



**SAN MATEO COUNTY HEALTH**

**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



## **Mental Health Services Act (MHSA) Steering Committee**

Monday, April 22, 2019 / 3:00 - 4:30 PM

County Health Campus, Room 100, 225 37<sup>th</sup> Ave. San Mateo, CA 94403

### **MEETING MINUTES**

#### **1. Welcome & New Member Introductions**

3:05 PM

*Supervisor Dave Pine*

*Doris Estremera, MHSA Manager*

- *New Members*

- Chris Kernes- Healthright 360
- Michael Krechevsky- Family Support Specialist
- Stephanie Morales- Peer Support Worker with OASIS
- Helene Zimmerman- Executive Director for NAMI

#### **2. MHSA Background & Updates**

3:10 PM

- Orientations will happen at the beginning of all the steering committee meetings, one hour before
- Proposition 63 passed in 2004 by California it is a 1% tax on income over 1 million dollars
- 76% of the funding – 27 million goes towards Community Services and Supports this is direct treatment
- 19% is Prevention and Early Intervention- Interventions prior to the onset of mental illness this includes Office of Diversity and Equity
- 5% is for Innovation- Trying something that has never been done before, state has full oversight over this category
- Update:
  - i. Innovation- 3 to 5 year programs
  - ii. Just launched a new cycle of funding in January
  - iii. Individuals were able to submit ideas and had to meet the needs prioritized by the steering committee
  - iv. 37 ideas came through, they were reviewed across requirements and 20 were reviewed by a smaller committee
  - v. We are moving forward with 5 ideas
  - vi. In your packet you have the ideas and the next step are the full proposal and they will be presented to the steering committee and we will open the 30 day public comment

### 3. Health Ambassador Program for Youth

3:20 PM

*Islam Hassanein, Program Manager, StarVista*

- Innovative project that is funded under MHSA and implemented by StarVista
- Purpose: Increase access to mental health services in vulnerable populations specifically for Transitional Age Youth
  - First of its kind to have a youth led initiative where youth increase awareness, reduce stigma and increase access to services across the county
- 14 week over 50 hour program that trains youth on various topics including
  - QPR
  - 10 week NAMI Family to Family Course
  - 8 Week Wellness Recovery Action Plan for youth
  - Training for learning about stigma and how to destigmatize mental health
  - Trained on how to talk to the community about Mental Health
- Since inception of HAP-Y have gone through 5 cohorts, and are currently on the 6<sup>th</sup> cohort which is set to finish this week
  - Meet about 4 hours per week
  - Increasing youth access to mental health services
- Rotate the training in different geographical locations throughout San Mateo
  - Have hosted training: Redwood City, South San Francisco, San Mateo, Halfmoon Bay, East Palo Alto
  - Youth are ambassadors and they engage in presentation in the community on mental health and have served on panels, tabled at outreach events
- Impact
  - 67 youth have participated in the HAP-Y program
  - 85% are youth of color
  - Over 100 presentation about mental health and served 2400 people
- Shared a video about Carolina a participant in the HAP-Y program
- Youth presenters from HAP-Y
- Questions:
  - How many graduates?
    - 64 graduates
  - Age range to participate as an ambassador and what are the requirements?
    - 16 to 24
    - Live and or go to school in San Mateo County
  - How are youth recruited?
    - Outreach is done by Brenda Nunez and we talk flyer for HAP Y at many organizations across the county
  - How can we schedule presentations?
    - Email Islam
  - What happens when someone graduates, do they age out?
    - If you are 24 you can be a part of the program
  - Innovation projects were 3 year programs and were expected to end this fiscal year, not asking for more dollars, just want to spend the unspent dollars
    - Received 250,000 per year but had a late start
  - **Action Item:** Motion to Approve One-Year No-Cost Extension
- NMT is also asking for a one year no cost extension

- Make a motion to approve a one year no cost extension of the MHSa innovation projects NMT and HAP-Y
  - Melinda made the motion
  - Rodney second the motion
  - No opposed
  - Motion passes

- Official 30 day public comment will open on May 1<sup>st</sup> at MHSARC
  - Public comment forms in the back, can also email them

#### **4. Budget and Plan to Spend One-Time Revenue**

3:40 PM

- *Scott Gruendl, BHRS Assistant Director*
- Anticipate some significant revenue impacts associated with federal revenue either flat or declining
  - Also, decline in the general fund because of an anticipated economic downturn
- 2.5% reduction, we are working on reductions higher than that
- MHSa is a volatile tax revenue source, and state has predicted a decline in the next couple of years
- One time spending- accumulated dollars that are unspent and there is reversion for certain categories and can be taken from us and go back to the state and can be reallocated
  - Want to use MHSa funding to assist with budget issues, but only where it is compliant with the act
- Continuously appropriate out of the same fund where dollars are deposited
  - Amend 3 year plan to add a reserve of 50%
- Prudent reserve- difficult reserves to work with, the state has the authority on when you can take it out, state has to provide approval
  - Local reserve of 50% of highest annual revenue
  - 16.5 million for the local reserve so leaves 12.5 of one time funding
  - One time dollars and we need to decrease the amount to avoid reversion
- Priorities for spending plan- system improvements for MHSa, technology, capital facilities, WET and stop-gap for budget reduction
  - System improvements
  - Full service Partnerships
    - Hiring consultants to look at our vendors and the disparity of costs so that there is more equity between contractors
- Help with data collection and analysis
  - Some vendors can provide data, some have a more difficult time, it is difficult to put together all the data we can do some analysis on
  - Pat vote to motion to amend the MHSa three year plan to include a plan to spend to approve a plan to spend
  - Judy seconds it

**Action Item:** Motion to Approve Plan to Spend

#### **5. Announcements/Public Comments**

4:15 PM

- Pride Center 2-year extension approved
- Year Two INN Evaluation Reports now available

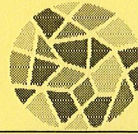
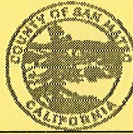
**Mental Health and Substance Abuse Recovery Commission (MHSARC)**

Opening of a 30-day public comment period for one year no-cost extension of innovation projects and plan to spend one-time revenue:

May 1, 2019 from 3:30-5pm.

County Health Campus, Room 100, 225 37th Ave. San Mateo





SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



WELLNESS • RECOVERY • RESILIENCE

## Mental Health Services Act (MHSA)

### Public Comment Form

#### Personal information (OPTIONAL)

Name: Fennel Schubert Agency/Organization: HAP-Y  
Phone Number: 650-228-3988 Email address: Fennel.T.Schubert@gmail.com  
Mailing address: 1105 Grove Ave, Burlingame

#### Stakeholder group you identify with:

☐ Behavioral Health Client/Consumer ☐ Family Member ☒ Community Member  
☐ Youth/Transition Age Youth ☐ Older Adult  
☐ Law Enforcement/Criminal Justice ☐ Social Service Provider ☐ Education/Schools  
☐ Behavioral Health Service Provider ☐ Other (specify) \_\_\_\_\_

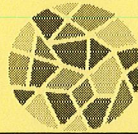
#### Your comments here (please use as many pages as you need):

Members of the Steering Committee, my name is Fennel Schubert, HAP-Y program. I am in favor of the extension of the HAP-Y program beyond its innovative stage.

Please turn over →

You may also send your comments via email to Doris Estremera, San Mateo County MHSA Manager  
[destremera@smcgov.org](mailto:destremera@smcgov.org), phone call 650.573.2889 or mail Attn: MHSA 310 Harbor Blvd. Bldg E Belmont, CA 94002





**SAN MATEO COUNTY HEALTH  
BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



WELLNESS • PREVENTION • PROTECTION

**Mental Health Services Act (MHSA)**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Darcy Frost Agency/Organization: HAP-Y @ Star Vista  
Phone Number: 650-218-4149 Email address: darcy.frost@gmail.com  
Mailing address: 2 Binnacle Lane

**Stakeholder group you identify with:**

☐ Behavioral Health Client/Consumer ☐ Family Member ☐ Community Member  
☒ Youth/Transition Age Youth ☐ Older Adult  
☐ Law Enforcement/Criminal Justice ☐ Social Service Provider ☐ Education/Schools  
☐ Behavioral Health Service Provider Other (specify) \_\_\_\_\_

**Your comments here (please use as many pages as you need):**

I'm here to show my support for HAP-Y + talk about why it should continue to receive funding.

**Please turn over →**

You may also send your comments via email to Doris Estremera, San Mateo County MHSA Manager  
[destremera@smcgov.org](mailto:destremera@smcgov.org), phone call 650.573.2889 or mail Attn: MHSA 310 Harbor Blvd. Bldg E Belmont, CA 94002





SAN MATEO COUNTY HEALTH

BEHAVIORAL HEALTH  
& RECOVERY SERVICES



## Mental Health Services Act (MHSA)

### Public Comment Form

#### Personal information (OPTIONAL)

Name: Florence Ye Agency/Organization: Star Vista  
Phone Number: 415-760-5230 Email address: florenceye2020@gmail.com  
Mailing address: 1732 Washington Street, San Mateo, CA 94403

#### Stakeholder group you identify with:

☐ Behavioral Health Client/Consumer ☐ Family Member ☐ Community Member  
☒ Youth/Transition Age Youth ☐ Older Adult  
☐ Law Enforcement/Criminal Justice ☐ Social Service Provider ☐ Education/Schools  
☐ Behavioral Health Service Provider Other (specify) \_\_\_\_\_

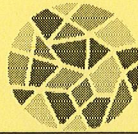
#### Your comments here (please use as many pages as you need):

Advocate for HAP-Y

Please turn over →

You may also send your comments via email to Doris Estremera, San Mateo County MHSA Manager  
[destremera@smcgov.org](mailto:destremera@smcgov.org), phone call 650.573.2889 or mail Attn: MHSA 310 Harbor Blvd. Bldg E Belmont, CA 94002





SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



WELLNESS • NUTRITION • PREVENTION

## Mental Health Services Act (MHSA)

### Public Comment Form

#### Personal information (OPTIONAL)

Name: Vivian Valdez Agency/Organization: HAPY  
Phone Number: (650) 276-6197 Email address: vivianvaldez2002@gmail.com  
Mailing address: 3633 Colegrove St San Mateo

#### Stakeholder group you identify with:

☐ Behavioral Health Client/Consumer ☐ Family Member ☐ Community Member  
☒ Youth/Transition Age Youth ☐ Older Adult  
☐ Law Enforcement/Criminal Justice ☐ Social Service Provider ☐ Education/Schools  
☐ Behavioral Health Service Provider Other (specify) \_\_\_\_\_

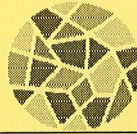
#### Your comments here (please use as many pages as you need):

To come support and continue  
the program. To continue to collect funds  
for HAPY.

Please turn over →

You may also send your comments via email to Doris Estremera, San Mateo County MHSA Manager  
[destremera@smcgov.org](mailto:destremera@smcgov.org), phone call 650.573.2889 or mail Attn: MHSA 310 Harbor Blvd. Bldg E Belmont, CA 94002





SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



WELLBEING • EMPOWERMENT • PROGRESS

## Mental Health Services Act (MHSA)

### Public Comment Form

#### Personal information (OPTIONAL)

Name: Lisa Putkey Agency/Organization: San Mateo County Pride Center  
Phone Number: 650-554-1234 Email address: lisa.putkey@sanmateopride.org  
Mailing address: 1021 S. El Camino Real, San Mateo, CA 94402

#### Stakeholder group you identify with:

☒ Behavioral Health Client/Consumer ☒ Family Member ☒ Community Member  
☐ Youth/Transition Age Youth ☐ Older Adult  
☐ Law Enforcement/Criminal Justice ☐ Social Service Provider ☐ Education/Schools  
☒ Behavioral Health Service Provider Other (specify) \_\_\_\_\_

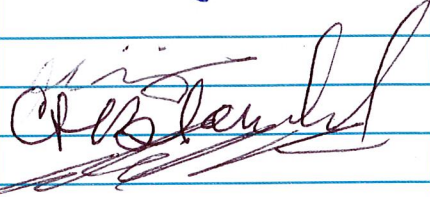
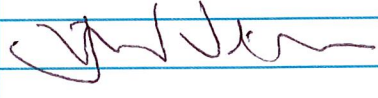
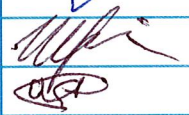
#### Your comments here (please use as many pages as you need):

I fully support the extension of the Health Ambassadors for Youth Program! I have seen firsthand the powerful impact the program has had in the lives of local youth. As someone who has worked with youth in educator and organizing roles, I can attest to the importance of youth as peer leaders. Youth listen to other youth because they can better relate to each other, speak the same language, and share similar lived experiences. This program is groundbreaking in breaking stigma around mental health and connecting youth to resources for support and healing.

Please turn over →

You may also send your comments via email to Doris Estremera, San Mateo County MHSA Manager  
[destremera@smcgov.org](mailto:destremera@smcgov.org), phone call 650.573.2889 or mail Attn: MHSA 310 Harbor Blvd. Bldg E Belmont, CA 94002



Stakeholder Group	Name(s)	Affiliations (Board Member or Employee)	Title (if applicable)	Email	Signature
Provider of MH/SU Svcs	Adriana Furuzawa	SMC Health System, Aging & Adult Services	Program Services Manager	<a href="mailto:asawamura@smcgov.org">asawamura@smcgov.org</a>	
Other-Aging and Adult Services	Anna Sawamura	SMC Health System, Aging & Adult Services	Program Services Manager	<a href="mailto:asawamura@smcgov.org">asawamura@smcgov.org</a>	
Public	Betty Savin		MHSARC Commissioner	<a href="mailto:bettrysavin@yahoo.com">bettrysavin@yahoo.com</a>	
Family Member	Bill Nash		MHSARC Commissioner	<a href="mailto:Bill.nash@kla-tencor.com">Bill.nash@kla-tencor.com</a>	
Provider of MH/SU Svcs	Cardum Harmon	Heart & Soul, Inc.	Executive Director	<a href="mailto:cardumh@heartandsoulinc.org">cardumh@heartandsoulinc.org</a>	
Client/Consumer- SA	Carol Marble		MHSARC Commissioner	<a href="mailto:carolmarb@aol.com">carolmarb@aol.com</a>	
Member	Catherine Koss		MHSARC Commissioner	<a href="mailto:catekoss@gmail.com">catekoss@gmail.com</a>	
Public	Cherry Leung		MHSARC Commissioner	<a href="mailto:cherry.leung@ucsf.edu">cherry.leung@ucsf.edu</a>	
Provider of MH/SU Svcs	Chris Kernes	Health Right 360		<a href="mailto:ckernes@healthright360.org">ckernes@healthright360.org</a>	
Provider of MH/SU Svcs	Clarise Blanchard	Star Vista and BHRS Contractors Association	Director of Substance Abuse and Co-occurring Disorders	<a href="mailto:cblanchard@star-vista.org">cblanchard@star-vista.org</a>	
San Mateo County District 1	David Pine	Board of Supervisors	Supervisor, District 1	<a href="mailto:DPine@smcgov.org">DPine@smcgov.org</a>	
Member	Donald Mattei		MHSARC Commissioner	<a href="mailto:Donald.mattei@gmail.com">Donald.mattei@gmail.com</a>	
Provider of MH/SU Svcs	Gloria Gutierrez	BHRS	MH Counselor	<a href="mailto:GGutierrez@smcgov.org">GGutierrez@smcgov.org</a>	
	Helene Zimmerman	NAMI		<a href="mailto:hzimmer@namisanmateo.org">hzimmer@namisanmateo.org</a>	
Member	Isabel Uibel		MHSARC Commissioner	<a href="mailto:Isabel.c.uibel@kp.org">Isabel.c.uibel@kp.org</a>	
Client/Consumer- Adults	Jairo Wilches	BHRS, Office of Family and Consumer Affairs	Liaison and BHRS Wellness Champion	<a href="mailto:jwilches@smcgov.org">jwilches@smcgov.org</a>	
Provider of MH/SU Svcs	Joann Watkins	Puente de la Costa Sur	Clinical Director	<a href="mailto:watkins3121@gmail.com">watkins3121@gmail.com</a>	
Family Member	Judith Schutzman			<a href="mailto:judyerschutzman@aol.com">judyerschutzman@aol.com</a>	
Family Member	Juliana Fuerbringer	California Clubhouse		<a href="mailto:julianafuer@gmail.com">julianafuer@gmail.com</a>	
Client/Consumer	Kate Pfaff		MHSARC Commissioner	<a href="mailto:kate@redwoodgirl.com">kate@redwoodgirl.com</a>	
Provider of Social Services	Kava Tulua	One East Palo Alto and East Palo Alto Partnership for Mental Health Outreach		<a href="mailto:ktulua@1epa.org">ktulua@1epa.org</a>	
Public	Leticia Bido		MHSARC Commissioner	<a href="mailto:leticia.bido@gmail.com">leticia.bido@gmail.com</a>	
Cultural Competence & Diversity	Maria Lorente-Foresti	Office of Diversity and Equity	Director	<a href="mailto:MLorente-foresti@smcgov.org">MLorente-foresti@smcgov.org</a>	
Law Enforcement	Mark Duri		MHSARC Commissioner	<a href="mailto:mduri@smcgov.org">mduri@smcgov.org</a>	
Provider of Social Services	Mary Bier	North County Outreach Collaborative		<a href="mailto:marykbier@gmail.com">marykbier@gmail.com</a>	
Education	Mary McGrath	San Mateo County Office of Education, Safe and Supportive Schools	Admininstrator	<a href="mailto:mmcgrath@smcoe.org">mmcgrath@smcoe.org</a>	
Provider of MH/SU Svcs	Melissa Platte	Mental Health Association	Executive Director	<a href="mailto:melissap@mhasmc.org">melissap@mhasmc.org</a>	
Family Member	Michael Krechevsky	PREP/BEAM	Fmail	<a href="mailto:mkrechevsky@felton.org">mkrechevsky@felton.org</a>	
Client/Consumer- Adults	Michael Lim			<a href="mailto:mhl-lim@outlook.com">mhl-lim@outlook.com</a>	
Client/Consumer- Adults	Michael S. Horgan	Heart & Soul, Inc. <i>Redwood Health Assn</i>	Program Coordinator <i>Community Wkr</i>	<a href="mailto:michaelhorgan@me.com">michaelhorgan@me.com</a>	
Family Member	Patricia Way	MHSARC	MHSARC Commissioner	<a href="mailto:patcway@hotmail.com">patcway@hotmail.com</a>	

MASTER LIST  
04/22/19

*Chris Kernes*

*Jairo Wilches*

*Maria Lorente-Foresti*

*Mary Bier*

*Michael S. Horgan*

*Patricia Way*

Client/Consumer- Adults	Patrick Field			<a href="mailto:pfield3311@gmail.com">pfield3311@gmail.com</a>	
Client/Consumer	Patrishia Ragins		MHSARC Commissioner	<a href="mailto:patrisharagins@yahoo.com">patrisharagins@yahoo.com</a>	
Other- Peer Support	Ray Mills	Voices of Recovery	Executive Director	<a href="mailto:rmills@vorsmc.org">rmills@vorsmc.org</a>	
Provider of Social Services	Rev. William Chester McCall	Multicultural Counseling & Education Services of the Bay Area		<a href="mailto:chester.wellness@gmail.com">chester.wellness@gmail.com</a>	
Client/ Consumer	Rodney Roddewig	MHSARC	MHSARC Commissioner	<a href="mailto:rrodney2k6@gmail.com">rrodney2k6@gmail.com</a>	
Member	Sheila Brar		MHSARC Commissioner	<a href="mailto:sheila.nathan@gmail.com">sheila.nathan@gmail.com</a>	
Provider of Social Services	Sheri Broussard	HIP Housing		<a href="mailto:sbroussard@hiphousing.org">sbroussard@hiphousing.org</a>	
Provider of MH/SU Svcs	Stephanie Morales ✓	OASIS		<a href="mailto:smorales@smcgov.org">smorales@smcgov.org</a>	✓
Client/Consumer	Wanda Thompson		MHSARC Commissioner	<a href="mailto:w.thompson1967@yahoo.com">w.thompson1967@yahoo.com</a>	
Member	Yoko Ng		MHSARC Commissioner	<a href="mailto:Yng15@mail.ccsf.edu">Yng15@mail.ccsf.edu</a>	
Family Member	Yolanda Novello	BHRS	Family Partner	<a href="mailto:YNovelo@smcgov.org">YNovelo@smcgov.org</a>	

04/22/19

VP

✓



MHSA Steering Committee 04/22/19

[illegible]



MHSA Steering Committee 04/22/19

[illegible]