

Saturday, Sept. 22, 2018

JOIN US!

Guadalupe River Park, San Jose; 9:30 – 12:30pm. (Map) N. Autumn St. and W. Santa Clara St – across from the SAP Center

Help us support NAMI programs, raise awareness.... and have a lot of fun doing it!



Transportation provided for clients- includes **free** lite breakfast & lunch tickets

Jump on our bus and ride with us to raise awareness & fight stigma!

Call NAMI San Mateo at 650-638-0800 to get a seat

Contact: Matt Boyle at mboyle@smcgov.org or 650-802-6522 to <u>Join</u> our existing team, or <u>Support</u> a walker

www.namiwalks.org/team/San Mateo BHRS Health and Hope for All

Let's work together to support mental health in our community!