



Mental Health Services Act (MHSA) Steering Committee Meeting

Thursday, February 3, 2021 / 3:00 – 4:30 PM

Zoom Meeting: <https://us02web.zoom.us/j/83216209789>

Dial in: +1 669 900 6833 / Meeting ID: 832 1620 9789

MINUTES

1. **Welcome** 5 min
Jean Perry, MHSARC Commissioner and Leticia Bido, MHSARC Commissioner

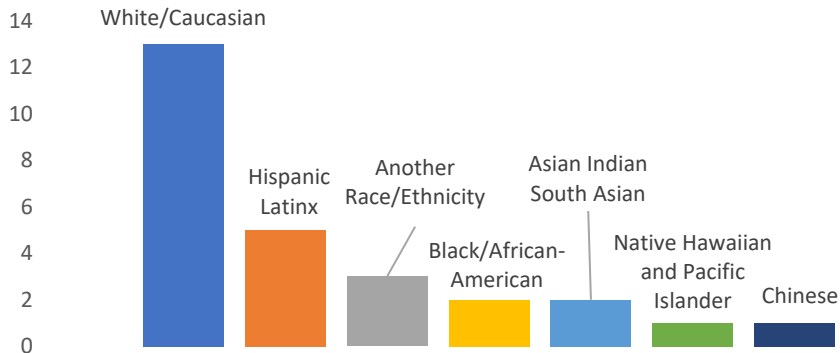
2. **Logistics & Agenda Review – Leticia Bido** 5 min
 - Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA
 - Introductions public members (name, pronouns, affiliation) were shared via chat
 - Steering Committee members: Chris Rasmussen, Clarise Blanchard, Adriana Furuzawa, Juliana Fuerbringer, Kava Tulua, Mary Bier
 - New members: Eddie Flores, Peninsula HCD and Paul Nichols, MHSARC
 - Stipends available to clients and family members participating; information collected via chat
 - Notice that meeting was being recorded
 - For General Public Comments (non-agenda items) sign up via chat
 - Participation guidelines – enter questions in chat, will address those first, can also use raise hand button during question/answer and unmute when called on, share airtime, practice both/and thinking, be brief and meaningful

 - Quick Poll – participants reported demographics, 90% response rate:

What is your age range?	
26-59	65%
60+	35%

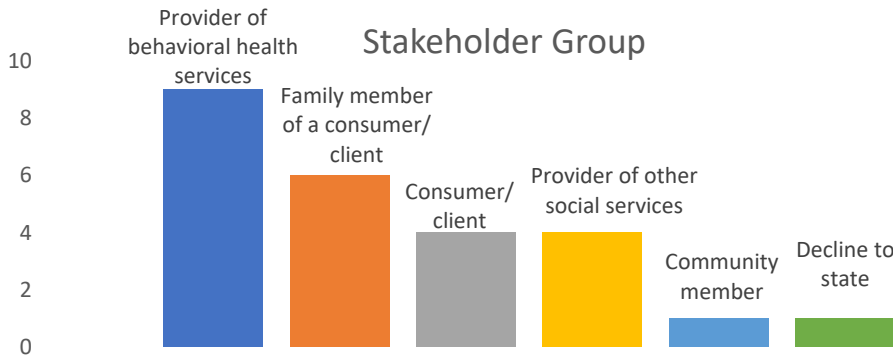
What is your gender identity?	
Female/Woman	78%
Male/Man	22%

Race/Ethnicity





What part of the county do you live in OR work in?	
Central County	43%
County-wide	22%
East Palo Alto/Belle Haven	4%
North County	17%
South County	13%



3. Announcements – Jean Perry

5 min

- INN Workgroup
 - New proposals are submitted for approval to oversight committee every three years
 - Consultant has been hired to facilitate the workgroup and will be available throughout the process for technical assistance
 - There is an application to participate in the innovation wrkgrp. Will select ~12 members based on demographic diversity
 - You must be able to attend all three (3) meetings on Thursdays, February 17th, March 17th and April 21st, from 3-4:30PM.
 - Interest survey is on the MHSA website and will be shared in chat
 - **You do not have to be part of the workgroup to submit an idea**
 - Workgroup is to help us develop an inclusive and supportive process for submitting, selecting and funding innovative ideas!
- 5% of MHSA funding must be allocated to new best practices in behavioral health services. See below for more details.
- **Director's Update - Pride Center (Innovation) article**
https://www.smchealth.org/sites/main/files/file-attachments/directors_update_feb_2022.pdf?1643233640 –

4. General Public Comment – Leticia Bido

10 min

- For non-agenda items
- Additional public comments can also be submitted via email to mhsa@smcgov.org.



- Comment from Jean Perry:
 FSP workgroup demands for clients to have access to therapy! Checks and balances are needed for RFPs and contractors that get selected as providers of FSP. Deficit needs to be addressed.
- Question from Carol Gosho: Do you have an annual report of MHSAs projects from beginning to end? How much was spent and what was the outcome?
 Response from Doris: yes, we will be highlighting it today and posting by Feb 25th on the MHSAs website

5. MHSAs Annual Update – Doris Estremera, MHSAs Manager

- Highlights and Fiscal Projections – *Doris Estremera* 25 min
- MHSAs Overview min
 - 1% tax imposed on personal income over \$1M to transform public mental health systems; this translates to \$34.3M annual avg in the last five years through fiscal year 2020-21 10 min
 - 76% of revenue allocated to direct services and treatment for individuals living with serious mental illness; 51% of this must go to Full Service Partnerships (FSPs) 10 min
 - 19% goes to PEI; 5% to INN min
- MHSAs Annual Update timeline 20 min
 - Annual Update document will be posted by Feb 25th
 - March 2, open 30 day comment period + public hearing
 - April 6, close public comment and vote to recommend the approval of the MHSAs Annual Update
- MHSAs Revenue & Expenses
 - FY 20-21 revenue came in at \$5M over the projection from last year. The projected decreases in future years are not due to a recession, COVID delay in taxes gave a bigger revenue in FY 20-21 plus there were adjustments made from previous years' higher than anticipated economic growth.
 - Overall the trend is upward growth, millionaires made more millions during the pandemic.
 - Waiting on State to release latest projections for FY 22-23 and 23-24
- Last Annual Update, FY 21-22:
 - Implemented a one-time spend plan for \$11.7M. Today will provide a status update: some things are delayed, some are completed
 - Increased the ongoing budget to \$3M over revenue. This helps dig into the overages, if the economy happens to drop in future years...
 - A reserve is still in effect so that we do not have to cut services in an economic downturn
- FY 22-23
 - proposal to increase FSP funding, as per the FSP Workgroup and consultant recommendations
 - Increase ongoing budget to ~\$5M over-revenue
- Public Input/Questions



SAN MATEO COUNTY HEALTH

BEHAVIORAL HEALTH & RECOVERY SERVICES

- William: Status Update on 11.7M, does the \$5M for housing proposal marked as completed mean that the housing units have been developed?
 - Response from Doris: No, it means the funding was transferred to Dept of Housing to support the Notification of Award. Developers have been selected and the developments are moving forward.
 - Jean: Strategy to increase therapist workforce. SSPN Incentives. These could really help out, considering how expensive it is to live here
 - Response from Doris: will look into where things are at with this strategy
 - Jean: what about the people who are already here working? Are the new hires going to be better positioned than the people who are already working?
 - Response from Doris: there are workforce strategies to support those that are already working, ex. student loan forgiveness. This received a one-time allocation recently from the state and we have launched the application process here in San Mateo County
- **Cariño Project** - *Dr. Belinda Hernandez Arriaga, EdD, LCSW*
Executive Director of ALAS (Ayudando Latinos A Soñar)
 - Dr. Belinda is founder, ex director, licensed clinician, educator, prof at USF. ALAS started in 2011 after hearing community isolation and need for youth to have space for their culture.
 - Grassroots beginnings w/ MHSA funding
 - wraparound community support, cultural arts model, offers social services, food insecurity, Case management, medical resources, COVID responses. Safety-net support. Started a Crisis food pantry during COVID
 - Mental Health Services, Clinical Supervisor Dr. Rafael Padilla. Provide free culturally centered mental health services
 - Community Outreach – Cultura and the Arts, Youth Outreach, Paint nights, Mother’s groups
 - Last year, served 1221 unduplicated clients, 700 unique families!
 - Consumers: 87% Latine, 4% Asian, 66% Female, 90% Spanish Speakers
 - Serve individuals from Half Moon Bay, EL Granada, La Honda, Montara, Moss Beach, Pacifica, Pescadero, San Gregorio. Case management and support to newcomer fams from Central and South America
 - **BHRS Pathways Program** - *Tennille Tucker, LCSW Supervising Mental Health Clinician and Angel Nguyen, MFT Mental Health Program Specialist*
 - Tennille Tucker: Clinical Supervisor w BHRS Pathways. Presenting on Pathways Mental Health Court Program
 - Formed in 2006, collaboration of SMC Courts, Probation Department, DA, Sheriff, Correctional Mental Health, NAMI, and BHRS.
 - Developed many of these programs... a totally brand new process that continues to expand
 - Goal: Reduce recidivism and incarceration, Stabilize housing, Reduce acute care utilization, Engage and maintain participation in personal recovery



SAN MATEO COUNTY HEALTH

BEHAVIORAL HEALTH & RECOVERY SERVICES

- Referrals can be done by anyone, decided in Pathways Court
- Evaluations by Pathways clinicians, field-based support, probation officers provide intensive supervision, therapy, AOD services, temporary housing
- Program is 2-3 years w/treatment and court compliance, incentives to stay on this pathway, but with sanctions
- As of June 2021, 142 Clients have graduated
- Veterans Treatment Court and Military diversion, Misdemeanor Court, Mental Health Diversion
- Public Input/Questions
 - Jean: What does it mean to be 'restored'?
 - Response from Angel: it means that the person is returned to 'competency' in the eyes of the court. If the person cannot converse with their counsel, the restoration is a stabilization for the defendant to understand they are entering the legal process. If they are not restored, they cannot move forward with the legal proceedings.
 - Chris: How many clients are homeless?
 - Response from Angel, around 50%

6. Adjourn

*** Public Participation:** All members of the public can offer comment at this public meeting; there will be set opportunities in the agenda to provide input. You can also submit questions and comments in the chat. If you would like to speak, please click on the icon labeled "Participants" at the bottom center of the Zoom screen then click on "Raise Hand." The host(s) will call on you and you will unmute yourself. Please limit your questions and comments to 1-2 minutes. The meeting will be recorded. Questions and public comments can also be submitted via email to mhsa@smcgov.org.

***REMINDER – Please Complete the Steering Committee Feedback Survey**

https://www.surveymonkey.com/r/MHSA_MtgFeedback





SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

ATTENDANCE

There were up to 40 participants logged in to the Zoom app. Below is a list of attendee names as recorded from Zoom; call-in numbers are typically unidentifiable.

MHSA Steering Committee Co-Chairpersons

1. Jean Perry (she/her), MHSARC Commissioner
2. Leticia Bido (she/her), MHSARC Commissioner

MHSA Steering Committee Members

3. Adriana Furuzawa (she/ella/ela), Felton Institute (re)MIND/BEAM
4. Chris Rasmussen, MHSARC Vice-Chair
5. Clarise Blanchard, (she, Her), StarVista Department Director
6. Eddie Flores (he/him), Director Youth Behavioral Health Programs, Peninsula Health Care District
7. Juliana Fuerbringer, Family Member, California Clubhouse Board President
8. Mary Bier (she/her), North County Outreach Collaborative
9. Paul Nichols, MHSARC
10. Kava Tulua (she/her), One East Palo Alto

BHRS Staff Supports

11. Doris Estremera (she/her) MHSA Manager, BHRS ODE
12. Sylvia Tang (she/her), BHRS ODE

Presenter(s)

13. Dr. Belinda Hernandez Arriaga, EdD, LCSW Executive Director of ALAS (Ayudando Latinos A Soñar)
14. Tennille Tucker, LCSW Supervising Mental Health Clinician, BHRS Pathways
15. Angel Nguyen, MFT Mental Health Program Specialist, BHRS Pathways

Participants

16. Adele Dunnigan
17. Amanda Pyle (she/her), Director of Community Services for GGRC
18. Aris Payan, Youth Engagement Specialist at SafeSpace
19. Carol Goshu, Pres. NAMI San Mateo County and family member
20. Carolyn Shepard, S4SH
21. Charo Martinez (ella)
22. Chelsea Bonini
23. Frieda K. Edgette (she/her), MHSARC Commissioner & Youth Committee Chair
24. John Butler
25. Lanajean Vecchione she/her, Lived Experience Academy and Advocacy Academy and Health Equity Initiatives
26. LaShelle Burch, LCSW she/her with Suicide Prevention Team at VA
27. Lynda Kaufmann, Director of Admissions and Contacts for Psynergy Programs
28. Mai Le (she/her), SMC Health, Health Policy and Planning
29. Marina Kravtsova
30. Mary Cheryl Gloner, she/her - Project Safety Net
31. Melinda Henning
32. Michael Solorio, Friends for Youth
33. Noreena Vannarat - SMC VRS
34. Randy Torrijos
35. Sydney Hoff (she/her), Program Manager of Felton Institute's (re)MIND and BEAM
36. William Elting, he/him/his, Community Member
37. Yolanda Ramirez
38. Ziomara Ochoa
39. Unidentifiable (phone number)
40. Unidentifiable (phone number)