



SAN MATEO COUNTY HEALTH
**AGING & DISABILITY
SERVICES**

CoA General Meeting Minutes
April 13, 2026 9:00am-11:00am
500 County Center, Manzanita Hall Redwood City, CA 94063

Commissioners Present: Liz Taylor, Twila Dependahl, Angela Giannini, David Linnell, Patty Clement, Maria Barr, Martin Nakai, Bill Lock, Monika Lee, Deborah Owdom, Brittany Saleem, Ophelie Vico

Commissioners Excused: Irene Liana, Daniela Jonguitud

Members of the Public (Remote): Ellen Tafeen, Edian Valenzuela, Greg Mediat, Johnathan, Julie Schneider, Kathleen Rivas, Lisa Wilson, Q Gilliam, Sandi Winter, Wesley Taoka, Irene Liana, Alejandra Sanchez, Alicia Soltero, Gabriela Flores

Members of the Public (In-Person): Paris Sims-Hill, Gloria Lara, Elyse Brummer

Supervisor Canepa's Office: Jean Aquino

Staff Present: Lee Pullen, Anna Sawamura, Diane Madriz, Harry Guan, Andrew Eng

1. Call to Order, Roll Call, and Introductions

- 1st Vice Chair Linnell called meeting to order at 9:00am
- The Pledge of Allegiance was recited.
- Roll Call taken; Quorum established.

2. Public Comment

- There were no public comments from individuals attending in person or virtually.

3. Approval of Agenda - 4/13/2026

- Motion to approve 4/13/2026 agenda:
 - Moved by Commissioner Lee
 - Seconded by Commissioner Taylor
 - Motion approved.

4. Review and Approval of Meeting Minutes - 3/9/2026

- Motion to approve 3/9/2026 meeting minutes:
 - Amended by Commissioner Lee
 - Moved with amendments by Commissioner Lock
 - Seconded by Commissioner Nakai
 - Motion approved.



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5. Update on Board of Supervisors (BoS) activities concerning older adults – Supervisor Canepa’s Office

- Jean Aquino from Supervisor Canepa’s office provided an update. The office remains committed to supporting older adults in the county, particularly in light of rising living costs and anticipated funding reductions at both the state and federal levels. She highlighted ongoing efforts to support older adults through nutrition assistance, housing programs, and mental and behavioral health services. Emergency preparedness and disaster readiness for older adults were also identified as priorities.
- Commissioners expressed concern about funding reductions and requested that detailed program-level financial impacts be shared with the Commission when available.

6. Committee and Ad Hoc Reports

- Executive Committee
 - *California Senior Legislature (CSL) Elections:* The Commission was informed that six candidates are seeking positions in the California Senior Legislature:
Senator Candidates; Deborah Owdom, Elyse Brummer
Assemblymember Candidates: Monika Lee, Bill Lock, Paris Sims Hill, Gloria Lara
Each candidate provided a brief introduction. Voting will take place at the next general meeting.
 - *Action Item: Move to adopt Aging Readiness and Family Caregiver Support Committee checklist for inclusion in outreach and postings:*
 1. A motion made by 1st Vice Chair Linnell and seconded by Commissioner Saleem
During discussion, commissioners raised concerns regarding clarity, grammar, and document structure. A vote was conducted:

One commissioner voted in favor, and eight commissioners voted against approval. As a result, the checklist was not approved and was referred back to the committee for revisions.



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- *Action Item: Move to adopt the inclusion of the Commission on Aging Community Partners document for use by commissioners in outreach and community engagement:*
 - a. Moved by Commissioner Lee, seconded by Commissioner Saleem.
Commissioners engaged in extensive discussion regarding the clarity of the document, the expectations placed on commissioners, and potential workload concerns.
Roll Call Vote Results: The motion to approve did not pass. Commissioners Saleem, Giannini, Owdom, Lee, and Vico voted in favor. Commissioners Barr, Taylor, Linnell, Lock, Clement, Nakai, and Dependahl voted in opposition.

The document was referred back to the committee for further clarification and revisions.

- Information, Resources, and Community Engagement Committee
 - The committee reported that it continues its work on outreach efforts. The Help at Home Guide revisions have been completed. The English guide is expected to be available in May.
- Aging Readiness and Family Caregiver Support Committee
 - The committee reported that it will take the checklist document back to committee for revisions and bring it back for approval at the next meeting. The committee also discussed revising its goals and plans to develop new goals in preparation for the upcoming retreat.
- Social Isolation and Transportation Committee
 - The committee reported that it did not meet in March due to lack of quorum. Updates from the February meeting were shared. Adele Ryono reported successful programming with over 100 participants at two library events. She is participating in a conference in Ohio. It was also noted that the SamTrans Senior Showcase remains on hold.
- Ad Hoc Legislative Advocacy Committee
 - The committee introduced a proposal to transition the Commission from a calendar year to a fiscal year schedule. The proposal was discussed, including its potential impact on officer elections and



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alignment with county processes. No formal action was taken, and the item will return for further discussion.

- Ad Hoc Help@Home Update Committee
 - The committee has completed updates and staff will be working on having the guides ready in May.

7. Member Reports

- Commissioners shared updates on community activities. One commissioner reported attending a meeting regarding a “Blue Zones” initiative focused on promoting healthier, longer lives in local communities. Additional updates included changes to local public spaces that may impact older adults.

8. CoA Outreach Update – Commissioner Owdom

- Commissioner Owdom reported several upcoming outreach events, including events in San Mateo Daily Journal event, South San Francisco, San Mateo County Fair, and the Pride Festival. Commissioners were encouraged to volunteer for tabling shifts.

9. Staff Report

- Staff provided several updates. The Request for Proposals (RFPs) for Older Americans Act-funded programs are due on April 16, 2026. Approximately 20 individuals have expressed interest in assisting with the review process.
- Staff also reported that the Area Plan update will be presented at the May meeting, with approval by the Board of Supervisors anticipated in June.
- In addition, staff confirmed that the California Senior Legislature election will require in-person voting at the May 11 meeting. Commissioners were advised that a quorum will be required to conduct the vote.
- Announcements

1. Stretch Break (10 Minutes)

2. CoA Annual Report

- Commissioners reviewed and edited content of the 2025 Commission on Aging Annual Report for the presentation to the Board of Supervisors. Staff will prepare an updated presentation deck for approval at the May 11th meeting to present to the Board of Supervisors.

3. Announcements: No announcements were made.

4. Adjournment

- Motion to adjourn the meeting:
 - Moved by Commissioner Owdom
 - Seconded by Commissioner Nakai
- Meeting adjourned at 11:00am