

COVID -19 CLEANING PROTOCOLS FOR VACATED ROOMS

Prior to a COVID-19+ person utilizing a room, consider reducing the amount of porous, non-launderable, surfaces through the use of slip covers and mattress pads to simplify cleaning

Per CDC guidance: <https://bit.ly/2y4Ta70>



AIR OUT AREA

Leave area open to outside air for at least 24 hours prior to cleaning or ensure adequate time to allow for at least 8 air exchanges (for protection of cleaner)

- » CDC COVID-19 recommendations are for 24 hours, but CDC infection control guidance recommends 8 air exchanges for general infection control
- » <https://bit.ly/2xu7jdA>



WEAR GLOVES & GOWNS

Cleaner should wear gloves and gown at minimum

- » CDC makes no mention of respiratory protection, but recommended if COVID-19 positive individuals are still present in the area



LAUNDERABLE ITEMS

- » Remove carefully and do not shake to minimize possible virus dispersal
- » Wash in warmest appropriate water and dry completely
- » Disinfect any hampers or carts used to transport laundry



POROUS SURFACES

Porous surfaces that can't be laundered (carpet, drapes, etc) spray surface with EPA-approved product



NON-POROUS SURFACES

Pay special attention to high-touch surfaces: light switches, bed rails, door handles, sink handles, toilets, etc.

- » Clean surfaces of visible dirt with standard detergent/soap
- » Disinfect with
 - » 70% or more alcohol solution
 - » Diluted bleach (5Tbs/gallon or 4tsp/quart)
Ensure bleach isn't expired
Equivalent to a 1:9 dilution of 5% concentrated liquid bleach (per WHO guidance)
- » EPA-approved product
- » Ensure surface stays wet for 10 minutes



AFTER CLEAN-UP

PPE should be properly removed to reduce risk of self-contamination

- » Gloves and gowns should be removed carefully after cleaning the room to avoid contamination of the wearer and the surrounding area.
- » Remove gloves first, then wash your hands
- » If worn, remove your face mask, and wash your hands again



REPORT BREACHES

Cleaning staff should immediately report breaches in PPE (e.g., tear in gloves) or any potential exposures to their supervisor



OTHER CONSIDERATIONS

Per CDC: COVID-19 was detected up to 17 days after Covid+ person vacated a cruise ship room, but prior to disinfections



**COUNTY OF
SAN MATEO**