

Behavioral Health Commission  
September 6, 2023  
Meeting Chat

Chantae Rochester

35:56

**CR**

Suicide Prevention Flyers: [https://www.smchealth.org/sites/main/files/file-attachments/en\\_sp\\_ch-t\\_ch-s\\_-\\_promo\\_flyer\\_-\\_2023\\_suicide\\_prevention\\_month.pdf?1691198965](https://www.smchealth.org/sites/main/files/file-attachments/en_sp_ch-t_ch-s_-_promo_flyer_-_2023_suicide_prevention_month.pdf?1691198965)

Greg Thompson VORSMC

40:41

**GT**

Hello. I'm Greg from Voices of Recovery and I wanted to share about our upcoming events for Recovery Happens Month. Next Tuesday 9/12 We have our Recovery Breakfast and Walk of Hope followed by the Recovery Month Proclamation and Resource Fair. On Wednesday 9/20 we will have our recovery Happens Picnic at Coyote Point in San Mateo. and our last event is the Recovery Dance at Friendship Hall in San Mateo on Saturday 9/30. We also have our Recovery Art show running all Month at the Caldwell Gallery inside the Redwood City Courthouse. I will share flyers for these events here in the chat.

Robert Taylor

46:26

**RT**

[https://docs.google.com/document/d/1Jy-QOVSUIyO6dISBfvOV4mCseZAY7Vd\\_rf8p8V6F5Ik/edit](https://docs.google.com/document/d/1Jy-QOVSUIyO6dISBfvOV4mCseZAY7Vd_rf8p8V6F5Ik/edit)

Greg Thompson VORSMC

47:59

**GT**

I can't seem to share the flyers in the chat but if you want more info you can check out our website [vorsmc.org](http://vorsmc.org), our social media, or email us at [info@vorsmc.org](mailto:info@vorsmc.org)

Frieda K. Edgette, she/her

52:34

**FK**

Yes, our plan is to create a facilitations guide and train the trainer. The service focus can be interchanged.

Not there yet :) though initial ideas are forming on the necessary components to include — and the best UX/ UI to achieve

Gregory

55:30

**G**

Whats the link?

Doris Estremera

01:06:14

**DE**

Mental Health Services Act (MHSA) Steering Committee - open to the public September 7, 2023; 3-4:30 pm (hybrid meeting) Visit the MHSA website, <https://www.smchealth.org/MHSA>, under the “Announcements” tab

MHSA Communications Workgroup Workgroup participants provide recommendations and support in the planning of prioritized MHSA topics. The next workgroup topic will be focused on developing MHSA communications strategies to help us share the impact MHSA has had on San Mateo County! Complete the Workgroup Interest Survey if you are interested in joining: <https://www.surveymonkey.com/r/MHSACommsWorkgroup>

You can learn more about the Governor’s MHSA Reform proposal here: [www.chhs.ca.gov/behavioral-health-reform/](http://www.chhs.ca.gov/behavioral-health-reform/)

NAMI SMC Outreach -Patricia (She/Her)

01:21:46

**NS**

webinar mode does not allow us to copy the link  
any other way we can reach that link, please?  
please

Chris Rasmussen

01:22:32

**CR**

copy & Paste

NAMI SMC Outreach -Patricia (She/Her)

01:22:44

**NS**

Doris, will you please send that link to [outreach@namisanmateo.org](mailto:outreach@namisanmateo.org)

Jean Perry

01:23:03

**JP**

I am able to copy links from the chat today. Are you referring to today’s meeting?  
Stanislous county is the 5th

Doris Estremera

01:26:39

**DE**

Yes, I can email this info to you Patricia All MHSA info and links shared today can be found on the MHSA website, [www.smchealth.org/MHSA](http://www.smchealth.org/MHSA), under “Announcements”. You can also subscribe on the site to get notifications.

NAMI SMC Outreach -Patricia (She/Her)

01:29:05

**NS**

Great, thanks!

Doris, can you please hand this to Jay Africa?

Solutions for Supportive Homes is inviting families who are interested in participating in the creation of a permanent supportive home for their adult family member with SMI here in San Mateo County. This is an in-person meeting to be held on September 14, 2023 at 1 pm in the NAMI Board meeting room at 1730 S. Amphlett Blvd., #308, San Mateo.

Solutions for Supportive Homes is a Bay Area group of committed parents and community professionals working to increase the supply and the quality of permanent, affordable, health-supporting homes where adults living with long term special mental health needs can continue their lives and advance their recovery with dignity in our communities. Most of us are aging parents who have been helping our adult children navigate the challenges of their mental health conditions for years.

MY hand has been raised for a while now....

Rebecca Torres

01:52:59

**RT**



so proud of you Thelma....

Susan Cortopassi, Behavioral Health and Recovery Services Contractors' Association of San Mateo

01:53:09

**SC**

Congrats Thelma!

Sylvia Tang | She/Her/她 | SMC BHRS ODE

01:53:32

**ST**

Amazing Thelma! Congrats!

Declan Rivera

01:53:43

**DR**

Thank you !

Chris Rasmussen

01:53:50

**CR**

Congratulations!!

NAMI SMC Outreach -Patricia (She/Her)

01:54:14

**NS**

MY hand has been up for a while now

Michael Lim

01:54:23

**ML**

Thank u for your work, Thelma

NAMI SMC Outreach -Patricia (She/Her)

01:54:23

**NS**

I have one announcement and 1 request

I was ignored

Chris Rasmussen

01:55:03

**CR**

Public comment was at the beginning of the meeting, please email your questions