



SAN MATEO COUNTY HEALTH

**AGING & DISABILITY  
SERVICES**

## **Commission on Aging General Meeting Minutes**

Monday, January 12, 2026 9:00–11:00 a.m.  
500 County Center, Manzanita Hall Redwood City, CA  
94063

**Members Present:** Maria Barr, Angela Giannini, Daniela Jonguitud, Monika Lee, Irene Liana, David Linnell, William Lock, Martin Nakai, Deborah Owdom, Ellen Tafeen, Liz Taylor, Kathy Uhl

**Members Excused:** Patty Clement, Ophelie Vico, Twila Dependahl  
**Supervisor Canepa's Office:** Mike Richardson, Bradley Murdoch

**Members of the Public** (joining in person): Stefanie Figueira (PVI)

**Members of the Public** (joining remotely): Erin Malone, Elyse Brummer, Jonathan, Laura Armiano, Lisa Wilson, Maya Baltinester, Sandra Winter, Wesley Taoka, Carmen Santoni

**Staff Present:** Lee Pullen, Anna Sawamura, Diane Madriz, Andrew Eng

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1. Call to Order
    - Meeting called to order at 9:01AM.
  2. Pledge of Allegiance
    - Pledge of Allegiance led by Chair Liana.
  3. Roll Call – Anna Sawamura
    - 10 Commissioners present at call to order, quorum reached.
  4. Introduction of Members of the Public
    - Chair Liana thanked the CoA for appointment as chair and welcomed Mike Richardson (Office of Supervisor Canepa), Bradley Murdoch (Office of Supervisor Canepa), Stefanie Figueira (Peninsula Volunteers Inc.).
  5. Public Comment
    - No public comment.
  6. Approval of Agenda – January 12, 2026
    - Motion to approve the agenda with amendment to correct the date of the November General Meeting to November 10th made by Commissioner Tafeen.
      - Second by Commissioner Barr.
    - Motion passed.

**7. Approval of Minutes – November 10, 2025**

- Motion to approve minutes by Commissioner Owdom.
  - Second by Commissioner Nakai.
- Motion passed.

**8. Update on Board of Supervisors (BoS) activities concerning older adults – Supervisor Canepa's Office**

- Mike Richardson provided a brief update on behalf of Tony Bayudan.
- Currently Supervisor Canepa's office is collaborating with Commissioners on addressing Community Enrichment (aka Loneliness) and Transportation needs in the community.
- A more in-depth update will be provided at the February meeting.

**9. Committee and Ad Hoc Reports**

- Executive Committee
  - November 3rd meeting discussed status of age friendly cities.
  - Reviewed resources found by IRCE committee on age friendly cities.
  - Committee is preparing a chart of which cities have action plans, which will be available online.
- Ad Hoc Advocacy Committee
  - Discussed the status of the Help at Home Guide, Community Enrichment, and Transportation needs.
  - A more in-depth update will be provided by Supervisor Canepa's Office next month.
- Information, Resources, and Community Engagement Committee
  - Currently updating the Help at Home Guide.
  - Planning for outreach and tabling is underway.
  - Committee is working on requesting funds from Supervisor Canepa's office for tabling fees/costs. Staff follow up is needed.
  - Currently planning a future meeting to host staff from various Parks and Recreation departments throughout the County.
  - Other future committee plans include a progress report for age friendly cities.
- Aging Readiness and Family Caregiver Support Committee
  - A list of needs for seniors as they age was created. List was shared with Commission.
  - The list is to help determine what to focus on regarding the Master Plan on Aging goal #5: "Affording Aging".
  - Several Commissioners mentioned the importance of financial education for seniors.
- Social Isolation and Transportation Committee
  - Margaret Baggerly assembled a report on community transportation needs,

which was shared with Commission members. Report discussed areas in the county where outreach will be conducted to help pinpoint transportation gaps.

- ADS is working with RDA Consultants to better understand community needs around loneliness.
- Ad Hoc Help@Home Update Committee
  - Revisions are complete on the guide, Commissioner Lee worked on re-formatting the guide, and now a second round of revisions is in progress with Commissioner Owdom.
  - Guide will be printed on thin paper to lighten the book when carried in bulk.

#### **10. Member Reports**

- Commissioner Owdom discussed a previous report given on the California Senior State Legislature. Report was on “it should be a law” proposals. There is currently no bill picked by a legislator to support/promote financial literacy in the State Legislature.
- Lee Pullen read out other bills that the legislature decided to support which support older adults, including funding to support Grandparents who are caregivers of children and education on digital literacy.
- Additional discussion took place on the need in the community for financial literacy.

#### **11. CoA Outreach Update**

- Email was sent with schedule of upcoming events for Commissioners to sign up and volunteer to table.
- Commissioner Lock and Commissioner Barr are tabling for Millbrae
- There are no volunteers for an event in Belmont in March. Members interested should reach out to Commissioner Owdom.

#### **12. Staff Report**

- Lee Pullen, Director, Aging and Disability Services (ADS)
  - Director Pullen informed the Commission that there will be a new Community Program Analyst joining the Commissions and Provider Services Unit. He will be supporting Commissions and various programs funded by ADS.
  - Discussed upcoming RFP for OAA funding/programs being released this year. Lee will be convening a meeting with Exec. Committee to discuss allocation of OAA funding for the RFP.
  - County Legislative Office is meeting to further discuss Senate Bill 707 allowing for remote attendance of Commissions and Boards.
  - The county is holding a Boards and Commissions Event on January 28th from 5:00-7:00pm. Invitations were sent to all commissioners. We hope all can attend.
  - On January 24th from 10:00am-Noon, Peninsula Volunteers and Supervisor Mueller will be hosting a Community Symposium on Aging in Menlo Park. Event will be tabled by ADS staff, Commissioner Tafeen offered to join the staff at their table. It is expected there will be 200

attendees.

- RDA consulting will be making recommendations soon on addressing the needs of lonely and isolated older adults. Consultants will be briefing Supervisor Canepa.
- Director Pullen announced that after reviewing the Governor's budget, there are no initial reductions to the aging programs budget.

### **13. Announcements**

- Stephanie with PVI announced and invited everyone to the Community Symposium on Aging at Little House Adult Day Center.
- Commissioner Giannini announced an affordable housing development project is under construction in Redwood City. No units are specifically dedicated to older adults, and the income level must be under \$104,000 per year.
- Commissioner Giannini also brought up that Redi-Wheels will not accept equipment loaned to MELP clients on their vehicles.
  - Commissioner Uhl suggested advocating directly with SamTrans.

### **14. Stretch Break (10 minutes)**

### **15. Presentation: Panel presentation on the three different Villages throughout San Mateo County**

- Jan Cohen, Director, Foster City Villages, presented on the resources available through their Village.
  - Resources include:
    - transportation services (in the 94404 zip code);
    - grocery shopping assistance;
    - serving on committees;
    - volunteer opportunities;
    - buddy program to address loneliness and isolation; and
    - various clubs, such as book clubs, "learning hour" at the library exercise, lunch groups, 4 parties a year, and other social events.
  - Accessibility of programs is strongly considered in the planning process.
  - Activities are funded by Measure K, other grants, dues, and donations.
- Sue Eldridge, Executive Director, Villages of San Mateo County (VSMC), presented on the resources available through their Village and its background.
  - Villages of San Mateo County includes the Mid-Peninsula, Sequoia and Coastsides.
  - Sue also shared how the Village movement is happening nationwide, and how the various villages receive support during their development through a vast network in California.
  - Other programs available through VSMC include speaker gathers, intergenerational gathers, local excursions, afternoon music and wine, walks and hiking, lunches, dinners, happy hours, transportation, friendly visits, home safety evaluations and improvements, simple home repairs,

home and yard chores, technology assistance.

- Funding is mainly from dues, private donations, and grants from various health districts.
- Sherry Goodwin and Nancy Coleman, Brisbane Village Helping Hands, presented on the unique small town village approach used in their city.
  - Sherry spoke about membership benefits, history of their village, and the minimalist approach to running their village.
  - Nancy spoke about the administrative operations of the village, including their use of the Ride Scheduler app to coordinate rides for members who need transportation to either San Francisco or throughout San Mateo County.
  - The village also receives support from the City of Brisbane and the Brisbane Lions Club.

## **16. Adjourn**

- Motion to adjourn by Commissioner Barr.
  - Second by Commissioner Jonguitud.
  - Unanimously passed.
- Adjourned at 11:08AM.