



SAN MATEO COUNTY HEALTH

AGING & DISABILITY SERVICES

CoA Aging Readiness and FCS Committee Minutes

May 26, 2026 | 9:30 a.m.–11:00 a.m.

2000 Alameda de las Pulgas, Room 209, San Mateo, CA 94403 / Hybrid Meeting

Members Present: Kathy Uhl, Patty Clement, Twila Dependahl, Maria Barr, Daniela Jonguitud

Members Excused: None

Members of the Public (Remote): None present

Members of the Public (In Person): None present

Staff Present: Harry Guan

1. Call to Order, Roll Call, and Introductions

- Co-chair Clement called the meeting to order at 9:31 a.m.
- Roll call was taken, and a quorum was established.

2. Public Comment

- No public comments were made.

3. Note-Taking Assignment

- Co-chair Jonguitud volunteered to serve as note taker.

4. Approval of Agenda – May 26, 2026

- A motion was made to approve the May 26, 2026 agenda.
- Moved by Commissioner Dependahl.
- Seconded by Commissioner Barr.
- The motion was approved.

5. Review and Approval of Meeting Minutes – April 27, 2026

- A motion was made to approve the April 27, 2026 meeting minutes.
- Moved by Co-chair Jonguitud.
- Seconded by Commissioner Uhl.
- The motion was approved.

6. Discussion, Review, and Finalization of Checklist for Resubmission to the Executive Committee



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- Committee members discussed placement of the disclaimer in order to maintain readability and avoid unnecessary confusion for older adults while ensuring appropriate legal protections were included.
- Commissioners also discussed whether references or citations should be added to show that the content was informed by organizations such as AARP and the National Institute on Aging. Concerns were raised that extensive references could make the checklist too lengthy. The committee agreed that the checklist is intended to serve as a general awareness tool rather than a recommendation for specific services.
- The committee also discussed the Executive Committee's procedural role in returning the document for additional review rather than forwarding it directly to the full Commission for consideration.
- A motion was made to return the revised checklist to the Executive Committee with a recommendation that it be advanced to the full Commission for consideration.
- Moved by Co-chair Jonguitud.
- Seconded by Commissioner Barr.
- The motion was approved.

7. Discussion of Future Goals

- Members discussed future goals related to caregiver support and identified several topics for further consideration:
- Economic challenges faced by family caregivers.
- Loss of income and employment opportunities for caregivers providing care to family members.
- Existing state and local caregiver support programs that offer tax benefits.
- Increasing awareness of available services before families reach crisis situations.
- Potential transportation-related support for caregivers.
- Collaboration with organizations such as Family Caregiver Alliance.
- Senior express checkout lanes at supermarkets.
- Use of social media to raise awareness through the Commission on Aging account. Members were reminded that any postings would need to go through the County's approval process before publication.
- Members were also reminded of their advisory role to the Board of Supervisors and the limitations related to direct program implementation.
- The committee agreed to continue exploring caregiver support strategies and encouraged members to research existing programs and legislation for future discussion.

8. Announcements

- Commissioner Dependahl announced her relocation to San Diego County. She will remain a commissioner through the end of July.



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9. Adjournment

- A motion was made to adjourn the meeting.
- Moved by Commissioner Barr.
- Seconded by Commissioner Uhl.
- The meeting adjourned at 11:00 a.m.

Next Meeting: June 22, 2026 | 9:30 a.m.–11:00 a.m.