



SAN MATEO COUNTY HEALTH

## AGING & DISABILITY SERVICES

### Commission on Aging – Social Isolation and Transportation Committee Meeting

**Date: Thursday, October 9th 2025**

Location: 2000 Alameda de las Pulgas, San Mateo, CA 94403

Commissioners present: Liana, Uhl, Vico, Taylor Commissioners

excused: Linnell

Staff present: Anna Sawamura and Melissa Sanchez

Public present: Adele Ryono, Lynn Spicer, Margaret Baggerly, Jonathan

1. Welcome and Introductions	Commissioner Liana called meeting to order at 3:00pm
2. Note taking assignment	Commissioner Vico agreed to take notes.
3. Public Comments	None
4. Revise/Approve 10/09/2025 Agenda	Agenda approval motioned by Commissioner Uhl, seconded by Commissioner Taylor. Agenda approved.
5. Revise/Approve 10/11/2025 Committee Minutes	<p>Meeting minutes corrections:</p> <ul style="list-style-type: none"><li>Item Number 7: 3rd bullet point: Margaret is training Mobility Ambassadors on transportation resources by region to be placed at key regional locations to work with seniors/caregivers 1-on-1 to guide them to programs/service providers to which they may be eligible.</li></ul> <p>Minutes approval with edits motioned by Commissioner Vico, seconded by Commissioner Taylor. Minutes approved.</p>
6. SamTrans Report	<p>Mobility resource center:</p> <ul style="list-style-type: none"><li>intended to be a phone support on the different transportation resources that are available in San Mateo County.</li><li>The flyer was shared widely across the county.</li><li>Translation services are available.</li></ul> <p>Mobility ambassadors:</p> <ul style="list-style-type: none"><li>Transportation resources counselors completed training on the county regions they live in.</li><li>Mobility ambassadors will be placed in community centers and senior housing to help guide them in different transportation resources.</li></ul> <p>Transportation Showcase:</p> <ul style="list-style-type: none"><li>Still on hold Still on hold due to third-party transportation agencies having a waitlist (PVI, Got Wheels! Get up and Go (limited availability).</li></ul>



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7. Update on Intergenerational Connections Survey – Adele Ryono	<p>Research Study Update:</p> <ul style="list-style-type: none"><li>Paused enrollment for pilot program</li><li>Dr. Sara Bartlett with Cal Poly University will be the host institution for the project.</li></ul> <p>Mid-Atlantic intergenerational conference:</p> <ul style="list-style-type: none"><li>June 2026 in New Jersey.</li><li>Adele Ryono will be submitting a proposal “Talk Across Time” for the conference.</li><li>Adele will add the Commission on Aging as an author.</li></ul> <p>Intergenerational literacy series:</p> <ul style="list-style-type: none"><li>Youth commission project</li><li>Goal: bridging children and older adults as an approach to improve well-being.</li><li>Working with first-5 and San Mateo county libraries (one library on the coast and one in North county)</li><li>Focus population: families with children age 0-5 and older adults.</li><li>Activities: adults read to children followed by guided crafts and activities based on book.</li><li>Next step: Adele will craft a flyer and share with the committee.</li></ul>
8. Discussion on Progress made on Work Plan	<ul style="list-style-type: none"><li>Need a goal edited - Commissioner Liana will provide edits for next meeting.</li></ul>
9. Announcements	<ul style="list-style-type: none"><li>Commissioner Vico attended the Kaiser Permanente Aging Well Summit and the social isolation breakout group highlighted peer to peer programs and giving a sense to older adults a purpose by volunteering and engaging in advocacy.</li><li>Commissioner Uhl thanks Adele Ryono for all her great work and collaboration efforts.</li></ul>
10. Adjournment	Motioned by Commissioner Liana seconded by Commissioner Taylor. The meeting was adjourned at 3:57pm. The next meeting will be Thursday November 13th 2025