

**COMMISSION ON AGING
GENERAL MEETING
MINUTES**

Monday, September 8, 2025 9:00 – 11:00 a.m.
500 County Center Manzanita Hall; Redwood City, CA 94063

Members present: Karen Coppock, Twila Dependahl, Maria Elena Barr, Angela Gianini, Irene Liana, David Linnell, Martin Nakai, Liz Taylor, Kathy Uhl, Deborah Owdom, Ophelie Vico

Members excused: Daniela Jonguitud, Monika Lee, Ellen Tafeen, Patty Clement

Public Attendance (virtual): Elyse Brumer, Christina Irving, Bill Lock, Edian Schofield, Wes Taoka, Lisa Wilson, Sandra Winter,

Public Attendance (In-person): Florence Wong, Susan Kokores, Stan Maupin

Staff Attendance: Lee Pullen, Anna Sawamura, Diane Madriz, Shawne O'Connell, Melissa Sanchez

ITEM	DISCUSSION
Call to Order Pledge of Allegiance Roll Call	Meeting called to order at 9:00am by 1st Vice Chair Irene Liana. Roll call conducted and quorum was established.
Introductions of Members of the Public	1st Vice Chair Liana welcomed all in attendance both in person and virtually.
Oral Communications	There were no oral communications from members of the public.
Approval of today's agenda, 9.9.2025	Motion to approve by Commissioner Barr Seconded by Commissioner Linnell, Motion passed.
Approval of minutes from 07.14.2025	Motion to approve by Commissioner Giannini. Seconded by Commissioner Barr. Commissioners Dependahl and Linnell abstained. Motion passed.
Update on Board of Supervisor activities	Update on Board of Supervisor (BoS) activities regarding items concerning older adults. No reports this month.
Committee Ad Hoc reports	<u>Executive Committee</u> – 1st Vice Chair Liana reported the following: • Commissioner Owdom will provide a Help @ Home update • There are two presentations planned for the remainder of the calendar year; -October-Connie Juarez-Diroll on the county's legislative program and advocacy. -November, a presentation on Elder Abuse • Discussion on a letter from the commission to Supervisor Canepa requesting attendance from his office at meetings. This will assist in our work to best advise his office on aging items and to learn how the commission can better support the county. A letter will be presented at the next meeting as an action item. • 2nd Vice Chair Linnell will write a draft and have it presented at the October Executive Committee meeting. <u>Information, Resources, and Community Engagement Committee</u> – Commissioner Owdom reported the following: • Committee continues focusing on their work plan • Outreach/tabling continues and everyone's commitment to being at events is appreciated



	<u>Aging Readiness and Family Caregiver Support Committee –</u> Commissioner Dependahl reported the following: • The Committee is working on finalizing an aging readiness checklist focused on the six pillars of aging: social, emotional, financial, mental health, physical, and spiritual. • Discussion took place at the last meeting on cognitive health. Decision made to have it included with mental health. • Goal for this month's meeting is to finalize the checklist and bring it to the Ad Hoc Help@Home Committee for inclusion in the next edition of the Help @ Home guide. <u>Social Isolation and Transportation Committee –</u> 1st Vice Chair Liana reported the following: • Since the resignation of Commissioner Leth, the committee is open to a new member. • Youth Commissioner Adele Ryono gave an update on her progress with the intergenerational connections survey project <u>Ad Hoc Help@Home Workgroup –</u> Commissioner Owdom reported the following: • Majority of updates have been received. Two commissioners updates are pending. • Commissioner Barr reports that she called people to tell them the commission was going to update the Health @ Home booklet and they asked what color the book will be. Received positive comments and a group was interested in giving presentations on elders who want to get employed. • Requests have been received to include for-profit businesses. The committee will review and if no other resources exist, they will consider including. <u>Ad Hoc Advocacy Workgroup –</u> Commissioner Dependahl reported the following: • The group has requested and are awaiting a meeting with county staff who can provide information on the county's legislative priorities and how to advocate/advise the BoS as a commission.
CoA Outreach Update	Commissioner Owdom reports that the Daily Journal Event is on September 17 from 10 to noon in Burlingame. Commissioners Uhl, Nakai, and Barr will attend. One more commissioner is needed. The next event is on Thursday, November 20th in Foster City at the ViBE Teen Center. Commissioners Nakai and Gianini will attend.
Member Reports	Commissioner Gianini reports that San Carlos is working on a master plan where they will be removing 56 parking spots and reducing lanes on San Carlos Avenue. She spoke to them as an individual concerned about the impact this will have on the aging population. The project will cost \$118 million dollars for a 20-year plan. Commissioner Taylor reports that Supervisor Canepa is going to speak about Loneliness at the Colma Community Center on September 17th at 11:30 AM.



	Commissioner Nakai reports he contacted Kasey Jo Cullinan and will be attending a Senior Event to pass out the Help @ Home booklet.
Staff Report	Director Pullen reported the following: • Chair Lee and CoD Chair Wong are on the Advisory Committee for the Community Enrichment Project. Other advisory committee members include representatives from the following organizations: Age Forward Coalition of San Mateo County, Age Friendly, the Villages, the Public Health Department, San Mateo County Economic Development Association, Rec and Park, SamTrans and libraries. • This Fall, RDA (the vendor selected to lead the project) will start gathering data, conducting needs assessments, key informant interviews and focus groups. • New staff has joined ADS and will assist with the ADS website. • In November staff will be attending C4A (California Association of Area Agencies on Aging's) annual conference. • Our partner for ADRC is CID. They are now fully staffed and will start promoting their program.
Announcements	• Staff introduced and welcomed Melissa Sanchez who will be with CPSU until 12/31/2025. • Commissioner Uhl reports that the Youth Commission has been doing great work, and it is important for family members to learn about the work their children are doing on passing legislation. • Sandra Winter announced that Age Forward Coalition has done a lot of advocacy with BoS and is interested in partnering with CoA to do combined advocacy. • 1st Vice Chair Liana announced that September is Hispanic National Heritage Month, Suicide Prevention Month, World Alzheimer's Awareness Month, Library Awareness Month, and SamTrans Month.
Stretch Break	There was a 10-minute stretch break
Presentation from County Comissions	Presentations made by the following commissioners on the work of their respective commissions:: Susana Kokores, Commission on the Status of Women Florence Wong, Commission on Disabilities Stan Maupin, Veterans Commission Commissioner Maupin invited all to the next Veteran Service Fair being held at 500 County Center on September 25th from 10-2pm.
Adjourn	Motion to adjourn by Commissioner Linnell and seconded by Commissioner Taylor. Motion passed.