Provider of MH/SU Svcs	Adriana Furuzawa		Division Director	Felton Institute - PREP	afuruzawa@felton.org
Client/Consumer	Aisha Williams			Lived Experience Academy	aishamwilliams92@gmail.com
Client/Consumer	Alan Cochran			Lived Experience Academy	ak_cochran@yahoo.com
Public	Betty Savin*		MHSARC Commissioner		bettysavin@yahoo.com
Other - Domestic Violence	Caitlin Billings			Community Overcoming Relationship Abuse - CORA	caitlinb@corasupport.org
Provider of MH/SU Svcs	Cardum Harmon		Executive Director	Heart & Soul, Inc.	cardumh@heartandsoulinc.org
Client/Consumer – Older Adult	Carmen Lee		Program Director	Stamp Out Stigma	carmensos@aol.com
Client/Consumer - SA	Carol Marble*		MHSARC Commissioner		carolmarb@aol.com
Member	Catherine Koss				catekoss@gmail.com
Public	Cherry Leung*		MHSARC Commissioner		cherry.leung@ucsf.edu
Provider of MH/SU Svcs	Clarise Blanchard		Director of Substance Abuse and Co-occurring Disorders	Star Vista and BHRS Contractors Association	cblanchard@star-vista.org
Disabilities	David DeNola			Center for Independence	davidd@cidsanmateo.org 

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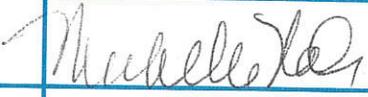
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Stakeholder Group	Name	Signature	Title (If applicable)	Organization (If Applicable)	Email
San Mateo County District 1	David Pine*		Supervisor, District 1	Board of Supervisors	DPine@smcgov.org
Member	Donald Mattei				Donald.mattei@gmail.com
Family Member	Dorothy Christian*		MHSARC Commissioner		Dchristian28@yahoo.com
Health Care	Dr. Dan Becker		Medical Director	Mills Peninsula Health Svcs	beckerdf@sutterhealth.org
Client/Consumer - SA	Eduardo Tirado*		MHSARC Commissioner	Voices of Recovery	etirado@vorsmc.org
Law Enforcement	Eric Wollman*		MHSARC Commissioner	Burlingame Police	mmortz@burlingamepolice.org
Provider of MH/SU Svcs	Gloria Gutierrez		MH Counselor	BHRS	GGutierrez@smcgov.org
Member	Isabel Uibel				Isabel.c.uibel@kp.org
Client/Consumer - Adults	Jairo Wilches		Liaison and BHRS Wellness Champion	BHRS, Office of Family and Consumer Affairs	jwilches@smcgov.org
Cultural Competence & Diversity	Jei Africa		Director	Office of Diversity & Equity	jafrica@smcgov.org
Education	Jenee Littrell		Administrator	San Mateo County Office of Education, Safe and Supportive Schools	jlittrell@smcoe.org
Provider of MH/SU Svcs	Joann Watkins		Clinical Director	Puente de la Costa Sur	watkins3121@gmail.com

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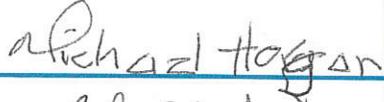
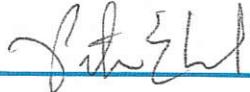
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Stakeholder Group	Name	Signature	Title (If applicable)	Organization (If Applicable)	Email
Other - Aging and Adult Services	Michelle Makino		Program Services Manager	SMC Health System, Aging & Adult Services	mmakino@smcgov.org
Family Member	Patricia Way*		MHSARC Commissioner	MHSARC	patcway@hotmail.com
Client/Consumer - Adults	Patrick Field				pfield3311@gmail.com
Client/Consumer	Patrisha Ragins*		MHSARC Commissioner		patrisharagins@yahoo.com
Other - Advocate	Randall Fox		Health, Law and Policy Advocate	Former MHSARC Chairman	randallfox@sbcglobal.net
San Mateo County District 1	Randy Torrijos*		Staff to David Pine	Board of Supervisors	Rtorrijos@smcgov.org
Other - Peer Support	Ray Mills		Executive Director	Voices of Recovery	raymills71@gmail.com
East Palo Alto Community	Rev. William Chester McCall			Multicultural Counselling & Educational Services of the Bay Area	chester.wellness@gmail.com
Client/Consumer	Rocio Cornejo*		MHSARC Commissioner		rocio.cornejo9@yahoo.com
Client/Consumer - Adults	Rodney Roddewig*		MHSARC Commissioner	MHSARC	rrodney2k6@gmail.com
Member	Sheila Brar				Sheila.nathan@gmail.com
Provider of Social Services	Sheri Broussard			HIP Housing	sbroussard@hiphousing.org

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Disabilities	Vincent Merola		Systems Change	Center for Independence	vincentm@cidsanmateo.org
Client/Consumer	Wanda Thompson*		MHSARC Commissioner		w.thompson1967@yahoo.com
Member	Yoko Ng				
	Michael Horgan		Prog. Coordinator Heart-Soul		michaelhorgan@mc.com
	Peter Ehrhorn		Director	StarVista	peter.ehrhorn@star-vista.org
	Patusha Ragins		Commission	FHD /	pragins@smc.gov.org
	Craig McCulloch		staff to COD AAS/COD	AAS/COD	cmcculloch@smc.gov.org
	Amor A. Chang				amamore55@yahoo.com
	Bill Wask		Commission		
	Francine Scrutin Dicks		Exec Dir	Hospital Consortium	fschickson@hospitalconsort.org
	Herlene Zappavigna		ED	NAMS SMC	

