



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

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 Director

Aging & Adult Services
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Commission on Aging General Meeting Minutes - **DRAFT**

Monday, August 10, 2020 9:00 – 11:00 a.m.

Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Patty Clement; Karen Coppock; Angela Giannini; Jean Hastie; Christina Dimas-Kahn; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor.

Members excused: Elsa Agasid

Staff: Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Sandra Lang; Wes Taoka; Angela Hey; Mary Matthiesen; Sandra Winter; Deborah Owdom; Evelina Chang; Becky Flanagan; Terue Shinohara

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Chairperson Hastie. Commissioner Clement led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	No communications were made.
3. Approval of Today's Agenda: August 10, 2020	Commissioner Coppock motioned to approve agenda with edits. Commissioner Querol Moreno seconded the motion. Motion passed.
4. Opening Remarks	Chairperson Hastie welcomed and thanked everyone for joining in a month when we are usually not meeting. There is much happening in the County and everyone's attendance is evidence that opportunities to meet and concentrate on identifying needs and advocacy for older adults and people with disabilities is necessary. She announced that breakout sessions would be held based on the topics/areas identified by Commissioners. A Commissioner will be assigned to facilitate the sessions. After sessions are held, everyone will rejoin together and report out on session findings.
5. Staff Report	Lisa Mancini provided data and statistics on COVID-19 in our County. She is currently serving at the County Health Disaster Operations Center where priority is on addressing COVID-19.

	<p>She shared the Great Plates Delivered Program held three town hall meetings: participants, restaurants, staff to gather information on how the program is operating. Overall consensus is that the program is a much needed service to address the food needs of those “sheltering in place.” Approximately \$7 million has gone back into the restaurant economy to date.</p> <p>Chairperson Hastie asked if there will be a program to provide food after GPD ends. Lisa shared that the County is looking into funders who can support this when FEMA support is no longer available.</p> <p>Within Aging and Adult Services, 90% of staff are teleworking. The Lobby is still open for the public. Adult Protective Services are going out as needed to provide emergency visits and the IHSS program will be going back into the field to see clients who approve having them come to their homes.</p>
6. Breakout Session Topics	<p>Commissioners entered a discussion on the topics they would like to discuss:</p> <ul style="list-style-type: none"> • Commissioner Dimas Kahn identified food insecurity housing, transportation, technology, social isolation, emergency readiness and supplies for all to address any disasters that may occur with special focus on middle income seniors. • Commissioner Clement identified severe social isolation and challenges being faced by caregivers...how do we support them? • Commissioner Lee identified the need to focus on how to support the entire County in becoming Age Friendly. After applications are submitted, support is needed to collaborate with other cities to implement next steps. • Commissioner McMullin identified the need to help seniors understand and identify home safety. Many homes are unsafe. He also feels the need to help advocate and educate all to overcome barriers regarding Adult Protective Services. • Commissioner Coppock also voiced the need for greater technology to help older adults lead a better/healthier life. • Commissioner Barr would like to see efforts to outreach and help older adults connect with outdoor activities that are available such as exercise in the park, grab and go meals. These are opportunities to continue physically connecting with one another. • Commissioner Arnos would like the Commission to be more visible and involved with the programs in the County. She

	<p>feels we are too distant from the communities we serve. Hands on work to address isolation is important.</p> <ul style="list-style-type: none"> • Commissioner Querol Moreno feels we need to outreach more to underrepresented groups in our County. In particular, African American serving groups need to be included in our work. <p>From the discussion, four breakout groups were identified:</p> <ol style="list-style-type: none"> 1. Food Insecurity/Nutrition 2. Social Isolation 3. Building Relationships/Age Friendly 4. Technology <p>After a 5 minute break, Commissioners and the public were divided to join the groups for discussion.</p>
<p>7. Recap of Breakout Session Work</p>	<p>1. Food Insecurity/Nutrition Commissioner Dimas Kahn reported that the group identified the following:</p> <ul style="list-style-type: none"> • The Great Plates Delivered Program has been able to provide meals to those living in rural areas of the County. • There is a need for food shelf stable meals that can serve as emergency food supply for people. • Current HDM providers need more funding to cover costs of meal production and delivery. • More staff are needed to address the increasing demand • Consider collaborating with the American Red Cross • Consider having current HDM providers collaborate with GPD to help with meals when FEMA support ends. <p>2. Social Isolation Commissioner Clement reported the following:</p> <ul style="list-style-type: none"> • Providers are identifying and offering webinars and other activities to connect with seniors but more is needed. • Programs such as “walk with a purpose,” “wider circle” should be researched as potential wellness check options • Friendship Line and other person to person connections on a regular basis are needed • When neglect is identified, there is a stigma to report to APS for help. How to educate the community on APS’ role and support they can provide to help individuals to remain safely at home. • Question to answer: How can we safely reach people who are socially isolated? Potential answers: increasing neighborhood connections and do this safely

	<p>3. Building Relationships/ Age Friendly Commissioner Lee reported the following:</p> <ul style="list-style-type: none"> • CoA should advocate and offer update opportunities on the status of each city. • CAFÉ is only involved in the application submission process and not in implementation or ongoing support • Need to identify who should be our partners in these efforts • Opportunity to make presentations to cities by the RAC <p>4. Technology Commissioner Coppock led and Chairperson Hastie reported the following:</p> <ul style="list-style-type: none"> • Older adults are reluctant to use technology • Need to find ways to provide access and training • Identify and share information on equipment and training opportunities • Access Digital Divide for older adults • Help to provide tablets or laptops for older adults • Identify intergenerational training programs <p>Chairperson Hastie thanked all for participating. All Commissioners felt more time is needed to continue discussions on what began today.</p>
8. Public Comment	No public comments
9. Announcements	The next CoA General meeting is September 14 th .
10. Adjourn	Commissioner Lee made a motion to adjourn. Commissioner Kilroe seconded the motion. Motion passed and the meeting ended at 11:17am.



Commission on Aging

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