San Mateo County Commission on Aging Annual Report

May 10, 2016
Presented by Christina Dimas-Kahn, Chair
The Commission is to serve as the Advisory Council to the Board of Supervisors in its role as Area Agency on Aging (AAA) for San Mateo County, to assist the County in its implementation of the Older Americans Act (OAA), the Older Californians Act (OCA), and other federal and state laws and regulations, and to advocate for and support senior services throughout the County.
Why does the Commission Exist?

• The Older Americans Act of 2016, re-authorized by President Obama on April 19, 2016

• The Mello-Granlund Older Californians Act (AB280)
Commission on Aging
Commissioners

Christina Dimas-Kahn, Chair
Scott McMullin, 1st Co-Chair
Armetta Parker, 2nd Co-Chair

Rita Alexander, Joanne Arnos, Walter Batara,
Sandra Cooperman, Lisa Costello, Aurea Cruz,
Sandra Lang, Mary Larenas, Pamela O’Leary,
Cherie Querol-Moreno, May Ratiu,
Francine Serafin-Dickson
By the year 2030, nearly one out of four San Mateo County residents will be over the age of 65.

San Mateo County Health Policy and Planning Division
San Mateo County Projection Model (2008)
Accomplishments
2015-2016
Commission Planning Process

Commission on Aging (CoA) Retreat
February 27, 2015

Team building, clarify roles and relationships, identify priority goal areas, assess meeting effectiveness and explore communication concerns.
Needs & Issues Identified by the Commission:

Adult Abuse Prevention
Transportation
Resource Access
Actions taken by Committees
Adult Abuse Prevention Committee
Resource Access Committee
Help At Home Booklet

HELP AT HOME

2015-2017

A guide to assist San Mateo County residents to remain at home

Published by San Mateo County Commission on Aging
Resource Table at Seniors on the Move

Participated in Seniors on the Move sponsored by Congresswoman Jackie Speier and Supervisor Adrienne Tissier.
Transportation Committee

• Primary goal: To become an advocate for safe senior mobility

• Studied the 2006 Senior Mobility Action Plan for San Mateo County

• Identify gaps in service to the community

• Develop proposed action items that will be presented to the Commission
Area Plan and Needs Assessment

• The Four-Year Area Plan is based on a needs assessment of the community.

• The needs assessment included:
  ➢ the community survey,
  ➢ stakeholder forums, and
  ➢ a review of secondary data from other community needs assessments

• **Housing and Transportation** were identified as the top community needs.
Area Plan and Needs Assessment continued

• The community survey was distributed to over 9000 residents.

• The top three issues revealed by the survey:
  ➢ Learning about services/benefits for older adults
  ➢ Remaining in one’s home
  ➢ Financial security/money to live on

• The total needs assessment data was used to develop the goals and objectives for the Plan.
Current Commission Challenges

• Advocating and advising on complex and widespread community concerns such as adult abuse, housing, transportation, and resource access

• Limited availability of Commissioners due to changes in employment, health issues, or family obligations

• Encouraging Commissioners to take on leadership roles in standing committees
What’s ahead for 2016-2017

• Revise recruiting efforts and process
• Update and revise the Commissioner training and orientation manual
• Continue committee work established in 2015-16
San Mateo County Board of Supervisors

- Adrienne Tissier, Supervisor
- Patricia Brown, Consultant
San Mateo County
Aging & Adult Services Staff

• Lisa Mancini, Director
• Michelle Makino, Program Services Manager
• Lorelei Bresler, Community Program Analyst II
  • Lindsey Joyner, Office Specialist
• Craig McCulloh, Community Program Analyst II
• Cristina Ugaitafa, Community Program Analyst II, Planner
What's ahead for 2016 - 2017 (continued)

3. Expand the visibility of the Commission in the community. Use technology to enhance the community's knowledge about the role and purpose of the Commission.

4. Create a culture of openness to new ideas for the future development of the Commission.

5. Accomplish goals established by the Transportation, Elder Abuse Prevention and Resource Access committees.