

Regional Outpatient Youth Clinics & Specialty Programs

North County Youth Clinic

350 90th Street, 2nd Floor,
Daly City, CA 94015
650.301.8650

Central County Youth Clinic

1950 Alameda de las Pulgas
San Mateo, CA 94403
650.573.3515

South County Youth & BHRS Transitional Age Youth (TAY)

727 Shasta Street
Redwood City, CA 94063
650.599.1033

Coastside Youth Clinic

225 S. Cabrillo Highway, Ste 200 A
Half Moon Bay, CA 94019
650.726.6369

Community Counseling Center Youth

2415 University Ave., 3rd Floor
East Palo Alto, CA 94303
650.363.4030

School-Based Mental Health

1290 Commodore Drive
San Bruno, CA 94066
650.583.1260

Youth Services Center

222 Paul Scannell Dr
San Mateo, CA 94402
650.312.5322

Prenatal to Three

2000 Alameda de las Pulgas
San Mateo, CA 94403, Ste. 200
650.372.8540

Canyon Oaks Youth Center

400 Edmonds Rd
Redwood City, CA 94062
650.389.1810

You are not alone



For more information or help
deciding if a Family Peer Support
Specialist can support you, please
contact your loved one's therapist

For other concerns or for resources
or support for families, please
contact:

Office of Consumer
& Family Affairs

 1800-388-5189

 ocfa@smcgov.org

www.smchealth.org/ocfa

FAMILY PEER SUPPORT SERVICES



Family Peer Support Services are
available to families whose children are
receiving behavioral health services
through the San Mateo County
Behavioral Health & Recovery Services



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

*WE ARE FAMILY MEMBERS
WHO HAVE BEEN THERE
AND UNDERSTAND.*



What is BHRIS Family Peer Support Specialist?

A member of a youth or young adult's treatment team who has lived experience raising or caring for a child with emotional, behavioral, mental health, cognitive, or substance use challenges.

Provides culturally sensitive, trauma-informed and skilled support to family members.

Supports caregivers in navigating community resources and the various youth systems of care.

BHRIS Vision

Everyone in our communities lives a meaningful life, where the challenges of mental health and/or substance use are met with respect and compassion, in a trauma-informed and equitable manner, to the betterment of all.

Possible Areas of Family Peer Support

- Listen to you and let you know that you are not alone.
- Guide you to set goals for you and your family.
- Help you prepare for and accompany you to meetings with different systems, including your treatment team, child welfare, schools, housing, juvenile court, and substance use programs.
- Be an empathetic ear for ideas or concerns regarding your family, systems or services.
- Offer guidance, education and community resources.
- Provide support and comfort to families through their loved one's treatment.

What BHRIS Caregivers Have Said

"My Family Partner's words always gave me encouragement during times of distress and desperation when all the doors were closed, and I couldn't see the light."

LG, San Mateo, CA.

"My Family Partner guides me when I have IEP meetings for my son. Now I know how to advocate for my son's education and supports at school. She also has guided me in learning the community resources and to not be afraid to ask for help EN. Half Moon Bay, CA.

Our goal is to support families in discovering and utilizing their strengths