

Aging & Adult Services 225 37th Avenue San Mateo, CA 94403 www.smchealth.org www.facebook.com/smchealth

Commission on Aging General Meeting Minutes Monday, June 13, 2022 9:00 – 11:00 a.m.

Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Patty Clement; Karen Coppock; Christina Dimas-Kahn; Angela Giannini; Monica Lee; Marita Leth; Michael Mau; Scott

McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl

Members excused: Walter Batara

Staff: Lisa Mancini; Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Suki Ho

Staff absent: Diane Madriz

Public: Airel Tinajero; Alex Tan; Amber; Amber Shong; Ann O'Brien; Benjamin McMullan; Bernie Mellott; Beth Phipps; Carmen Santoni; Christina Irving;

Danielle Brewer: Dao Do: Erin Malone: Frances Huang, Hope Nakamura: Jeffrey

Austin; Jos Bols; Kelli Jo Cullinan; Kamilah Najieb-Wachob; Lynn Spicer;

Natalya Alazraie; Phillix Fong; Rev. Terri Echelbarger; Robert Hall; Sandra Lang; Sandra Winter; Scott McMullin; Shanah Hawk; Shawne O'Connell; Sophia Brink;

Stella Zeng; Susan Houston; Terue Shinohara; Wes Taoka

ITEM	DISCUSSION
Call to Order Pledge of Allegiance Roll Call	Meeting called to order at 9:00 a.m. by Commissioner Coppock. Commissioner Coppock led the Pledge of Allegiance. Roll Call followed.
2. Action Item: Passage of resolution 10182021	Commissioner Dimas-Kahn motioned to approve. Seconded by Commissioner Taylor. Motion passed.
3. Introduction of members of public	34 public participants. Commissioner Coppock encouraged members of public to put their name and institution in the chat function.
4. Oral Communications	No Comments
5. Approval of Today's Agenda: June 13, 2022	Commissioner Coppock addressed agenda item number "10" is missing but the sequence is correct.
	Commissioner Coppock motioned to approve the agenda. Motion passed.

6. Approval of May 9 2022 minutes

Commissioner Lee raised that she was referred incorrectly on agenda item 7 since she was absent for the May 9, 2022 meeting.

Commissioner Mau motioned to approve with the amendments Commissioner Lee mentioned. Seconded by Commissioner Barr. Motion passed.

Commissioner Lee and Commissioner McMullin Abstained.

7. Committee and Ad Hoc Reports

Executive Committee

Commissioner Coppock addressed that it would be helpful if every committee could add their work plans and their next set of notes, i.e. the work plan, the goals activities milestones and dates. This will be helpful for everybody to know what people are doing and it is a good opportunity to see if there are more opportunities for collaboration or if there is any overlap in work. Committees will be asked to provide updates on where they stand so as to make it easy at the end of the year when the Commission does their report to the Board of Supervisor.

Commissioner Coppock reported that two Commissioners will step down – Commissioner Jean Hastie and Commissioner Walter Batara. Several notes have been sent to Commissioner Hastie and the Board of Supervisors will do a commendation to thank her for her chairmanship. Commissioner Coppock will send Commissioner Batara a card and welcomed everybody to join her.

Commissioner Coppock reported that there are four vacancies on the Commission now. Commissioner Lee and Anna Sawamura participated in the interviews. Commissioner Lee reported that interviews have been conducted with 11 candidates and most of the candidates are very qualified. A decision has been made to make four offers to four candidates and have three alternative candidates kept on hold should there be any declination of offer. The candidates are from areas that the Commissioner targeted, and this group will give a good representation with people of mixed backgrounds. Commissioner Coppock asked if the new potential Commissioners will join the July meeting or the September meeting. Commissioner Lee mentioned that it was expected that offer letters would have been sent out by Monday, June 13, 2022 but they have not been sent out yet. Anna Sawamura responded that the Board of Supervisors is planning to have the recommendations for the Commission on the agenda for the meeting on June 28, 2022. Orientation and training can begin after the potential Commissioners are sworn in.

Resource Access and Inclusion Committee

Commissioner Lee gave a shout out to Commissioner Coppock for her presentation at the Board of Supervisors Meeting and thanked Commissioner Querol Moreno for proving the committee report last month.

The Committee is having a new name now - Resource Access and Inclusion Committee. The word "Inclusion" is added.

During the interviews with the applicants for the Commission, Supervisor Horsley asked what the main needs of older adults in this community are. Almost all candidates answered more information need to be made available about the services and programs, and isolation is a big issue especially after the two years of pandemic.

It is encouraged to make the Commission be aware of any events that it may be interested in providing table presence.

MISO (Middle Income Senior Opportunities) Committee

Commissioner Dimas-Kahn reported that they continue to work on their work plan, and it is almost done. The Committee does not have a name change.

Commissioner Dimas-Kahn had an interview with New York Times regarding a Medicare savings program. The article is published and identified the difference between the Elder Index and the Federal poverty level and why it is expensive for middle income seniors to live in San Mateo County. The link to the article is shared in the chat. Commissioner Coppock recommended to send a letter to the Board of Supervisors and let them know that this issue has reached the national level.

Transportation and Aging in Community Committee

Commissioner Mau reported that they had a name change and some changes to their goals.

The new name is Transportation and Aging in Community Committee

There are a total of three goals. The first one is the pre-existing goal: To be informed and advocate for local transportation issues, including San Mateo County providers and senior on demand transportation services. A new goal is: To review and advocate for aging in place choices such as in home modifications, Accessory Dwelling Units, community housing and related options. Another new goal is: To review and advocate for transportation options

	offered by senior centers and senior community housing complexes to their residence.
	The Committee is still working on their work plan and will try get it done at the next Committee Meeting.
	Commissioner Querol Moreno reported that "Got Wheels" is moving along, and the Committee is updating their registration forms which should be going out this week.
8. Member Reports	Commissioner Lee reported that the Age Friendly Task Force has now been joined by Lieutenant Kimber Joyce of the San Mateo Policy Department and will be working with the Police Activities League (PAL) on instituting a number of intergenerational efforts and programs into cities. Age Friendly Task Force has sent out questionnaires to find out background information for their business certification program that they are planning to do, so they can work with the Chamber of Commerce on putting that into place.
	Commissioner Querol Moreno reported that occasional newsletters will be sent out announcing that the Help at Home Guide is now available with a contact information of Lindsey Joyner. The newsletters will go out to over 500 members.
	Commissioner Arnos asked about how to obtain the Help at Home Guide. Anna Sawamura responded that hard copies of the Help at Home Guide is available in English version at the 2000 Alameda Office; and soft copies are available online. Interested parties can contact Lindsey Joyner to make arrangements for pick up or mail. Translation is in process for Spanish and Chinse versions.
9. Staff Reports	Lisa Mancini reported that as of now we have a seven-day average of people testing positive for COVID of 232 and reminded the group that there are many opportunities to test from home that this number does not truly show on the impact of COVID.
	The number of hospitalizations has increased significantly. 38 individuals are currently hospitalized with COVID positive and three of those are in ICU beds today.
	As far as vaccinations go, the percentage who have been received at least one dose is 90.5%. 84% have received either both doses or the one Johnson and Johnson dose. We are at 60.66% for those who are 12 and older with at least one booster shot. And 36.2% for those who are 65 or above have received the second dose.

It is encouraged to wear a mask in public crowded spaces and get vaccination and booster shots.

Lisa Mancini reported that C4A Executive Director Michael Costa brought forward to the Governor a budget proposal letter on June 5, 2022:

- Restoring funding for Community Based support programs for older adults that were substantially decreased during the great recession. \$90 Million in funding over three years; this is to include the modernizing of the Older Californians Act by allowing flexibility and the use of that funding to address the current service needs of older Californians.
- 2. Providing \$210 million over four years to help maintain the level of meal provision attained during the pandemic once the federal funding expires.
- Providing \$33 million over three years to extend Title three be support services to include a range of housing navigation and assistant services transportation, legal and other needed services.
- 4. Implementing a \$13 million statewide pilot program to recruit train and retain volunteers for a range of programs serving older adults.
- 5. Providing \$20 million for a pilot program that is included in the Alzheimer's Dementia budget action item.

Anna Sawamura will share this letter to the group via email.

State of California has replied with the May Revision, and it is anticipated that more updates on the final budget will be available end of the month.

Anna Sawamura gave a staff introduction to a new staff member – Suki Ho, Program Coordinator.

Anna Sawamura reported that Age Friendly Core Team has put together an Executive Summary providing a report of all the work that the Team has been doing. This summary will be shared upon request. There are eight cities that the Team is contracting with: Millbrae, Hillsborough, Belmont, East Palo Alto, Menlo Park, Atherton, Portola Valley and South San Francisco.

Staff is working closely with Older Americans Act providers to finalize the contracts for FY 2022-23. Meetings have been held with about half of the providers. The proposed budgets have increased but there are other funding sources available to support

the providers: Nutrition Infrastructure Program Grants and American Rescue Plan. Anna Sawamura announced that a new set of allocation will be available through September 30, 2024: Older Adult Recovery and Resilience Fund. There are four categories of services: 1. Family Caregiver Support Program 2. Senior Legal Services 3. Dignity At Home Fall Prevention Program 4. Nutrition Program (Intergenerational Activities) Updates will be provided as they become available. Commissioner Arnos mentioned that the month of June is Pride Month. LGBTQ+ Community Center of San Mateo is celebrating its 5th year anniversary on June 30, 2022. Commissioner Coppock added that Juneteenth is coming up as well. Ann O'Brien of CAFE mentioned that Center for Age Friendly Excellence will have their celebration on September 16, 2022 at 11am at the Farallon Room at Skyline College. Director of the Aging and Adult Services of California will be the guest speaker and former Senator Jerry Hill will be emceeing. Participant numbers will be limited to between 150 to 200. Susan Houston introduced their new Director of Peer Counselling, Stella Zeng and new LGBT Coordinator, Eddie Perez. Sandra Winters mentioned that the Age Forward recently brought on board a part time independent contractor who will act as a consultant on improving external outreach and membership growth. They would like to pick up on the request made to the Board of Supervisors for specific funding and to hold a candidate forum which will provide an opportunity for elected leaders to talk about how they intend to incorporate elements of the Master Plan on Aging into their work. Age Forward will participate in the Senior Advocacy Day in the last quarter of the next Fiscal Year. 11. Stretch Break There was a five-minute stretch break. Presentation by Reverend Terri Echelbarger with the LGBTQ 12. Presentation Commission. 13. Announcements No announcements The meeting adjourned by Commissioner Coppock at 10:34 am. 14. Adjourn



Commission on Aging

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