



SAN MATEO COUNTY HEALTH

AGING & DISABILITY SERVICES

CoA Aging Readiness and FCS Minutes

February 23, 2026, 9:30am-11:00am

2000 Alameda De Las Pulgas San Mateo, Ca 94403

Quorum not met, Informational Meeting

Members Present: Twila Dependahl, Maria Elena Barr

Members Excused: Patty Clement, Daniela Jonguitud, Kathy Uhl

Members of the Public (Remote): Johnathan

Members of the Public (In-Person):

Staff Present: Anna Sawamura, Diane Madriz, Harry Guan

1. Call to Order, Roll Call, and Introductions

- Anna Sawamura called meeting to order at 9:31
- Roll Call taken; Quorum not met.

2. Public Comment

- No comments

3. Feedback from Ad Hoc Help@Home Guide Committee regarding Personal Plan Checklist

- Disclaimer reviewed by County Counsel.
- Quorum needed to take to item to Executive Committee.

4. Discussion on Finalizing Work on Goal II

- Further discussion is needed on distribution method.
 - Libraries are an effective good way to engage the general public. However, the checklist should focus on the target demographic.
 - Explore marketing/promoting the checklist to Family Caregiver Collaborative (Alzheimer's Association, FCA, Edgewood, Coastside ADC, Kimochi Inc., and Legal Aid)
 - Explore methods of digital distribution: QR code / Website.

5. Announcements

- **Look into presenters/guest speakers regarding financial/economic concerns with healthcare (Medi-care, Medi-care, CalAIM, etc.) for the aging population.**
-

6. Adjournment

- Meeting adjourned at 10:23am