

**Commission on Aging – Social Isolation and Transportation Committee Meeting****Date: Thursday, October 9th 2025**

Location: 2000 Alameda de las Pulgas, San Mateo, CA 94403

Commissioners present: Liana, Uhl, Vico, Taylor Commissioners

excused: Linnell

Staff present: Anna Sawamura and Melissa Sanchez

Public present: Adele Ryono, Lynn Spicer, Margaret Baggerly, Jonathan

1. Welcome and Introductions	Commissioner Liana called meeting to order at 3:00pm
2. Note taking assignment	Commissioner Vico agreed to take notes.
3. Public Comments	None
4. Revise/Approve 10/09/2025 Agenda	Agenda approval motioned by Commissioner Uhl, seconded by Commissioner Taylor. Agenda approved.
5. Revise/Approve 10/11/2025 Committee Minutes	<p>Meeting minutes corrections:</p> <ul style="list-style-type: none">Item Number 7: 3rd bullet point: Margaret is training Mobility Ambassadors on transportation resources by region to be placed at key regional locations to work with seniors/caregivers 1-on-1 to guide them to programs/service providers to which they may be eligible. <p>Minutes approval with edits motioned by Commissioner Vico, seconded by Commissioner Taylor. Minutes approved.</p>
6. SamTrans Report	<p>Mobility resource center:</p> <ul style="list-style-type: none">intended to be a phone support on the different transportation resources that are available in San Mateo County.The flyer was shared widely across the county.Translation services are available. <p>Mobility ambassadors:</p> <ul style="list-style-type: none">Transportation resources counselors completed training on the county regions they live in.Mobility ambassadors will be placed in community centers and senior housing to help guide them in different transportation resources. <p>Transportation Showcase:</p> <ul style="list-style-type: none">Still on hold Still on hold due to third-party transportation agencies having a waitlist (PVI, Got Wheels! Get up and Go (limited availability)).



7. Update on Intergenerational Connections Survey – Adele Ryono	<p>Research Study Update:</p> <ul style="list-style-type: none">• Paused enrollment for pilot program• Dr. Sara Bartlett with Cal Poly University will be the host institution for the project. <p>Mid-Atlantic intergenerational conference:</p> <ul style="list-style-type: none">• June 2026 in New Jersey.• Adele Ryono will be submitting a proposal “Talk Across Time” for the conference.• Adele will add the Commission on Aging as an author. <p>Intergenerational literacy series:</p> <ul style="list-style-type: none">• Youth commission project• Goal: bridging children and older adults as an approach to improve well-being.• Working with first-5 and San Mateo county libraries (one library on the coast and one in North county)• Focus population: families with children age 0-5 and older adults.• Activities: adults read to children followed by guided crafts and activities based on book.• Next step: Adele will craft a flyer and share with the committee.
8. Discussion on Progress made on Work Plan	<ul style="list-style-type: none">• Need a goal edited - Commissioner Liana will provide edits for next meeting.
9. Announcements	<ul style="list-style-type: none">• Commissioner Vico attended the Kaiser Permanente Aging Well Summit and the social isolation breakout group highlighted peer to peer programs and giving a sense to older adults a purpose by volunteering and engaging in advocacy.• Commissioner Uhl thanks Adele Ryono for all her great work and collaboration efforts.
10. Adjournment	<p>Motioned by Commissioner Liana seconded by Commissioner Taylor. The meeting was adjourned at 3:57pm. The next meeting will be Thursday November 13th 2025</p>