



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Lisa Mancini
 Director

Aging & Adult Services
 225 37th Avenue
 San Mateo, CA 94403
www.smchealth.org
www.facebook.com/smchealth

Commission on Aging General Meeting Minutes

Monday, February 12, 2024 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: JoAnne Arnos; Angela Giannini; Eileen Barsi; Irene Liana; Twila Dependahl; Joyce Porter; Karen Coppock; Liz Taylor; Maria Bar; Marita Leth; Monika Lee; Patty Clement; Ophelie Vico and Deborah Owdom

Member excused: Kathy Uhl

Member absent: Daniela Jongitud

Public Virtual Attendance: Christina Irving; Wesley Taoka; Tanya Olivares; Gabriela Flores; Maria Gongora; Carmen Santoni; Sandra Winter; Stacey Hawver; Terue Shinohara; Dao Do; Marie Violet; Tricia Coffey; Amber Shong; Erin Malone and Karen Pfister

In Person Public Attendance: Kevin Joyner, Supervisor Canepa’s office; David Linnell, Meals on Wheels of SF; Elyse Brummer, Ombudsman Services of SMC; Roy Earnest, CAFÉ and Stephanie Figeira, Peninsula Volunteer, Inc

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Giannini. Roll call conducted and quorum was established.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so. Kevin Joyner from Supervisor Canepa’s Office, David Linnell from Meals on Wheels of SF, Elyse Brummer from Ombudsman Services of SMC, Roy Earnest from Age Friendly and Stephanie Figeira from Peninsula Volunteer, Inc introduced themselves.
5. Oral Communications	No public comment.
6. Introduction of New Commissioners	Chair Lee welcomed new commissioners and gave a brief description of each of their background, followed by announcement of Jeff Austin’s resignation.

<p>7. Approval of Today's Agenda: February 12, 2024</p>	<p>Commissioner Coppock motioned to approve the agenda with the following edit:</p> <ul style="list-style-type: none"> • Move "Presentations and Speakers" after Members Report. <p>Second by Commissioner Porter. Motion passed.</p>
<p>8. Approval of Minutes: November 13, 2023</p>	<p>Commissioner Barsi motioned to approve the minutes. Seconded by Commissioner Barsi. Motion passed. Abstained by Commissioner Uhl, Leth, Taylor, Owdom and Dependahl.</p>
<p>9. Review of Notes from January 8, 2024 Informational Meeting</p>	<p>The group reviewed the meeting notes of January 8, 2024 Informational Meeting</p>
<p>10. Update on BoS activities regarding aging items</p>	<p>Kevin talked about the recent passage of a Resolution on Loneliness and the recent initiative on reaching out to various groups regarding this topic. Commissioner Dependahl responded with interest in meeting with Kevin to talk about loneliness initiatives related to mental health safety.</p>
<p>11. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u></p> <p>Chair Lee reported that another strategy session needs to be scheduled since a lot of Commissioners were ill and unable to attend in January. There is also another concern – two of the three committees do not have Chairs. There is an urgency to identify Chairs for the two committees. Commissioner Coppock suggested for the Executive Committee to identify several dates and times for conducting a follow-up strategy session. Chair Lee also welcome thoughts from other Commissioners.</p> <p>Chair Lee talked about the Buddy Program, where each new Commissioner is paired with an experienced Commissioner for onboarding and asked for volunteers. Commissioner Porter volunteered.</p> <p>Chair Lee also welcomed Commissioners to arrange for and organize non-official social get-together events.</p> <p><u>Resource Access and Inclusion (RAI) Committee</u></p> <p>Chair Lee reported the update for Help@Home has been completed. Color stock is being shipped by the printer and will be ready for Commissioners review by next meeting.</p>

	<p>First tabling for 2024 was Millbrae Senior Showcase. A sign-up sheet was circulated during the meeting. Commissioners were encouraged to sign up for future tabling events.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> No meeting conducted in January; no report from MISO Committee.</p> <p><u>Transportation and Aging in Community Committee</u> Commissioner Liana reported the committee meeting was well attended by members of the public. SamTrans gave a presentation on the Colma Bus Stop, talked about some assessable transportation options in the community. SamTrans informed the group that the bus route cannot be re-routed as requested. Commissioner Taylor is planning to co-write a letter with Commission on Disabilities Accessible Transportation Committee.</p>
12. Member Reports	<p>Commissioner Barr reported that San Bruno has approved the accreditation for Age Friendly cities.</p> <p>Commissioner Porter reported the Millbrae Senior Showcase had a good turn out and encouraged Commissioners to sign up for tabling events where they can connect with the community.</p>
13. Presentations and Speakers	<p>Roy Earnest reported recent efforts and initiatives that CAFÉ has completed. CAFÉ helped almost all cities in San Mateo County to establish as a Age Friendly community with the exception of Menlo Park, Portola Valley and Atherton. He shared that they have just entered into Phase 5 of Age Friendly Contract lining up South San Francisco, Belmont, Millbrae, and three other cities. They are in the process of getting Half Moon Bay involved in this Phase. CAFÉ received a grant award from the California Department of Aging for their Local Aging and Disability Action Plan. CAFÉ will be co-presenting with Senior Coastsiders at the American Society on Aging Conference.</p>
14. Staff Report	<p>Lisa Mancini thanked the Commission for their dedication and work advocating and supporting the needs of older adults and adults with disabilities. She also shared that there will be an update on the midterm budget at the Board of Supervisors meeting and encouraged Commissioners to participate in person or virtually.</p>

	Anna Sawamura reported the Older Americans Act has an update which will take effect on March 15, 2024. The date for implementation of changes by Area Agencies on Aging is October 1, 2025. She also announced staff are working on allocation of Older Americans Act one-time-only funds to providers.
15. Stretch Break	There was a 5-minute stretch break.
16. Needs Assessment Data Presentation	Presentation given by Karen Pfister, Health Services Manager I, San Mateo County Health Public Health Policy and Planning
17. Adjourn	Commissioner Leth moved to adjourn the meeting. Seconded by Commissioner Barr. Motion passed. Meeting adjourned at 11:00 am.



Commission on Aging

225 37th Avenue • San Mateo, CA 94403

Phone (650) 573-3900 • **Fax** (650) 837-9713 • **CA Relay** 711 • **Website** <http://smchealth.org/CoA>

24-hour line to report abuse (800) 675-TIES (8437)

Health System Chief • Louise Rogers

Board of Supervisors • Dave Pine • David Canepa • Noelia Corzo • Ray Mueller • Warren Slocum