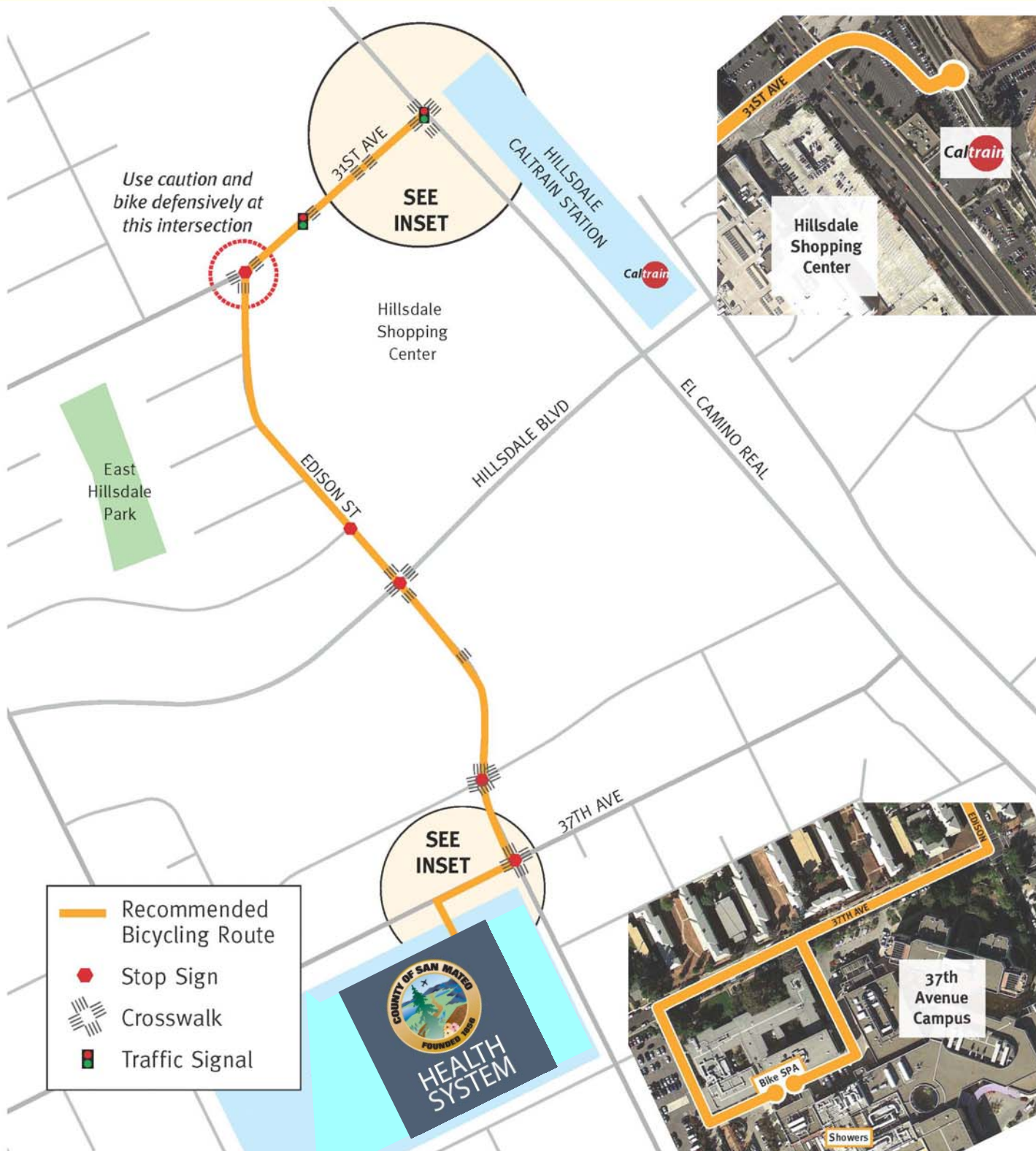


SAN MATEO COUNTY HEALTH SYSTEM'S

Bike Map

Hillsdale Caltrain to 37th Ave Campus
(225 37th Ave) – 6 to 11 minutes



Bike Map

Hillsdale Caltrain to 37th Ave Campus
(225 37th Ave) – 6 to 11 minutes



Biking to San Mateo County Health System campus

We strongly encourage you to choose an option other than driving alone to our Health Campus. It will be better for your wallet, your health, and the health of the planet. Plus, car parking is limited at the Health Campus and is needed for clients.

We are located very close to the Hillsdale Caltrain stop and just off El Camino Real. Here is how to bike to the Health Campus from the Hillsdale Caltrain Station.

DIRECTIONS

- Get off at Hillsdale Station in San Mateo.
- Walk your bike to the north end of the west (southbound) platform.
- Bicycle through the parking lot to the intersection of El Camino Real and 31st Avenue.
- Bicycle on 31st Avenue for one block to Edison Street and go south (left). Use caution at this intersection.
- Bicycle south on Edison Street for 7 blocks and turn right at 37th Avenue.

USE CAUTION WHEN PASSING Stay out of the driver's right-hand "blind spot." Be careful when overtaking cars while in a bike lane; drivers don't always signal when turning. You have the right to ride in the middle of the lane to avoid the "right hook". Watch for cars pulling out from side streets or driveways.



RIDE A WELL-EQUIPPED BIKE Outfit your bike with a compact U-shaped rigid bike lock, tool kit, and fenders. Use a bright white front light and red taillight on your bike or helmet at night and when visibility is poor.



KEEP CLEAR OF THE DOOR ZONE Ride well outside the door zone along parked cars. Parked cars give a false sense of security. If the lane is too narrow to share with a car, you have the right to ride in the middle of the lane.

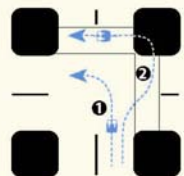


USE HAND SIGNALS Hand signals tell motorists what you intend to do. For turn signals, point in the direction of your turn. Signal as a matter of courtesy and safety and as required by law.



CHOOSE THE BEST WAY TO TURN LEFT

There are two ways to make a left turn: 1) Like an auto: look back, signal, move into the rightmost lane that turns left; 2) Like a pedestrian: ride straight to the far-side crosswalk, then walk your bike across, or wait in front of the rightmost through lane.



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Using the proper equipment and safety devices will ensure a safer and more enjoyable ride.

