

911 Emergency Response

(650) 579-0350

San Mateo County Crisis Line

911

Call for an immediate police, fire or medical response for yourself or someone in a life-threatening emergency.

Call in an emergency.

(650) 579-0350

Call anytime, 24/7, for help during a mental health crisis, substance use issue, or thoughts of suicide. The San Mateo County Mobile Crisis Response Team can come to you in person.

If in doubt, please reach out. We're here to help.

You can also call or text **988** for the National Suicide and Crisis Lifeline.



SAN MATEO
COUNTY HEALTH