



## Behavioral Health Commission

Wednesday, February 4, 2026

3:30-5:30 p.m.

### Meeting Locations

2000 Alameda de las Pulgas, Atrium, San Mateo, CA 94403

Millbrae Library, Study Room B, 1 Library Avenue, Millbrae, CA 94030

**Zoom Link can be found at the end of the agenda.**

**Please see instructions for written and spoken public comments at the end of this agenda.**

## AGENDA

<b>Call to Order</b> Jean Perry, Commissioner Chair  This meeting of the BHC will be held in 2000 Alameda de las Pulgas, Atrium, San Mateo.  Members of the public will be able to participate in the meeting remotely via the Zoom platform or in person. For information regarding how to participate in the meeting, either in person or remotely, please refer to the instructions at the end of the agenda.	1 min
<b>Introductions</b>	2 min
<b>Acceptance of Agenda</b> <ul style="list-style-type: none"><li>• Changes</li><li>• Motion to approve</li><li>• Vote to approve</li></ul>	2 min
<b>Approval of Minutes</b> <ul style="list-style-type: none"><li>• January 7, 2026, Behavioral Health Commission Meeting Minutes</li></ul>	3 min
<b>Correspondence, Announcements and Public Comment (opportunity to share resources)</b>	8 min

<b>New Business</b> <ul style="list-style-type: none"> <li><b>Action Item:</b> <i>Vote to Open a 30-Day Public Comment Period for the Behavioral Health Services Act (BHSA) Integrated Plan, Fiscal Years 2026–29</i></li> </ul>	5 min
<b>Presentation</b> Behavioral Health Services Act (BHSA) Three-Year Integrated Plan, FY 2026-29 Presented by Doris Estremera	15 min
<b>Standing Committees</b> <ul style="list-style-type: none"> <li>Committee for Children &amp; Youth Services</li> <li>Committee for Adult Services</li> <li>Committee for Older Adult Services</li> <li>Committee for Alcohol and Other Drug Services</li> <li>Mental Health Services Act (MHSA) Steering Committee</li> </ul>	10 min
<b>Director's Report</b> Jei Africa, PsyD, Director	10 min
<b>Liaison, Task Force and Ad Hoc Committees</b> <ul style="list-style-type: none"> <li>Suicide Prevention Committee</li> <li>New Member Committee</li> <li>QIC Committee</li> <li>Site Visit Committee</li> <li>CALBHB/C Liaison</li> </ul>	10 min
<b>Old Business</b> <ul style="list-style-type: none"> <li>Retreat updates</li> </ul>	5 min
<b>Adjourn</b> Jean Perry, Commissioner Chair	1 min

## George Culores Hall of Fame Award Ceremony

<b>Next Commission Meeting</b> Next meeting is Wednesday, March 4, 2026, at 3:30-5:30 p.m. <i>Hybrid Meeting (meeting link below)</i>  <i>In Person:</i> 2000 Alameda de las Pulgas, Room 201 San Mateo, CA 94403	
<b>Next Executive Committee Meeting – Hybrid Meeting (meeting link below)</b> February 4, 2026, at 5:30 p.m.  <i>In Person:</i> 2000 Alameda de las Pulgas, Room 201, San Mateo, CA 94403	

**Resources**

BHRS Website: [www.smchealth.org/bhrs](http://www.smchealth.org/bhrs)

Director's Report Link: <https://www.smchealth.org/bhrs/directors-update>

BHRS Blog: [www.smcbhrrsblog.org](http://www.smcbhrrsblog.org)

Commission website: [www.smchealth.org/mhsarc](http://www.smchealth.org/mhsarc)

**Meeting Link**

*Virtual:* Please click the link below to join the webinar:

<https://smcgov.zoom.us/j/94275521280?pwd=ZnRUTDFSMGI5VVVPTkdiS3NaZW9MQTo9>

Passcode: 457259

Or One tap mobile :

US: +12532050468,,94275521280# or +12532158782,,94275521280#

**Instructions for Public Comment During Hybrid Meetings**

During hybrid meetings of the BHC, members of the public may address the Members of the BHC as follows:

**Written Comment:**

Written comment may be emailed in advance of the meeting. Please read the following instructions carefully:

1. Your written comment should be emailed to [crochester@smcgov.org](mailto:crochester@smcgov.org) and [kflui@smcgov.org](mailto:kflui@smcgov.org).
2. Your email should include the specific agenda item on which you are commenting or note that your comment concerns an item that is not on the agenda.
3. Members of the public are limited to one comment per agenda item.
4. The length of the emailed comment should be commensurate with the two minutes customarily allowed for verbal comments, which is approximately 250-300 words.
5. If your emailed comment is received by 5:00 p.m. on the day before the meeting, it will be provided to the Members of the BHC. If emailed comments are received after 5:00 p.m. on the day before the meeting, the Executive Secretary will make every effort to either (i) provide such emailed comments to the BHC, or (ii) reach such emails during the meeting. Whether such emailed comments are forwarded or are read during the meeting, they will still be included in the meeting minutes.

**Spoken Comments:**

In person participation:

**ADA Requests**

Individuals who require special assistance or a disability related modification or accommodation to participate in this meeting, or who have a disability and wish to request an alternative format for the meeting, should contact Chantae Rochester, Executive Secretary, as early as possible but no later than 10:00 a.m. on the day before the meeting at 650.573.2544 and/or [crochester@smcgov.org](mailto:crochester@smcgov.org). Notification in advance of the meeting will enable the County to make reasonable arrangements to ensure accessibility to this meeting, the materials, and your ability to comment.