

# CHINESE HEALTH INITIATIVE

CHINESE COMMUNITY OUTREACH



## Collaboration

- Work with providers and agencies to facilitate access to mental health and substance abuse services for the Chinese community

## Linkage and Referral

- Empower and engage people to make decisions about themselves and their loved ones' emotional well-being
- Provide mental health and substance use screenings and referrals REGARDLESS of insurance

## Education

- Host community-based mental health awareness events in an effort to reduce stigma around mental health in the Chinese community

The Chinese Health Initiative (CHI) is dedicated to providing culturally sensitive bilingual (Mandarin and English) services for children and adults reside in San Mateo County Chinese communities.

**Contact CHI to find out how you or your organization can collaborate with her.**

650-381-4078

CHI@smcgov.org

Scan WeChat QR code below or add: CHI-CW

To learn more CHI, please visit: [www.smchealth.org/CHI](http://www.smchealth.org/CHI)



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH & RECOVERY SERVICES**



Behavioral Health & Recovery Services  
SAN MATEO COUNTY  
Office of Diversity and Equity



# 華人健康促進會

華人社區服務



## 合作

- 與機構和個人合作，增加華人獲得精神健康和藥物濫用治療相關服務的機會

## 聯繫和轉介

- 鼓勵華人主動地為自己和他人的心理健康做出決定
- 免費推薦心理治療和藥物濫用治療服務
- 協助任何保險的轉診

## 心理健康教育

- 在社區舉辦心理健康講座
- 增強心理問題防範意識
- 排解華人對心理問題的誤解

華人健康促進會 (CHI) 致力於為聖馬刁縣華人社區的兒童和成人提供符合華人的雙語（國語和粵語）諮詢服務。

欲知更多信息，請您或您的機構聯繫：

650-381-4078

CHI@smcgov.org

微信掃描二維碼或搜索

ID：CHI-CW

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