

# Behavioral Health and Recovery Services

## Vision · Mission · Values

**Preface:** These statements were developed out of a dialogue involving consumers, family members, community members, staff and providers sharing their hopes for the newly formed Behavioral Health and Recovery Services Division. The members of the Behavioral Health and Recovery Services community agree to support the Vision, Mission, and Values, and to strive to demonstrate these concepts within our individual and collective responsibilities.

### **The Vision:**

Individuals, families, and communities fulfill their promise and successfully pursue their dreams in a society where stigma and discrimination against those with mental illness and/or alcohol and drug addiction are remnants of the past.

### **The Mission:**

*We build opportunities for people with or at risk of alcohol and drug addiction and mental health challenges to achieve wellness and/or recovery through partnership, innovation, and excellence.*

### **Our Values:**

- **Person and Family Centered**  
We promote culturally responsive person-and-family centered recovery.
- **Potential**  
We are inspired by the individuals and families we serve, their achievements and potential for wellness and recovery.
- **Power**  
The people, families, and communities we serve and the members of our workforce guide the care we provide and shape policies and practices.
- **Partnerships**  
We can achieve our mission and progress towards our vision only through mutual and respectful partnerships that enhance our capabilities and build our capacity.
- **Performance**  
*We use proven practices, opportunities, and technologies to prevent and/or reduce the impacts of mental illness and addiction and to promote the health of the individuals, families and communities we serve.*

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## Strategies

### *Overarching Behavioral Health and Recovery Services Strategies:*

- **Prevention and Early Intervention:** Implement prevention and early intervention approaches for mental health and alcohol and drug addiction problems among at-risk populations. Partner with ethnic and linguistic communities to develop culturally competent strategies for community education and outreach that reduce stigma and discrimination about behavioral health problems and promote early identification.
- **Reducing Cultural and Linguistic Disparities:** Improve access to mental health and alcohol and drug treatment for under/unserved populations. Promote organizational and individual cultural competency through education, training, workforce development, hiring strategies, and policy changes.
- **Welcoming and Engagement:** Create processes for entering behavioral health treatment that support a sense for clients and family members that “this is the right place”; are designed to maintain connection with services and supports; and are timely, culturally competent, and integrated with other services people need, for example health care, human services, the justice system, and education.
- **Empowering Clients and Families:** Partner with clients and family members to define recovery and wellness and to direct policy and services accordingly. Expand client and family self-help activities.
- **System of Care Enhancements and Supports:** Develop a full continuum of proven practices and supports (self-help, education, treatment, employment, housing, other) appropriate to individual need that promote life worth living in the community and recovery from mental illness, alcohol and drug addiction, and co-occurring disorders. Improve coordination of care among providers and the match between the level of care provided and the level of care and intensity of services needed by clients at any time.
- **Total Wellness:** Reduce disparities in access to health care for people with mental illness and alcohol and drug addictions. Improve their health outcomes through chronic disease prevention, early intervention, health care, and disease management approaches.