



SAN MATEO COUNTY HEALTH

## AGING & DISABILITY SERVICES

### COMMISSION ON AGING Social Isolation and Transportation Committee MINUTES

Thursday, September 11, 2025 3:00 PM – 4:30 PM  
2000 Alameda de las Pulgas Room 209  
San Mateo, CA 94403

**Members present:** Irene Liana, Liz Taylor, Kathy Uhl, Adele Ryono, Ophelie Vico

**Members excused:** David Linnell

**Public Attendance (virtual):** Lee Pullen

**Staff Attendance:** Melissa Sanchez, Anna Sawamura

ITEM	DISCUSSION
1. Call to Order	<ul style="list-style-type: none"><li>Commissioner Liana called the meeting to order.</li><li>Quorum met.</li><li>Roll call conducted.</li></ul>
2. Note taking assignments	<ul style="list-style-type: none"><li>ADS staff completed the meeting minutes.</li></ul>
3. Public Comment	<ul style="list-style-type: none"><li>No public comment.</li></ul>
4. Review and approval of September 11 <sup>th</sup> agenda	<ul style="list-style-type: none"><li>A review of the agenda was conducted to add Director Lee Pullen to talk about the Community Enrichment Project.</li><li>Commissioners acknowledged and held a moment of silence in recognition of September 11<sup>th</sup> event.</li><li>Commissioner Uhl motioned to approve the revised agenda. Commissioner Taylor seconded. Motion passed.</li></ul>
5. Community Enrichment Project Update- Director Pullen	<ul style="list-style-type: none"><li>Director Pullen reported that an Advisory Committee has been formed to work with RDA, the selected vendor for the project.</li><li>The project is supported with Measure K funding in efforts to address the 2024 BoS declaration that loneliness is a public health crisis in San Mateo County.</li><li>The project is to inventory programs/services/supports currently existing in the county and to identify how connections can be made/improved to reach those isolated.</li><li>Over the next two to three months, the consultants will be taking what they have learned from doing a review of all the surveys and needs assessments that are already existing as well as populations that may not be as well represented.</li><li>There will be focus groups and there will be key informant interviews where they will speak to representatives from different organizations this fall into the winter.</li><li>When ready, Director Pullen will send the inventory list for CoA Isolation and Transportation Committee to look over</li><li>The project is currently funded through FY25-26.</li></ul>



6. Review and approval of July 10 <sup>th</sup> minutes	<ul style="list-style-type: none"><li>• Commissioner Uhl motioned to approve. Commissioner Taylor seconded. Motion passed.</li></ul>
7. SamTrans Report	<p>Margaret Baggerly provided the following report:</p> <ul style="list-style-type: none"><li>• Update on Senior Mobility Guide Distribution<ul style="list-style-type: none"><li>○ Senior Mobility Guide has all the transportation resources in the County of San Mateo. As of August 2025, SamTrans has distributed 7000 English, 2200 Spanish and 2500 Chinese Mobility Guides. SamTrans is on target to beat last year.</li></ul></li><li>• SamTrans is working on the next edition of the Mobility Guide.</li><li>• Mobility Ambassadors have a new name: Transportation Resources Counselors.</li><li>• Ambassadors will be in locations where people can come to them. The implementation is set for 2026.</li><li>• There is a customer service line that is available 7 days a week including holidays. Developed training for customer service and has a special queue for transportation guidance. SamTrans in the process of creating a brochure to be distributed in the community so people are aware of this service by phone. Targeted release in mid 2026.</li><li>• A relationship is established with Meals on Wheels SF to distribute transportation brochures.</li><li>• A relationship with caregiving agencies to distribute brochures is pending.</li><li>• Senior housing data bases are being updated</li><li>• Seeking Mobility Ambassadors that speak Spanish.</li></ul>
8. Update on Intergenerational Connections Survey – Adele Ryono	<ul style="list-style-type: none"><li>• Youth Commissioner Adele Ryono shared a power point of her work.</li><li>• She reports a potential of having the project sponsored for an overseas study and is looking for a professor or graduate student to sponsor the study.</li></ul>
9. Discussion on Progress made on Work Plan	<ul style="list-style-type: none"><li>• Discussion took place regarding information shared by Director Pullen on the Community Enrichment Project and how social isolation is being addressed.</li></ul>



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	<ul style="list-style-type: none"><li>• Request made for RDA or staff from Supervisor Canepa's office attend the next committee meeting. Anna Sawamura will follow up to see if this can be scheduled.</li><li>• Commissioner Taylor is attending a meeting on September 17<sup>th</sup> where the Supervisor is scheduled to be present and will see what he shares regarding the topic of social isolation.</li></ul>
10. Announcements	<ul style="list-style-type: none"><li>• Youth Commissioner Ryono announced the Youth Commission is currently seeking volunteers to work with their Educational Subcommittee. They are seeking older adults to assist in reading to preschool children. This will be included on the agenda for the October meeting.</li><li>• Commissioner Linnell is currently on a leave of absence and will be returning in January.</li></ul>
11. Adjourn	<ul style="list-style-type: none"><li>• Commissioner Uhl motioned to adjourn. Commissioner Taylor seconded. Motion passed.</li></ul>