

Commission on Aging – Information, Resources and Community Engagement Committee

Minutes

Monday, September 8, 2025

Location: 500 County Center, Manzanita Hall

Commissioners present: Owdom, Giannini, Nakai, Dependahl

Commissioners excused: Lee

Staff present: Anna Sawamura, Diane Madriz

Public present: Bill Lock, Jonathan

1. Welcome and Introductions	Commissioner Owdom welcomed committee members and members of the public at 11:20 a.m.
2. Public Comment	none
3. Revise/Approve September 8, 2025 Agenda	Commissioner Giannini moved to approve the agenda. Commissioner Nakai seconded. The agenda was approved.
4. Revise/Approve July 14, 2025 Committee Minutes	Commissioner Nakai moved to approve. Commissioner Owdom seconded. Minutes were approved.
5. Note Taking Assignment	Commissioner Giannini agreed to take notes.
6. Old Business	a. Help at Home – Commissioner Owdom reported that she is still waiting on two commissioners to return their assignments. Commissioner Giannini asked about Mobility City which is a for profit business, but they are different than the rest because they will actually fix medical equipment & the nonprofits will not due to liability issues. She will reach out to them. Commissioner Dependahl reported the Aging Readiness and Family Caregiver Support committee is planning to request the addition of links and written content to better assist those seeking support to age well at home. Committee is focusing on 6 pillars of healthy aging referenced by the CDC. Financial support/resources were highlighted. Commissioner Nakai shared he has a great resource available to present on this topic b. – Tabling - Commissioner Giannini will send some additional info to Commissioner Owdom regarding an additional tabling opportunity on December 20th at the Elks Club: A Veterans Xmas. c. – Commissioner Nakai reported Chair Lee requested he be assigned as the buddy for Daly City and Pacifica. He will discuss with her whether our new Commissioner can



	be assigned Pacifica. d.- Ad Hoc Committee-. Chair Lee, Commissioner Linnell, Commissioner Owdom & Commissioner Giannini - we can't meet until October because Chair Lee is on vacation until October.
7. New Business	a. <u>Work Plan Implementation and Coordination</u> Focus was on the Age Friendly Status goal. Consensus that it will be necessary to have Commissioners make inquiries in their communities about the status of age friendly efforts. We should ask this at the general meeting - Commissioner Owdom reported that Foster City never got off the ground with their age friendly city. Commissioner Giannini reported San Carlos is moving forward with a Master Plan that is bike centric & they will be removing more parking, removing lanes on San Carlos Ave, & something to Brittan Ave without a traffic study. Collectively wondering what happened in Santa Clara County since they were the first to go Age Friendly? Should we ask Ann Keighran to give a presentation? Discuss with the commission to prioritize Age Friendly. Issues are there are constant turnover since covid with staff , lack of investment of time & money. Is this still a priority with our Board of Supervisors? Can we add this to Exec Committee for Age Friendly Cities? Commissioner Dependahl & Commissioner Owdom will attend the Exec Committee meeting. b. <u>CoA Presentations</u> Discussion about having another Meet and Greet event in early 2026 and decision to recommend such an event to the Executive Committee. - last time it was virtual because of Covid. (Buddy assignments need to be updated before this happens)
8. Announcements	Jonathan shared he is attending from the Public Older Adult Committee and Anna Sawamura announced Bill Lock is a newly appointed Commissioner from SSF.
9. Adjourn	The meeting was adjourned at 12:26 p.m. Assignments are bolded. The next meeting will be on October 20, 2025, at 11:15 a.m. at 455 County Center, Room 101.